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Welcome to Girl Scout Daisies!

Welcome to the exciting world of Girl Scouting! Together with the girls and families in your troop, you will plan and take part in activities and challenges that will help girls gain a deeper understanding of themselves, develop healthy relationships, connect with others, and have lots of fun. Girl Scout Daisies learn to discover, connect and take action through the meetings and activities that focus on the Girl Scout Leadership Experience, as outlined in the *Between Earth and Sky* and *3 Cheers* adult guides.

**Girl Scout Daisies:**

- Are in kindergarten and first grade
- Are active and curious so they need time to play and experience new things
- Are learning to work in groups so they need guidance and practice cooperating
- Have short attention spans so they need activities to last 10-20 minutes each
- Are lot of fun to be around, so be prepared to smile and laugh!

This curriculum will provide you with guidance as you plan your meetings and activities. There are many Girl Scout resources available to you and sometimes the variety can be overwhelming to coordinate. Here you will find meeting plans which utilize the Girl Scout Daisy journey books, *Between Earth and Sky* and *3 Cheers for Animals*.

There are 12 possible meeting plans designed to take you through second year Girl Scout Daisies. You will probably have additional meetings or activities besides these and you may want to follow a similar format so there are meeting plan templates for your use in the resources section. Given that all Girl Scout activities should be girl-led, you may veer off in a different direction than these meeting plans and that's okay. These show how you can plan out the year so girls can complete the following.

- **Girl Scout journey- *Between Earth & Sky***
  - Blue Bucket Award
  - Firefly Award
  - Clover Award

- **Girl Scout journey- *5 Flowers, 4 Stories, 3 Cheers for Animals***
  - Birdbath Award
  - Red Robin Award
  - Tula Award

Throughout this outline, you will find relevance to optional activities and other resources. This outline is meant as a guide with flexibility to allow you and your girls to find creative ways to do similar things. Since there is already a guide, the plans will provide resources and page numbers to direct your attention to find out more about them. While this will entail going from these meeting plans too other materials, it will provide a way to use these other resources. They include:

- *Between Earth and Sky* girls journey book, and adult guide
- *5 Flowers, 4 Stories, 3 Cheers for Animals* girls journey book, and adult guide
- *Customize Your Journey* adult guide

The sections after the meeting plans represent the various focus areas of Program Essentials and are full of activities referenced in the meeting plans.

Thank-you for taking the time to be an important part of the lives of our youngest Girl Scouts!
Girl Scout Daisy Tunic & Vest

- American Flag Patch
- Girl Scout Council Identification Set
- Troop Numerals
- Membership Stars and Discs
- Cookie Sale Activity Pin
- My Promise, My Faith Pins
- Safety Award Pin
- Petal and Promise Center Set
- Financial Literacy Leaves
- 100th Anniversary Pin
- Daisy Insignia Tab
- World Trefoil Pin
- Girl Scout Daisy Membership Pin
- Journey Summit Award Pin
- Cookie Business Leaves
- Journey Award Badges
Engage Girls with a Variety of Activities

Movement Activities
Active games help build large motor skills and confidence, while letting girls “get the wiggles” out. You may want to start meetings with activities that allows girls to move and interact, particularly if they have come right from school. You can also break up times that have girls sitting for too long with some active movement.

Sit-Down Activities
Being active does not always mean moving around. It also means being part of the Daisy Circle where girls share their ideas, listen actively to others, make decisions together, and follow along in their books as stories are read. It can also mean a game where girls are so engaged that they are happy to sit quietly. Other times it means sitting at a table and working on a project. Some activities, such as cutting, coloring, and manipulating small objects, call for small motor skills. You can note how well your girls handle this. Some may get frustrated, others will rush through. Give girls praise for their efforts and and do not make comparisons. Give girls time to complete and have another activity for those done fast and first. Girls who take extra time may be very capable but like to do things perfectly; some girls who rush through may actually be frustrated and want to get the activity over. They will get more capable but be aware of how much you are asking them to do. Even if they can cut out small pieces of paper, but they may get frustrated if asked to do this too much.

Literacy Activities
Engaging girls in literacy activities that improve their ability to read, write, listen, and speak, are important to their development and provide opportunities to apply things learned in school. You will have girls of all abilities so allow them to work at their own pace. Financial and career literacy (incorporated through the Cookie Program) and cultural literacy (developed through exposure to various cultures) are also important aspects of Girl Scout curriculum.

Outdoor Activities
Try to get outside if you have access to a safe playing area in order to give girls a change of pace. Exploring outdoor landscapes helps girls become aware of the natural wonders around them. Being free to move in open spaces helps coordination and promotes healthy living.

Musical Activities
Using music through song, rhythm, and home-made instruments is a good way to engage all girls but especially those who learn best through music.

Arts & Crafts Activities
Many girls like to do crafts projects and these can easily dominate your meetings if you are not careful. Try to have sample activities which allow for creative expression instead of “cookie-cutter” crafts which all turn out the same. Girls should learn how important the arts are and how they can be an outlet for their creative ideas. They should also find out how they can use art to make the world a better place by sharing their efforts.
Girl Scouting = Girl Planning

You can have a good program without girl planning, but you can't have good Girl Scouting without girl planning!

<table>
<thead>
<tr>
<th>Daisy</th>
<th>Brownie</th>
<th>Junior</th>
<th>Cadette</th>
<th>Senior</th>
<th>Ambassador</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ADULTS' RESPONSIBILITY</strong></td>
<td><strong>GIRLS' RESPONSIBILITY</strong></td>
<td></td>
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<td></td>
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</tbody>
</table>

WHAT IS GIRL PLANNING? Girl Planning means that the troop's adults help girls choose and organize their own activities, solve problems as a group, and the girls take charge of the results.

Don't do anything for Girl Scouts Daisies that they can do for themselves. Keep encouraging them to do more. Your job as a troop leader is to plan how to help the girls make decisions. For more information on the Leaders role in planning with girls, refer to Volunteer Essentials, Safety-Wise or the online Safety Activity Checkpoints.

<table>
<thead>
<tr>
<th>Steps</th>
<th>For Daisy Troops</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Do advance planning.</td>
<td>If needed, it's okay to modify activities a bit in relation to season, meeting place, and resources, as well as what you know of the girls previous experiences. Dream a little about the possibilities, and add to the meeting plans.</td>
</tr>
<tr>
<td>2. Ask the girls.</td>
<td>Be sure to give each girl a chance before calling on those girls who are bursting with more ideas. Provide opportunities for girls to connect the activities in these meeting plans back to their Girl Scout journey book.</td>
</tr>
<tr>
<td>3. Sift ideas. Refine plans and implement. Create future plans.</td>
<td>When seeking girls input, take the most obviously popular ideas. Combine some of the simpler ones. Complete the refining process and gauge the girls reactions for “approval” (i.e. consensus). Implement what you can start immediately or at the next meeting. Put the other ideas in a Girl Scout Daisy “dream box” for future use.</td>
</tr>
<tr>
<td>4. Alert other adults.</td>
<td>Communicate with parents/guardians about what the troop is doing, enlist their support, and let them know what help you need. Listen to their reactions and make adjustments, if necessary.</td>
</tr>
<tr>
<td>5. Use the plans.</td>
<td>Let girls know the activities they are enjoying are the result of their involvement in the planning and decision-making. Use the plans as a basis of learning to give input, to make choices, to test ideas, and to deal with consequences, as well as to learn about consensus-building.</td>
</tr>
<tr>
<td>6. Review the plans.</td>
<td>Before going to a new phase, remind the girls what they have decided review it with them. Be ready with a quick change of activity for Girl Scout Daisies- their attention span is short. They do not always follow-through on extended projects.</td>
</tr>
</tbody>
</table>
Things to Remember...

You will hear many of these things in many ways as you begin and move forward as a Girl Scout adult volunteer, but they are important so you should keep these ideas in mind:

**Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.**

| **Discover** + **Connect** + **Take Action** = **Leadership** |

Girls *discover* themselves and their values, *connect* by caring and teaming up with others, and *take action* to improve themselves, their families, their communities, and the world.

