**Suggested Packing List for Mothers and Daughters**

**Sleeping Gear:**

1. Sleeping bag OR sheet & blankets
2. Pillow
3. Air mattress (if sleeping in tents)
4. Tarp (if sleeping in tents)

**Clothing:**

1. Hat or bandana
2. Pants and/or shorts
3. Shirts (no halter tops)
4. Long sleeved shirt or light jacket (in case its chilly in the mornings)
5. Underwear
6. Pajamas
7. Plastic bag or garbage bag for laundry
8. Socks that come up to the ankle or higher
9. Closed toe shoes (flip-flops may ONLY be worn at night, in cabins)
10. \*Raincoat or poncho\* IF IT RAINS, WE WILL CARRY ON WITH OUR SCHEDULED ACTIVITIES! BE PREPARED
11. Extra pair of shoes, waterproof if you have them!

**Toiletries:**

1. Wash cloth
2. Towel
3. Soap
4. Shampoo and conditioner
5. Toothbrush/toothpaste
6. Comb/brush
7. Ties for long hair
8. Insect repellant
9. Sunscreen
10. Deodorant
11. Chapstick
12. Sunglasses

**Miscellaneous:**

1. Flashlight (don’t forget to check the batteries!)
2. Sit upon for girls; folding camp chair for mothers
3. Reusable water bottle
4. IF DESIRED you may bring instant hot drink mixes (hot chocolate, tea, instant coffee) hot water will be available. Bring cream and sweetener if you need them!

**Suggestions/ notes to parents:**

1. Label all items!
2. If you need to bring anything else to drink, meaning soda, please bring only enough for yourself. We ask that the girls drink what is provided.
3. No alcohol or smoking is permitted on the property. If you need to smoke, you will have to leave the property to do so.
4. Please make sure the medical form is completed. You may hand it in to your leader or you may turn it in at check in.
5. Any medicine brought with you should be in its original packaging and turned in to the nurse at check in.