**Girl Scouts are Girl-Led** = Girls play an active part in planning and doing!
- Ask the girls what they would like to do and listen to their ideas
- Sift ideas and create a plan together: Use their ideas as a springboard for practical things they can do
- Involve girls in decision-making, planning, organizing, doing, and evaluating
- Change the example meeting plans to meet the needs and ideas of your girls

**Girl Scouts Learn by Doing** = Experiential Learning
- Hands-on activities help girls learn if they are also minds-on (meaningful)
- Involves action and reflection- girls need to be active physically and mentally
- Being active is to explore, discover, question, observe, share, and reflect

**Girl Scouts use Cooperative Learning** = Working together toward shared goals
- Developing social skills in working with others takes opportunity and practice
  - Girls are just learning what it is like to be a member of a group
  - Engage girls in taking turns and sharing
  - Teach girls to be active listeners
- Teach social skills by giving girls expectations for group behavior
  - Talk about what makes a good group work well
  - Encourage all girls to participate in planning- *What's your idea?*
    - Give examples of how to start: *My idea is...We could...What if we...*
    - Acknowledge ideas- *That's interesting... Good idea!*
    - Check understanding- *How would that work?... Tell us how you would do it...*
  - Work together in activities
    - Small groups within the whole group encourage more interaction
    - Mix up groups so all girls work with others at different times

Check out the *Girl Scout Journey Adult How-To Guide* for more specifics!
Getting Started:

Things to know as you get started.

**The Meeting Plans:** The curriculum for second year Girl Scout Daisies supports the program essentials and is designed to be structured, fun, and easy to use. Meeting plans are designed to *accompany* the adult how to guide, not replace it. With the exception of the sessions relating to the journey books, the journeys can be completed in any order. This is a great opportunity for the girls to choose what they'd like to do.

**Earned Awards:** Girl Scout Daisies can earn the awards described in the Girl Scout journey books by completing specific activities. Earned awards are placed on the front of the Girl Scout uniform. In addition to earned awards, girls may receive or purchase fun patches for participating in program events, the Cookie Program Activity, etc.

**Kaper Chart:** A Kaper chart is one way to divide responsibility and provide a visual reminder of the tasks that need to be done during a meeting. Check the resource section of this guide for detailed explanations and examples of Kaper Charts.

**Family Involvement:** Many hands make light work, and the troop's friends and family network is a built-in group of helpers. A troop committee is composed of adults who help the troop run smoothly. For a list of troop leadership positions and sample family meeting agenda refer to the resources section of this guide.

**Adapting the meetings to fit your troop:** Each troop is unique. Girls may speed through an activity, take longer than you expected to complete an activity, or be too shy to speak up when you ask questions. If things don't seem to be going smoothly, stick with it for a minute or two, but don't force it. At the end of the day what's most important is that girls have had a new experience or learned something and want to come back again. Remember that the meetings should be girl-led as much as possible. If the girls love singing songs, but there isn't one in the meeting plan, feel free to add one in. Energetic groups may need a couple of quick active games throughout the meeting in order to keep their attention focused on the activity at hand.

**Adult Reflection:** Remember to take a moment for yourself. Try and take a couple minutes to reflect at the end of each session. Jot down a few notes on how the day went, what the girls enjoyed, and any changes you'd like to make in the future. After a few meetings look back and you'll be surprised by how their attention focused on the activity at hand.

**Cookie Program Activity:** No mere fund-raiser can replace the unique leadership program that is the Cookie Program Activity. Thousands of successful women trace their earliest success to selling Girl Scout Cookies. By fully implementing the potential of this program activity- including goal-setting, team-building, marketing, and early financial literacy- you are helping pass on these valuable skills to today's generation of girls. Best of all, girls have lots of fun along the way! Each Girl Scout troop will receive cookie materials from Little Brownie Bakers. The materials are packed with fun ideas that make it easy for girls at every grade level to fully benefit from the Cookie Program Activity, and focus on Earth-friendly endeavors. The activities can be followed exactly or modified to fit the needs and interests of the girls.
Between Earth and Sky

Session One: Getting Ready for the Road

Goal: The girls begin to express their feelings and start to understand and experience the joys of travel, especially outdoors in nature.

Meeting 1:
Supplies and Resources
✔ Between Earth and Sky Daisy Girl Scout journey book
✔ Between Earth and Sky Adult Guide
✔ Paper and crayons or markers, enough for all girls
✔ Recycled cardboard or construction paper
✔ A blue bucket, or any recycled container that will work as a bucket
✔ Copies of the take home letters on pages 33-35 of the adult guide
✔ Copy of page 49 of the adult guide
✔ Leadership journey award background patches for each girl
✔ Healthy snack (optional)

Meeting Outline:
◆ As the girls arrive:
  ○ Invite them to look through their book and read through the first few pages of the flower friends story.
  ○ Invite the girls to decorate the container you are using for the team's blue bucket.
◆ Opening Ceremony:
  ○ Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  ○ In a circle the girls will create their luggage tags, which they will decorate throughout the journey.
  ○ Follow the dialogue on page 43 of the adult guide for this ceremony.
◆ Story Time: Travel Near, Travel Far
  ○ Refer to page 5 in the girls book to introduce the Daisies to this story.
  ○ Use the questions on page 45 of the adult guide to help the girls think about what they are reading.
◆ Role Play: How Do We Settle a Conflict?
  ○ Use page 45 of the adult guide to lead the Daisies in a role playing game that will help them consider the feelings of others. (See Meeting Resources)
  ○ Write their ideas on the copy you made of page 49 of the adult guide.
◆ Snack Time (optional) & Clean Up
◆ Closing Ceremony: Sharing Time
  ○ Invite the girls to talk about their interests, feelings, and daily experiences.
  ○ Ask questions such as:
    ▪ What did you learn today?
    ▪ What was the best thing that happened to you today?
    ▪ What is your favorite place to travel too?
Meeting 2:
Supplies and Resources
✔ Between Earth and Sky Daisy Girl Scout journey book
✔ Between Earth and Sky adult guide
✔ Paper, newsprint and crayons or markers, enough for all girls
✔ Healthy Snack: Trail mix, paper lunch bags for trail mix
✔ Access to an outdoor spot with fallen leaves, twigs, seeds, or nuts (or a variety of these items spread around the meeting place)

Meeting Outline

◆ Preparation Note:
  ○ For the trail mix, bring a variety of items the girls can choose from to customize their own trail mix.
  ○ Some of the items you bring might include: dried fruits such as raisins, apricots, apples, and bananas, dry cereal, pretzels, or nuts. You may want to include a sweet like M & M's.
  ○ Be sure to take any food allergies into consideration when choosing ingredients!
◆ As the girls arrive:
  ○ Invite them to choose 3 or 4 of the healthy items you brought to put into a paper lunch bag for their trail mix. Be sure to write each girl's name on the bag, and set aside until snack time.
◆ Opening Ceremony: Leave No Trace
  ○ Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  ○ Invite girls to sit in a circle and discuss the principle of Leave No Trace
  ○ Use page 20 of the adult guide to lead the discussion and encourage the girls to think about what Leave No Trace means.
◆ Activity: Taking a Walk, Outdoors or In
  ○ Review Safety-Wise Checkpoints before going outdoors.
  ○ Follow the instructions on pages 46-47 of the adult guide.
  ○ If it is not possible to go out into nature, bring some of nature inside. Be sure to bring enough items for each girl, as the next activity requires them to have an item from nature.
◆ Activity: Which One is Mine?
  ○ If you don't have a kaper chart (see meeting resources), invite one of the girls to help pass out the supplies for this activity.
  ○ Refer to page 47 of the adult guide for a description of this activity.
◆ Snack Time
◆ Clean Up
◆ Closing Ceremony: How We're Feeling and Friendship Squeeze
  ○ Use the dialogue on page 48 of the adult guide to lead this activity.
Session 2: The Road Trip Begins

Goal: Girls continue to explore what makes them unique as they start to consider the feelings of their sister Daisies and expand their knowledge of shapes in nature.

Meeting 3:
Supplies and Resources
✔ Between Earth and Sky Girl Scout journey book
✔ Between Earth and Sky adult guide
✔ Paper and crayons or markers, enough for all girls
✔ Materials for Create Your Own Car, see page 52 of adult guide
✔ Healthy Snack (optional)

Meeting Outline
◆ As the girls arrive:
  ○ Invite them to flip through their books and find pictures they like.
  ○ Get started on the team journey poster, refer to pages 36 and 48 of the adult guide
◆ Opening Ceremony: Have a Great Trip and How Are You Feeling?
  ○ Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  ○ Follow the dialogue on page 51 of the adult guide for this ceremony.
  ○ The girls will learn how to say “Have a great trip” in French, and then add this to their luggage tags/bookmarks.
◆ Story Time
  ○ Start Chapter 1 by reading, or having girls take turns reading, pages 7 and 8, and page 12
  ○ Ask the questions on page 52 of the adult guide to guide a discussion about what they read
◆ Activity: Create Your Own Car
  ○ See the box on page 52 in the adult guide for more information about this activity.
◆ Role Play: How I Help My Friends
  ○ The girls will pair up and do some role playing. Use page 52 to guide the Daisies in this activity.
◆ Snack Time (optional)
◆ Clean Up
◆ Closing Ceremony: Sharing Time
  ○ Invite the girls to talk about their interests, feelings, and daily experiences.
  ○ Ask questions such as:
    ▪ What did you learn today?
    ▪ What was the best thing that happened to you today?
    ▪ What are some of your favorite things in nature?
Meeting 4:

Supplies and Resources

✔ *Between Earth and Sky* Girl Scout journey book
✔ *Between Earth and Sky* adult guide
✔ Paper and crayons or markers, enough for all girls
✔ Soil samples for The Sweet Smell of soil activity
✔ Copy of the blue bucket on page 55 of the adult guide
✔ Color poems (see meeting resources)
✔ Healthy snack: colorful fruits and veggies

Meeting Outline

◆ **Preparation Notice:**
  ◦ Since this meeting focuses on colors, bring a variety of brightly colored fruits and vegetables, cut into Daisy sized pieces, for snack. You might also bring different flavored dips for the girls to try with their colorful snacks.
  ◦ Be sure to take any food allergies into consideration when choosing ingredients.

◆ As the girls arrive:
  ◦ Invite them to look at the inside cover of their book to review the Girl Scout Promise and Law. Encourage them to pay special attention to the colors of each of the flower friends.

◆ **Opening Ceremony: Color Poems**
  ◦ Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  ◦ Read the color poems aloud, or let the girls take turns reading them.

◆ **Activity: A Walk in Nature to Find Colors**
  ◦ Review Safety-Wise Checkpoints before going outdoors
  ◦ Before going outside, make a list of all the girls favorite colors. Use page 53 of the adult guide to talk about colors before your nature walk.

◆ **Activity: The Sweet Smell of Soil**
  ◦ If possible, have a guest come and talk about different types of soil. This person can be a farmer, gardener, or just someone who loves the outdoors.
  ◦ You could also take a field-trip to a community gardening club or nursery. (You must plan ahead for field-trip to make sure and get permission slips for each girl)
  ◦ See page 53 in the adult guide for instructions.

◆ **Snack Time**

◆ **Clean Up**

◆ **Closing Ceremony: I think you're feeling....**
  ◦ Use page 54 to lead the girls in a discussion about feelings
  ◦ Friendship circle or song.
Session 3: You, Me, How Different We Can Be

Goal: The girls continue to explore their feelings and how they can differ from one girl to another. They also explore the range of colors in nature.

See Resources section to find more Blue Bucket Award activities.

Meeting 5:

Supplies and Resources

✔ Between Earth and Sky Girl Scout journey book
✔ Between Earth and Sky adult guide
✔ Paper and crayons or markers, enough for each girl
✔ Healthy snack (optional)

Meeting Outline

◆ As the girls arrive:
  ○ Invite them to look through their books at the adventures they will be reading about in the next few meetings.
◆ Opening Ceremony:
  ○ Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
◆ Story Time
  ○ Finish chapter 1 of the story in the girls journey book, starting from page 12
  ○ Use the discussion questions on pages 57 and 58 of the adult guide to discuss what they read.
◆ Activity: The Girl Scout Promise and Friends Show They Care
  ○ Pages 22 and 23 of the girls journey book have activities relating to the Girl Scout Promise, and the Girl Scout Law. Help the girls fill these pages out and discuss what it means to keep a promise and to be considerate and caring.
◆ Snack Time (optional)
◆ Clean Up
◆ Closing Ceremony: Sharing Time
  ○ Invite the girls to talk about their interests, feelings, and daily experiences
  ○ Ask questions such as:
    ■ What did you learn today?
    ■ What was the best thing that happened to you today?
    ■ What are some of your favorite ways to be considerate and caring?
    ■ Friendship Circle or song
Meeting 6:
Supplies and Resources
✔ *Between Earth and Sky* Girl Scout journey book
✔ *Between Earth and Sky* adult guide
✔ Paper and crayons or markers, enough for each girl
✔ Blue Bucket Awards, one for each girl
✔ Copy of the blue bucket on page 61 of the adult guide
✔ Healthy snack: Feast of Plant Parts, refer to page 58 of the adult guide

Meeting Outline
◆ Preparation Note:
  ○ The girls will learn about plant parts during this meeting, so bring a variety of vegetables that represent different plant parts, cut into Daisy sized pieces, for snack. You might also bring different flavored dips for the girls to try with their colorful snacks.
  ○ Be sure to take any food allergies into consideration when choosing ingredients.
◆ As girls arrive:
  ○ Invite them to pick a feeling word they learned and draw a picture of what that feeling looks like.
  ○ Refer to page 56 in the adult guide for more information
◆ Opening Ceremony: Have a Great Trip
  ○ Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  ○ Let the girls share their drawings of feelings and invite them to explain why they drew each feeling the way they did.
  ○ Follow the dialogue on page 57 of the adult guide for the remainder of the opening ceremony.
◆ Activity: How Plants Drink
  ○ Refer to page 9 of the girls book, and help them fill out the parts of the plant shown.
  ○ Use the dialogue on page 58 of the adult guide to teach the girls about how plants drink.
◆ Role Play: I'm Feeling This, You're Feeling That
  ○ Use page 59 of the adult guide to lead the girls in the role play scenario.
◆ Snack Time: Feast of Plant Parts
  ○ Refer to list on page 58 of adult guide for ideas of what vegetables to bring and how they represent each plant part. Be sure to explain how each vegetable is a plant part, you may even have the girls try to guess which part each veggie is.
◆ Clean Up
◆ Closing Ceremony: Blue Bucket Award
  ○ Refer to page 59 of the adult guide for more information about this ceremony.
  ○ If possible, have parents come early to pick the girls up and be present for the ceremony.
  ○ Friendship Circle or song
Session 4: Living the Law and So Many Seeds

Goal: The girls explore living the Girl Scout Law through favorite flower friends and expand their knowledge of seeds and how they travel as a step to understanding how vegetation can vary around the world.

See resources section for more Firefly Award activities.

Meeting 7:

Supplies and Resources

- *Between Earth and Sky* Girl Scout journey book
- *Between Earth and Sky* adult guide
- Paper and crayons or markers, enough for each girl
- Seeds for science time activity
- Healthy Snack (optional)

Meeting Outline

- As girls arrive:
  - Invite them to try the hidden pictures activity on page 21 of their book.
- Opening Ceremony: Have a Great Trip
  - Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  - Do the first part of the suggested Opening Ceremony on the first part of page 63 in the adult guide.
  - The girls will learn how to say “Have a great trip” in Chinese, and then add this to their luggage tags/bookmarks.
- Story Time
  - Read, or have the girls take turns reading, the first part of Chapter 2, up to page 29 in the girls journey book.
  - Use the questions on page 64 of the adult guide to lead a discussion about what you have read.
- Activity: So Many Seeds
  - This is another opportunity for you to have a field trip to local garden or nursery or to invite a gardener or farmer to visit your meeting and speak with the girls. Your guest might even have some interesting seeds to bring to the gathering.
  - Use the dialogue on page 64 and 65 to lead the girls in their observations of seeds.
- Snack Time (optional)
- Clean Up
- Closing Ceremony: Names and Where They Come From
  - Earlier the girls read about fireflies Lucy and Ace, and how they light the way for Lupe's petal powered car. Use the box on page 62 of the adult guide to explain to the girls how Lucy and Ace got their names.
  - Talk about the girls names and what they mean, as the girls to share any stories they might know about how they got their names and what they mean to their families.
  - Friendship Circle or song
Meeting 8:
Supplies and Resources
✔ Between Earth and Sky Girl Scout journey book
✔ Between Earth and Sky adult guide
✔ Paper and crayons or markers, enough for all the girls
✔ Paper cut into squares for the Making Butterflies activity
✔ Healthy snack (optional)

Meeting Outline
◆ As girls arrive:
  ◦ Invite them to look over the Girl Scout Law and how each flower friend represents a
different part of the law, this is on the inside cover of their book.
◆ Opening Ceremony: Be Your Favorite Flower Friend
  ◦ Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  ◦ Complete the second part of the opening ceremony, beginning on page 63 of the adult guide.
◆ Activity: A Walk in Nature to See Seeds
  ◦ Review Safety-Wise checkpoints before going outdoors
  ◦ Before beginning this outdoor activity, remind girls about the practice of Leave No Trace
  ◦ Use page 65 of the adult guide to discuss seeds.
◆ Activity: Making Butterflies
  ◦ Follow the instructions on page 66 of the adult guide to make origami butterflies, try this a
few times before the meeting so that you are familiar with the steps and can teach them to
the girls.
  ◦ This is a meeting where volunteers might be important, either older girls or adult helpers, to
accompany the girls on their nature walk, and to help them with their paper folding
◆ Snack Time (optional)
◆ Clean Up
◆ Closing Ceremony: How I “Lived” My Favorite Flower's Line of the Law
  ◦ Use page 67 of the adult guide to lead the discussion during this ceremony
  ◦ Friendship Circle or song
Session 5: Special Skills, and Textures Too

Goal: Girls continue to explore their similarities and differences as they consider the skills they continue to their Daisy group and gain an understanding of the diversity of textures in nature.

Meeting 9:

Supplies and Resources

✔ Between Earth and Sky Girl Scout journey book
✔ Between Earth and Sky adult guide
✔ Paper and crayons or markers, enough for each girl
✔ Stones and water for Stone Light, Stone Bright activity on page 70 of the adult guide
✔ Healthy snack (optional)

Meeting Outline

◆ As girls arrive:
  ○ Have girls look over the end of chapter 2 in their books.
◆ Opening Ceremony: Have a Great Trip
  ○ Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  ○ Use page 69 of the adult guide to lead the first half of the Opening Ceremony
  ○ The girls will learn to say “Have a great trip” in Japanese, and then add this to their luggage tag/bookmarks
◆ Story Time
  ○ Read, or have the girls take turns reading, the end of chapter 2, up to page 32 in the girls journey book.
  ○ Use the questions on page 70 of the adult guide to lead a discussion about what you have read.
◆ Science Activity Time: Stone Light, Stone Bright
  ○ Refer to page 70 of the adult guide to find instructions for this activity and questions to lead a discussion about what the girls discover.
◆ Snack time (optional)
◆ Clean Up
◆ Closing Ceremony: Sharing Time
  ○ Invite the girls to talk about their interests, feelings, and daily experiences.
  ○ Ask questions such as:
    ▪ What did you learn today?
    ▪ What was the best thing that happened to you today?
    ▪ Have you ever found a stone with a unique color or shape? What did it look like?
    ▪ Have you ever been to the beach? Tell the group about it.
    ▪ Friendship Circle or song
Meeting 10: Supplies and Resources

- *Between Earth and Sky* Girl Scout journey book
- *Between Earth and Sky* adult guide
- Paper and crayons or markers, enough for all girls
- Old suitcase, briefcase, or other container the girls can decorate to hold their “skills”
- Seeds of varying shapes, sizes, and colors for the Seeds and Weeds activity
- Copy of page 733 of the adult guide, “Daisies Skills for the Road”
- Healthy snack: fruits with seeds

Meeting Outline

- As the girls arrive:
  - Invite the girls to decorate the firefly suitcase that will hold their special skills
- Opening Ceremony: Paying Attention to Our Skills
  - Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  - Complete the second part of the ceremony on page 69 of the adult guide
- Activity: Seeds and Weeds
  - Bring a variety of seeds in different shapes and sizes for the girls to examine. Discuss why some seeds are shaped differently than others. You might ask questions such as:
    - Why do you think this seed has spikes on the outside? *So that it can hold on to things and travel long distances.*
    - Why do you think this seed has a puff on the top? *So that it can blow in the wind.*
  - You might bring seeds from fruits, pine cones with seeds, dandelion seeds, un-popped popcorn, or flower seeds.
  - After you have studied the seeds, help the Daisies answer the questions on pages 34-35 of the girls book.
- Activity: A Walk in Nature to Find Shapes
  - Review Safety-Wise Checkpoints before going outdoors
  - Use page 71 of the adult guide to lead a discussion on what they saw during the walk.
- Snack Time: Seedy Fruits
  - Bring a variety of fruits cut into Daisy sized pieces and try to choose fruits with easily visible seeds.
  - Invite the girls to try to find the seeds on each fruit, be sure to let them know that seeds are not always on the inside of the fruit (such as strawberries).
- Clean Up
- Closing Ceremony: I Think Your Special Skill Is.....
  - Form the same Daisy Circle you formed in the Opening Ceremony, and have each girl name the special skill she noticed in the girl seated to her left. Write these on your copy of page 73 of the adult guide
  - Refer to the dialogue on page 72 of the adult guide for further instructions.
  - Friendship Circle or song
Session 6: We Have Special Skills and So Do Plants

Goal: The girls make use of their special skills and begin to understand the special skills of plants too.

Meeting 11:
Supplies and Resources
✓ Between Earth and Sky Girl Scout journey book
✓ Between Earth and Sky adult guide
✓ Paper and crayons or markers, enough for each girls
✓ Ingredients for “Cooking Up Some Color” activity
✓ Materials for Salt, Water and You activity
✓ Copy of page 77 in the adult guide, “More Daisies Skills for the Road”
✓ Firefly Awards, one for each girl
✓ Healthy snack (optional)

Meeting Outline
◆ As the girls arrive:
  ○ Invite the girls to continue decorating their firefly suitcase, or they can add to their journey poster.
◆ Opening Ceremony
  ○ Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  ○ Use page 75 in the adult guide to guide the discussion about how to make the most of the girls special skills
◆ Story Time
  ○ Read, or have the girls take turns reading, chapter 3 of their journey books, starting on page 39
  ○ Refer to the dialogue on page 75 of the adult guide
◆ Optional Activity: Cooking Up Some Color
  ○ Create natural paints and invite the girls to paint scenes of their favorite places in nature, their favorite plants, or their favorite animals.
  ○ This activity can be found on page 76 of the adult guide, and requires some preparation. If you choose not to do this activity, you can extend the Salt, Water and You activity or find something else to fill any time gaps you may have.
◆ Activity: Salt, Water and You
  ○ The girls will be adding salt to water and seeing what objects float in the water at varying levels of salinity.
  ○ Refer to page 61 in the girls book for the instructions for this activity
◆ Snack time (optional) & Clean Up
◆ Closing Ceremony: Our Special Skills
  ○ Invite the girls to take turns using the special skill they tried out during today's meeting, and write them on your copy of page 77.
  ○ Use page 76 of the adult guide to lead the discussion about their special skills.
  ○ Give girls their Firefly Award
  ○ Friendship Circle or song
Meeting 12:
Take a field-trip!
You might visit a local garden or nature center; you may even be close to a national park or nature preserve where the girls can hike through plants in their natural habitat. Other good trips might include trips to botanical gardens, farmer's markets, or “pick your own” farms. Be sure to consult Safety-Wise Checkpoints when planning any field-trips, and don't forget to bring a healthy snack or sack lunch for the group.
Session 7: In the Land of Milk and Cheese

Goal: The girls take the flower friends story to a personal level by learning about how foods can affect how they feel and by tasting food from their region.

Meeting 13:

Supplies and Resources

✔ *Between Earth and Sky* Girl Scout journey book
✔ *Between Earth and Sky* adult guide
✔ Paper and crayons or markers, enough for all girls
✔ Healthy snack: Local Foods

Meeting Outline

◆ As the girls arrive:
  ○ Invite the girls to look over the team journey poster and make any additions from any of their recent activities.

◆ Opening Ceremony: Choose a “Great Trip”
  ○ Invite the girls to look over their luggage tags/bookmarks and choose their favorite way to say “Have a great trip”. Go around the circle and let each girl say “Have a great trip” their favorite way.

◆ Story Time
  ○ Read, or have the girls take turns reading, chapter 4 beginning on page 53 of their books.
  ○ Use page 79 of the adult guide to lead a discussion about what they read, and to talk about “sleeper” foods.
  ○ Discuss any places in your area that might be special, like the Great Salt Lake is special in Utah. This will help your group begin thinking about their Clover project. (see resources for sample Take-Action activities)

◆ Activity and Snack Time: Celebrating Local Foods
  ○ For this activity, it would be especially beneficial to invite a guest to speak to the girls about local foods and what is made in your region. The special guest could be a farmer, produce manager from a local supermarket, or even someone from the farmer's market.
  ○ If you are unable to locate a guest speaker, use the internet to find out what kinds of foods are grown or made in your area. Try to bring a large variety of these foods, such as cheeses, fruits, and veggies for the girls to try. Share information you find out about these foods and how they are grown or made.

◆ Clean Up

◆ Closing Ceremony: My Favorite Foods
  ○ Invite the girls to talk about their favorite foods and where they might come from.
  ○ Friendship Circle or song
Meeting 14:  
Supplies and Resources

✔ *Between Earth and Sky* girls journey book
✔ *Between Earth and Sky* adult guide
✔ Paper and crayons or markers, enough for all girls
✔ Objects that demonstrate different textures
✔ Brown paper bags
✔ Healthy snack (optional)

Meeting Outline

♦ As the girls arrive:
  ○ Invite the girls to explore the items you brought as examples of textures.

♦ Opening Ceremony: What's in the Bag?
  ○ Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  ○ Refer to resources section for more information on this activity.

♦ Activity: A Walk in Nature to Find Textures
  ○ Review Safety-Wise Checkpoints before going outdoors.
  ○ Before setting out on your nature walk, lead the girls in a discussion about textures using the dialogue on page 80 of the adult guide. Bring a variety of objects with different textures as examples for what they will be looking for outside.
  ○ Make a list of different textures to take outside and use in finding different objects with these textures. Refer to pages 80 & 81 in the adult guide for more information.
  ○ When you return from the nature walk, ask the girls “How did it feel to be out and about in the fresh air *Between Earth and Sky*?”

♦ Snack Time (optional)

♦ Clean Up

♦ Closing Ceremony: My Favorite Outdoor Place
  ○ In a Daisy Circle, ask the girls about their favorite outdoor places. Use page 81 of the adult guide to lead this discussion.
  ○ Friendship Circle or song
Session 8: When the Flowers Meet the Trees

Goal: The girls will choose a project idea, practice talking about it, and create visual tools for their project.

See resources section for sample Take-Action projects.

Meeting 15:
Supplies and Resources
✔ Between Earth and Sky girls journey book
✔ Between Earth and Sky adult guide
✔ Paper and crayon or markers, enough for all girls
✔ Healthy snack: Hot Drinks and Cool Drinks

Meeting Outline
◆ As the girls arrive:
  ○ Invite girls to add new ideas to their team journey poster
◆ Opening Ceremony: Favorite Trees
  ○ Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  ○ In the Daisy Circle, the girls will name their favorite trees. See page 84 of the adult guide for more information.
◆ Story Time
  ○ Read, or have girls take turns reading, Chapter 5 beginning on page 67 of their books.
  ○ Refer to page 85 of the adult guide for more information and discussion questions.
◆ Activity: A Walk in Nature to Rub a Tree
  ○ Review Safety-Wise Checkpoints before going outside
  ○ Take the girls outside where they can find trees to make bark rubbings. This is also a good opportunity to plan a field-trip to a nature preserve or garden where the girls would find a variety of trees to use.
  ○ Page 86 of the adult guide has more instructions for this activity
◆ Discussion Time: Getting Ready for the Clover Project
  ○ Let the girls know what they will be doing for their Clover project.
  ○ Brainstorm with the girls about the things they will need, or things they will need to create, for their Clover project. The next meeting will be set aside for preparing their Clover project.
◆ Snack Time: Hot Drinks and Cold Drinks
  ○ Serve hot and cool tea to the girls, and provide healthy snacks they can enjoy with their drinks.
◆ Clean Up
◆ Closing Ceremony
  ○ In the Daisy Circle, ask the girls to come up with ways to end the sentences on page 87 of the adult guide
  ○ Friendship Circle or song
Meeting 16:
Supplies and Resources
✔ *Between Earth and Sky* girls journey book
✔ *Between Earth and Sky* adult guide
✔ Paper and crayons or markers, enough for all girls
✔ Any materials needed to make posters or flyers for the Clover project
✔ Healthy snack (optional)

Meeting Outline
◆ As girls arrive:
  ○ Invite them to think about any materials they may need to create posters or flyers for their Clover project
◆ Opening Ceremony: Make New Friends, But Keep the Old
  ○ Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  ○ Have the girls complete the activity “Make New Friends, But Keep the Old” on page 77 of their books.
  ○ In your Daisy Circle, discuss their answers and invite them to share any stories about making new friends or keeping in touch with old friends.
◆ Activity: Creative Project Messages
  ○ The girls can create posters or flyers related to their Clover project.
  ○ Encourage the girls to think of clear and to the point messages, and to keep their posters simple (provide some examples). You can work with them in creating their messages, and practicing their communication skills.
◆ Snack Time (optional)
◆ Clean Up
◆ Closing Ceremony: Sharing Time
  ○ Invite the girls to talk about their interests, feelings, and daily experiences.
  ○ Ask questions such as:
    ▪ What did you learn today?
    ▪ What was the best thing that happened to you today?
    ▪ What part of the Clover project are you looking forward to the most?
  ○ Friendship Circle or song
Session Nine: Protecting a Natural Treasure

Goal: The Daisies team up to protect a national treasure of Earth and carry out their Clover project.

If your group chose a different project, then modify the meetings to reflect the project your group chose.

Meeting 17:
Supplies and Resources
✔ Between Earth and Sky girls journey book
✔ Between Earth and Sky adult guide
✔ Any materials needed for the Clover project
✔ Healthy Snack (optional)

Meeting Outline
◆ As girls arrive:
  ○ Remind the girls that they will be completing their Clover project today and will be learning to use resources wisely to protect a local treasure.
◆ Opening Ceremony: How We're Feeling
  ○ Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  ○ Follow the dialogue on page 89 of the adult guide to lead a discussion about how the girls are feeling about completing their Clover project.
◆ Clover Project
◆ Snack Time (optional)
◆ Clean Up
◆ Closing Ceremony
  ○ Gather girls into a Daisy Circle to tell them how proud you are of them, invite them to share how proud they are of each other.
  ○ Friendship Circle or song
Meeting 18:
Supplies and Resources
✓ *Between Earth and Sky* girls journey guide
✓ *Between Earth and Sky* adult guide
✓ Paper and crayons or markers, enough for all girls
✓ Healthy snack: fruit pops, described on page 93 of girls journey book

Meeting Outline

◆ Preparation Note:
  ○ The snack for today is Fruit Pops, described on page 93 of the girls journey book. Before the meeting, cut the fruits listed on the page into Daisy sized pieces and put them onto toothpicks.
  ○ At snack time, the girls will take their fruit pops and dip them into a variety of sweet coatings. Some ideas include: whipping cream, finely chopped nuts, caramel, or other sweet fruit dipping sauces.
  ○ Be sure to take any food allergies into consideration when choosing ingredients.

◆ As girls arrive:
  ○ Invite them to look at the last chapter in their journey books.

◆ Opening Ceremony
  ○ Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  ○ In your Daisy Circle, discuss what each girl's favorite part of the journey has been.

◆ Story Time
  ○ Read, or have the girls take turns reading, chapter 6 beginning on page 79 of their books.
  ○ Use page 89 of the adult guide to lead the discussion about what the girls have read.

◆ Activity: Road Trip Memories
  ○ Help the girls fill out the road trip map on pages 94 and 95 of their journey books.
  ○ Ask questions to encourage discussion, such as:
    ▪ Where is our state on the map?
    ▪ Has anyone lived in a different state? Show the group and tell us about it.

◆ Activity: My Journey Never Ends
  ○ Help the girls complete the last page of their books with information about their journey.

◆ Snack Time
  ○ Read, or have the girls take turns reading, the story “The Delights of Dirt Candy” on page 93 of their books before enjoying their fruit pops.

◆ Clean Up

◆ Closing Ceremony: Looking Ahead
  ○ Discuss plans for their next meeting, which will be a celebration of their journey. Ask the questions listed on page 90 of the adult guide to help them decide who they would like to invite, what they would like to showcase, and how they would like their ceremony to go.
Session 10: On the Road to New Adventures

Goal: The Daisies celebrate all they've learned and done along the journey!

Meeting 19:

Supplies and Resources
- ✔ Between Earth and Sky girls journey book
- ✔ Between Earth and Sky adult guide
- ✔ Paper and crayons or markers, enough for each girl
- ✔ Clover Awards, one for each girl

Meeting Outline
- As the girls arrive:
  - Remind them they have guests arriving, encourage them to greet their guests and take turns sharing details about their journey.
- Opening Ceremony: Its the Law!
  - Flag ceremony, song, or recite Girl Scout Promise and/or Law (let girls choose)
  - Use the dialogue on page 93 of the adult guide to lead a discussion about the Girl Scout Promise and Law
- Activity: Words and Deeds
  - Use page 94 of the adult book to guide girls and their visitors through this activity.
- Awards Ceremony: Clover Award
  - Refer to page 94 of the adult guide for information about this ceremony.
- Celebrate with Shapes and Colors
  - Celebrate the end of the journey by providing fruits and cheeses they can cut out into different shapes with cookie cutters.
  - Allow time for the girls to sing songs, take a group photo, or even let the girls autograph each others journey books.
  - At the end of the celebration, talk about some upcoming activities to get the girls excited about what's happening next.
- Clean Up!
5 Flowers, 4 Stories, 3 Cheers for Animals

Session 1- Starting Our Animal Adventure

Goal: Daisies identify ways they can care for animals

Meeting 1
Supplies and Resources

✔ 3 Cheers girls journey book
✔ 3 Cheers adult guide
✔ Picture of bald eagle
✔ Patch backgrounds for leadership awards, one for each girl
✔ Mural sized paper
✔ Markers, crayons, glue, and assorted craft materials
✔ Large sheet of paper and marker (to jot down girls ideas)
✔ Snack time (see recipe on pg 31 of adult guide)
✔ Girl Scout Promise poster

Meeting Outline

◆ As girls arrive:
  ○ Have them look through their new journey books, 5 Flowers, 4 Stories, 3 Cheers for Animals
◆ Opening ceremony: Animals Around the World (Bald Eagle; United States)
  ○ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
  ○ Once all the girls arrive, gather them in Daisy Circle. Let them know that they are about to begin an exciting journey about caring for animals. Follow the prompt on page 29 of the adult guide to follow through with the rest of the ceremony.
◆ Activity: Team Animal Mural
  ○ Explain to girls that throughout this journey they will be learning about animals, and as they go along they'll team up and place each animal on their Team Animal Mural.
  ○ Explain to the girls what a mural is and guide them to write “Our Animal Mural” across the mural. For more information, refer to pg 34 of adult guide.
◆ Snack Time: Ants on a Log
  ○ For directions and ingredients refer to pg 31 of adult guide.
  ○ Remember to take into account any food allergies that may be present among the group.
◆ Clean Up
◆ Closing Ceremony: Keeping the Girl Scout Promise
  ○ Gather girls in Daisy Circle and thank them for a great meeting, and hand out background patches.
  ○ For more details, refer to page 34 of adult guide.
  ○ Friendship Circle or Song
Meeting 2

Supplies and Resources
✓ 3 Cheers girls journey book
✓ 3 Cheers adult guide
✓ Papier Mache materials (see page 32 of adult guide)
✓ Shallow bowl or container
✓ Colored tissue paper and other decorative materials
✓ Markers or crayons, and paper
✓ Healthy Snack (optional)

Meeting Outline
◆ As girls arrive:
  ○ Invite girls to draw their favorite animal
◆ Opening ceremony:
  ○ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
◆ Story Time: “Welcome to This Amazing Animal Adventure
  ○ Introduce the journey stories by reading the short introduction on page 5 of the girls journey book. For more details, refer to page 31 of adult guide.
◆ Activity: Building a Team Birdbath
  ○ Set up an area where the girls can make their Papier Mache. Guide the girls in dipping and soaking the torn strips. Follow directions on page 32 of adult guide
◆ Snack Time (Optional)
◆ Clean Up
◆ Closing Ceremony
  ○ Friendship Circle/Squeeze or Song

◆ *Plan Ahead for Session 2-
  ○ The Animals Safe and Sound activity makes Session 2 an ideal time for the girls to learn about animal safety and care from an expert visitor, such as a veterinarian, animal shelter worker, or farmer.
  ○ Reach out to your Daisy friends and family network for contacts and suggestions to arrange for a visit.
  ○ For more details, refer to page 35 in adult guide
Session 2- Caring that Counts

Goal: Girls explore the many ways that caring for animals is like caring for themselves.

Meeting 3

Supplies and Resources

✔ 3 Cheers girls journey book
✔ 3 Cheers adult guide
✔ Pictures of lions, one for each girl
✔ Daisy flower friend/ Girl Scout Law poster
✔ Team Animal Mural
✔ Copies of flower friends coloring book
✔ Large sheet of paper
✔ Marker
✔ Team Birdbath
✔ Healthy Snack (refer to page 40 of adult guide)

Meeting Outline

◆ As girls arrive:
  ◦ Invite them to color pictures of the flower friends

◆ Opening Ceremony: Animals Around the World (Lion: Iran)
  ◦ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
  ◦ Gather girls in Daisy Circle and welcome them to today's meeting. Review/ introduce girls to the flower friends. Then share facts with the girls about Girl Scouts.
  ◦ For more details, refer to page 37 in adult guide.

◆ Story Time: “A Purr-fect Surprise in the Garden
  ◦ In the Daisy Circle, explain to girls they are about to hear a story about animals in a garden.
  ◦ Read, or have girls take turns reading, pages 7-13 in girls book.
  ◦ Refer to page 38 in adult guide to guide girls in a discussion about the story.

◆ Animals Safe and Sound (with Guest Speaker)
  ◦ Express the fun sides of taking care of animals, but highlight that can only be true if we know how to keep ourselves safe.
  ◦ Introduce the guest animal expert and inform the girls that they will tell them about their job. For more details, refer to page 39 in adult guide.

◆ Snack Time: Eat Like a Rabbit
  ◦ Refer to page 40 in adult guide, remember to take any food allergies into consideration.

◆ Clean Up

◆ Closing Ceremony
  ◦ Friendship Circle/Squeeze or Song
Meeting 4  
Supplies and Resources
✔ 3 Cheers girls journey book  
✔ 3 Cheers adult guide  
✔ Paper bags  
✔ Decorating materials  
✔ Paper, markers, and crayons  
✔ Healthy snack (optional)

Meeting Outline
◆ As girls arrive  
   ○ Greet them and invite each girl to make a picture of her doing something that shows how she takes care of herself. More information is included on page 37 of adult guide.
◆ Opening Ceremony  
   ○ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)  
   ○ Invite girls to look at pages 14 & 15 in their journey books. Guide a discussion about what they see.
◆ Activity: All About Me Nests  
   ○ Inform girls that they will be making their own nests and it will hold all the things they learn along this journey. For more details, refer to page 41 in adult guide.
◆ Snack time (optional)
◆ Clean up
◆ Closing Ceremony: Being Courageous and Strong  
   ○ In the Daisy Circle, have each girl take turns naming one thing they learned about caring for animals from last meeting's guest speaker.
   ○ For more information, refer to page 42 in adult guide.
   ○ Friendship Circle/Squeeze or Song

◆ *Plan Ahead for Session 3
   ○ Pourquoi (por-kwa) tales are folktales or fictional stories that tell how certain natural phenomena came to be. They were the inspiration for the stories in the girls book or how Red Robin and all the flowers came to have their colors. Try to find some other stories that you can share with the girls.
   ○ For more information, refer to page 42 in adult guide.
Session 3- Tail Tales

Goal: The girls use their imagination and problem-solving skills as they continue to explore how the needs of animals are similar to their own.

Meeting 5
Supplies and Resources
✓ 3 Cheers girls journey book
✓ 3 Cheers adult guide
✓ Recording device
✓ Picture of Red Robin
✓ Construction paper
✓ Art materials (markers, glue, crayons, and assorted craft items)
✓ Team Animal Mural
✓ Healthy snack: Incredible, Edible Nests (see page 75 in girls book)

Meeting Outline
◆ As girls arrive:
  ○ Invite them to make pictures of themselves caring for a pet or other animal
◆ Opening Ceremony: Animals Around the World (Robin: Great Britain)
  ○ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
  ○ In Daisy Circle, explain to girls that today during story time they will hear more about Robin. For more details, refer to page 45 in adult guide.
◆ Story Time: “The First Stories, A Little Birdie Told Me”
  ○ Read or have girls take turns reading, pages 17-23 in girls book. Refer to page 46 in adult guide to guide a discussion about what you just read.
  ○ Invite girls to fill in pages 24 and 25 of their books.
◆ Activity: Spin-a-Tale
  ○ Ask the group who can retell the story of how Robin came to be red from today's story. Explain the significance of this folktale, certain things in nature came to be.
  ○ Give a few examples of some famous pourquoi tales. For more information, refer to page 46 in adult guide.
◆ Snack Time: Incredible, Edible Nests
  ○ Create a nest like a Robin would! Use page 75 of girls book for directions and ingredient list.
◆ Clean Up
◆ Closing Ceremony
  ○ Friendship Circle/ Squeeze or Song
Meeting 6

Supplies and Resources

✔ 3 Cheers girls journey book
✔ 3 Cheers adult guide
✔ Strips of colored crepe paper
✔ Music and CD player
✔ Art materials (paper, markers, crayons, pencils)
✔ Team Birdbath
✔ Decorating materials (fabric, cotton, wool, ribbon, etc.)
✔ Healthy Snack (optional)

Meeting Outline

◆ As girls arrive:
  ○ Invite girls to add something new to their nests. This can be anything they have learned so far in their journey.

◆ Opening Ceremony
  ○ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)

◆ Activity: Fly, Fly Away
  ○ Refresh girls memories about the story you all read in the last meeting. Have a small discussion about Robin and where she went for the winter and how she got there.
  ○ Invite girls to spread their wings and “fly” like Robin. This can be done indoors with adequate space or outdoors (make sure to review Safety-Wise Checkpoints before going outdoors). Moving to music may give the girls good practice toward earning their Red Robin Award. For more information, refer to page 47 in adult guide.

◆ Role Play: Choices, Choices
  ○ Have girls pair up so they can role play about making decisions. Read them one of the scenarios on page 48 of adult guide. (You can also create a scenario based on the girls' discussions).

◆ Snack Time (optional)

◆ Clean Up

◆ Closing Ceremony: Animal Care Ideas
  ○ Gather girls in Daisy Circle to see what's in their Team Birdbath thus far. Have each girl take out a drawing and say what animal-care idea it represents (if girls have trouble naming, offer assistance)
  ○ Inform the girls that next time they gather, they'll earn their Birdbath Award. Plan to ceremoniously place a robin in the Birdbath in the closing ceremony, bring the one the girls made in session 1.
  ○ Friendship Circle/Squeeze or Song

◆ *Plan Ahead for Session 4
  ○ Bring Team Birdbath and enough Birdbath Awards for each girl. If you have chosen to place a robin in the birdbath during closing, bring the one the girls made. For more details, refer to page 49 in the adult guide.
Session 4- All Creatures, Great and Special

Goal: Girls begin to explore how animals, like people, are unique, including in the ways they communicate and move.

Meeting 7

Supplies and Resources

- 3 Cheers girls journey book
- 3 Cheers adult guide
- A picture of a cheetah
- Art materials (crayons, markers, paper, glue, etc.)
- Team Animal Mural
- Birdbath Awards, one for each girl
- Healthy Snack (optional)

Meeting Outline

- Opening Ceremony: Animals Around the World (Cheetah: Kenya)
  - Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
  - Invite the girls to create a cheetah for their Team Animal Mural. Give the girls the option to draw or make as many cats as they wish, big and little. For more details, refer to page 51 in the adult guide
- Story Time: “The First Stories- A Little Birdie Told Me” (continued)
  - If you have not finished the story, now would be a good time to do so. If you have finished, refresh the girls memories of what happened in the story. Encourage the girls too make up their own story about how the their Girl Scout Daisy Tunics/Vests came to be the color blue. Have each girl add a sentence of their own to the story. For more information, refer to page 53 in the adult guide.
- Earning the Birdbath Award
  - Have the girls form a Daisy Circle and inform them that they have earned their Birdbath Award!
  - Have girls go around in a circle and say one way they can care for animals and one way they can care for themselves.
  - Complete the ceremony by giving each girl their Birdbath Award.
- Snack Time (optional)
- Clean Up
- Closing Ceremony
  - Friendship Circle/ Squeeze or Song
Meeting 8
Supplies and Resources
✔ 3 Cheers girls journey book
✔ 3 Cheers adult guide
✔ Construction paper, thin cardboard, or cardstock
✔ Three ring binder
✔ Animal Pictures
✔ Art materials (glue stick, scissors, hole punch, crayons, markers, colored pencils, etc)
✔ Robin the girls made or any image of a robin
✔ Team Birdbath
✔ Healthy Snack: Apple Ladybugs (refer to page 74 in girls book)

Meeting Outline
◆ Opening Ceremony
  ◦ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
◆ Activity: Fantastical Animals Flip Book
  ◦ Introduce this team-building art activity by reminding the girls that all animals are special in their own way, just like people.
  ◦ Ask the girls if they know what unique means and have a small discussion.
  ◦ Inform girls that they will team up to make a flip book of unique animals. For more information, refer to page 54 in adult guide.
◆ Activity: Busy Squirrels Song and Dance
  ◦ Get the girls up and moving. Introduced the song by singing or chanting it yourself while imitating a squirrel searching, digging and storing nuts for winter.
  ◦ Invite each girl to choose an animal to use in a new version of the song. After each girl has had a chance to imitate an animal, have them review all the critters needs and discuss how they might provide them.
  ◦ Remember, telling stories through song and dance gives the girls practice toward earning their Red Robin Award. For more information on this activity, refer to page 56 in adult guide.
◆ Snack Time: Apple Ladybugs
  ◦ Show the girls the picture and recipe in their book (page 74). Then set out the apple slices and other ingredients and guide the girls in making the snack.
◆ Clean Up
◆ Closing Ceremony: Moving Toward the Red Robin Award
  ◦ Bring out the papier mache robin the girls created during session 1.
  ◦ Gather them around their Team Birdbath and let them know that the red robin is a symbol of how they will fly out to teach others about the importance of caring for animals. For more details, refer to page 57 in adult guide.
  ◦ Friendship Circle/ Squeeze or Song
◆ *Plan Ahead for Session 5
  ◦ This will be a good opportunity for the girls to see animal care firsthand. With assistance from your network, arrange a visit to a farm, animal shelter, vets office, etc.
Session 5- Out and About with Animals

Goal: Girls learn more about the day-to-day needs of animals in preparation for teaching others about animal care.

Meeting 9
Supplies and Resources
✔ 3 Cheers girls journey book
✔ 3 Cheers adult guide

Meeting Outline
◆ Opening Ceremony
  ○ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
  ○ Form Daisy Circle and ask each girl to name one thing that is special about where they are now.
  ○ This would also be a good time to go over any rules there might be where the field-trip is taking place.
◆ Field-Trip
  ○ Introduce the girls to their host, who will share his work and take questions from the girls.
  ○ When the time for questions comes, prompt the girls using their questions from the brainstorm they engaged in during the last session.
◆ Closing Ceremony
  ○ Friendship Circle/ Squeeze
Meeting 10

Supplies and Resources

✔ 3 Cheers girls journey book
✔ 3 Cheers adult guide
✔ Recording device
✔ Art materials (paper, markers, crayons, glue, etc.)
✔ Assorted craft material
✔ Team Animal Mural
✔ Healthy Snack (optional)

Meeting Outline

◆ Opening Ceremony
  ◦ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
◆ Activity: Sounds of Nature Walk
  ◦ Review Safety-Wise Checkpoints before going outdoors.
  ◦ Before you take the girls out for a walk, remind them that every animal has its own way of communicating, just like humans. Point out that animal can't talk like people, so they use sounds and actions to communicate. Also, encourage girls to listen carefully to the sounds of nature, specifically animals. For more details, refer to page 63 in adult guide.
◆ Role Play: What Animal Am I?
  ◦ After their nature walk, get the girls talking about the sounds they heard (if you recorded sounds, this would be a good time to play them back).
  ◦ Invite the girls to gather in Daisy Circle and have each girl imitate an animal she had seen or heard while the other girls guess what animal it is.
  ◦ Then have the girls team up and act out a scene off an animal doing something or wanting something, as each pair presents, the rest of the girls will guess the animals in it and what they are doing or “saying”. For more details, refer to page 64 in adult guide.
◆ Snack Time (optional)
◆ Clean Up
◆ Closing Ceremony
  ◦ Friendship Circle/ Squeeze or Song
Meeting 11

Supplies and Resources

✔ 3 Cheers girls journey book
✔ 3 Cheers adult guide
✔ Healthy Snack (optional)

Meeting Outline

◆ Opening Ceremony
  ○ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)

◆ Activity: Animals Talk and So Do We
  ○ Introduce this confidence building activity by asking the girls to recall some of the many ways animals communicate.
  ○ Get the girls to use their body language to express and emotion and then get the girls talking about body language and how it can sometimes change the way they feel. For more details, refer to page 66 in adult guide.

◆ Snack Time (optional)

◆ Clean Up

◆ Closing Ceremony
  ○ Friendship Circle/ Squeeze or Song

◆ *Plan Ahead for Session 6
  ○ In the next session, the girls will use materials to represent a donkey on the Team Animal Mural. Reach out to your network for remnants of fake fur, felt, or other fabrics for the donkey's body. For more details refer to page 67 in adult guide.
Session 6: A Postcard Is Worth a Thousand Words

Goal: The girls will continue to explore the needs of animals and begin to focus in on specific animal needs in their community.

Meeting 12

Supplies and Resources

✓ 3 Cheers girls journey book
✓ 3 Cheers adult guide
✓ Picture of a donkey (page 69 in adult guide, page 32 in girls book)
✓ Fabric scraps and other materials for making donkey
✓ Healthy Snack: Apple Snacks (ingredients on page 72 of adult guide)

Meeting Outline

◆ Opening Ceremony
  ○ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
  ○ In Daisy Circle, inform girls they will hear about how Zinni visits a farm in Mexico, and how proud she feels when she cares for animals. For more information, refer to page 70 in adult guide.

◆ Story Time: “Zinni’s Story- Bienvenido a Mexico”
  ○ Inform girls that today we will read “Zinni’s Story”, in which she shares her visit to Mexico through pictures from her photo album. She hears roosters and cows, and meets a horse and a chick.
  ○ Read, or have girls take turns reading, pages 29-35 in girls book.
  ○ Refer to page 70 in adult guide to guide girls in a discussion about the story.

◆ Activity: Animals Around the World (Donkey- Mexico)
  ○ Refer to page 69 in adult guide for information about this activity

◆ Snack Time: Apple Snacks
  ○ Refer to page 72 in adult guide for recipe and ingredients

◆ Clean Up

◆ Closing Ceremony
  ○ Friendship Circle/ Squeeze or Song
Meeting 13
Supplies and Resources
✔ 3 Cheers girls journey book
✔ 3 Cheers adult guide
✔ Postcards or postcard sized pieces of cardstock
✔ Art materials (crayons, markers, assorted crafts)
✔ Healthy Snack: Quesadillas (refer to page 72 in adult guide)

Meeting Outline
◆ As girls arrive:
  ○ Invite girls to fill in pages 36-39 of their journey books
◆ Opening Ceremony
  ○ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
  ○ Have girls turn to page 48 in their book and then try to figure out the flowers expression.
◆ Activity: The Power of a Postcard
  ○ The girls will get a chance to make picture postcards like the ones Gloria talks about in “Zinni's Story”. In their postcards, girls will draw one important way to care for animals.
  ○ Once the girls have drawn their picture, they will turn the postcard on the opposite side and write a sentence that explains their picture. They will finish by sharing their postcards and their care sharing idea. For more details, refer to page 71 in adult guide.
  ○ Girls can use what they have learned as part of their Red Robin Project. For more information, refer to page 71 in adult guide.
◆ Snack Time: Quesadillas
  ○ Refer to page 72 in adult guide for recipe and ingredients
◆ Clean Up
◆ Closing Ceremony
  ○ Friendship Circle/ Squeeze or Song
Meeting 14
Supplies and Resources
✓ 3 Cheers girls journey book
✓ 3 Cheers adult guide
✓ Large sheet of paper
✓ Marker
✓ Team Birdbath
✓ Healthy Snack (optional)

Meeting Outline
◆ Opening Ceremony
  ○ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
◆ Activity: Comparing the Caring
  ○ This will help girls focus on animal needs in their community. Have a discussion on the many ways they've learned to care for animals and the things they learned from the speaker.
  ○ Also, have Daisies fill out the “Comparing the Caring” chart and have the girls notice the differences and similarities. For a more detailed description of this activity, refer to page 72 in adult guide.
◆ Snack Time (optional)
◆ Clean Up
◆ Closing Ceremony: Sharing the Caring
  ○ In Daisy Circle, invite girls to take turns sharing one thing they like about taking care of animals. Refer to page 74 in adult guide for more information.

◆ *Plan Ahead for Session 7
  ○ Girls will do some “Japanese Garden Yoga” during the next session. If possible, find some calming music or nature sounds to play for them. Girls will also begin preparing for their Red Robin project in the next session. Use the preparation tips and project pointers on pages 75-81 in adult guide.
session 7- inspired by animals

Goal: Girls continue to explore how caring for animals resembles caring for themselves and begin to experience the good feelings that caring gives them.

Meeting 15

Supplies and Resources

✔ 3 cheers girls journey book
✔ 3 cheers adult guide
✔ Pictures and information about cranes
✔ Art materials (construction paper, markers, crayons, glue and assorted craft material)
✔ Team Animal Mural
✔ Origami paper or pieces of paper cut into squares (refer to page 53 in girls book)
✔ CD player and music
✔ Healthy snack (optional)

Meeting Outline

✦ Opening Ceremony: Animals Around the World (Crane- Japan)
  ◦ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
  ◦ In Daisy Circle, let girls know that during story time today, Gloria, the morning glory, will share stories about her visit to Japan and tell about some Japanese traditions.
  ◦ Invite girls to add the crane to the Team Animal Mural while you share some fun facts about Japanese cranes. For more details, refer to page 83 in adult guide.

✦ Story Time: “Gloria's Story- Dancing Through Japan”
  ◦ Toady, girls will hear the story of Gloria through her movement. Read, or have girls take turns reading, pages 41-47 in their book.
  ◦ Once you have finished the story invite the girls to look at the “Japanese Garden Yoga” postures shown in their books (pages 50-51).
  ◦ Practice poses along with music that you brought. For more information, refer to page 84 in adult guide.

✦ Activity: Origami, Turning Paper into Art
  ◦ Guide girls to pages 52-53 in their book and pass out pieces of origami or square-shaped paper. While girls are working on their origami, you might want to tell them about Florence Temko, an origami expert who taught origami to the world.

✦ Snack Time (optional)
✦ Clean Up
✦ Closing Ceremony
  ◦ Friendship Circle/ Squeeze or Song
Meeting 16
Supplies and Resources
✔ 3 Cheers girls journey book
✔ 3 Cheers adult guide
✔ Large sheet of paper or poster board
✔ Marker
✔ Art and craft materials
✔ Props for animal poem
✔ Healthy snack: Fruits From Japan (refer to page 85 in adult guide)

Meeting Outline
◆ Opening Ceremony
  ◦ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
  ◦ Invite girls to think about a way they enjoy getting exercise and have them draw or describe
    in words what it is and add it to their All About Me nests.
◆ Activity: Animal Riddle Poem
  ◦ Get the girls to create a short poem describing an animal, but without saying the animal's
    name. Let the girls agree among themselves which animal to choose.
  ◦ For more information, refer to page 85 in adult guide
◆ Activity: Preparing the Red Robin Project
  ◦ Use this time to let the girls prepare for their project. For tips on guiding girls, refer to page
    86 in adult guide.
◆ Snack Time: Fruits from Japan
  ◦ As you present the snack, explain to the girls that enjoying seasonal fruits is one way people
    in many countries, including Japan, mark the seasons. For more details, refer to page 85 in
    adult guide.
◆ Clean Up
◆ Closing Ceremony: Sharing Out Knowledge
  ◦ In Daisy Circle, have each girl name something they've learned about animals from a family
    member, friend, teacher, or someone or something else...even a story! For more details, refer
    to page 87 in adult guide.
Session 8- What Animals Tell Us

Goal: Girls strengthen their communication skills as they progress on their Red Robin Project.

Meeting 17

Supplies and Resources

✔ 3 Cheers girls journey book
✔ 3 Cheers adult guide
✔ Picture of panda
✔ Art materials (paper, crayons, markers, pencils, etc)
✔ Team Animal Mural
✔ Healthy Snack: Jicama Sticks and Black Bean Dip (refer to page 90 in adult guide)

Meeting Outline

◆ Opening Ceremony: Animals Around the World (Panda- Japan/China)
  ◦ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
  ◦ In Daisy Circle, have each girl share one thing about animals and animal care that they've learned along this journey.
  ◦ Inform girls that today they will hear more about Gloria's trip to Japan during story time (if you've finished the story, give a recap about the story).

◆ Activity: Team Animal Mural
  ◦ Invite girls to add the panda to the Team Animal Mural while you share some fun facts about pandas.

◆ Story Time: “Gloria's Story- Dancing Through Japan” (continued)
  ◦ Finish Gloria's Story. If you have already finished story, practice your Japanese Garden Yoga.
  ◦ During Gloria's trip to Japan, she learns that the Giant Panda is a gift from the people of China to the people of Japan. Ask the girls to notice how Gloria pretends to be a panda.
  ◦ Have the girls take turns pretending to be their favorite animal.

◆ Snack Time: Jicama Sticks and Black Bean Dip
  ◦ Refer to page 90 in adult guide.

◆ Clean Up

◆ Closing Ceremony
  ◦ Friendship Circle/ Squeeze or Song
Meeting 18

Supplies and Resources

✔ 3 Cheers girls journey book
✔ 3 Cheers adult guide
✔ 3 brands of the same flavor yogurt (2 containers of each yogurt brand, one that will be displayed, and one that will be concealed)
✔ A box or dark paper to conceal container
✔ Plastic spoons (3 for each girl)
✔ 3 identical bowl or cups in the same color
✔ Healthy snack (optional, or use yogurt to mix with fruit or granola)

Meeting Outline

◆ Opening Ceremony
  ◦ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
◆ Activity: Animal Advertisers
  ◦ Inform the girls that they are about to participate in a blind taste test to learn about how packaging might make them want or not want certain things. Explain to girls that a blind test is a way to taste things without knowing exactly what they are, so that you decide how much you like them based on taste only. For more details, refer to page 90 in adult guide.
◆ Snack Time (optional)
◆ Clean Up
◆ Closing Ceremony: My Favorite Animal
  ◦ In Daisy Circle, have each girl name her favorite animal and why they like this animal.
  ◦ Friendship Squeeze or Song
Meeting 19

Supplies and Resources

✔ *3 Cheers* girls journey book
✔ *3 Cheers* adult guide
✔ Poster board
✔ Bookmark-sized cardstock,
✔ Colored paper for invitations
✔ Art materials (paper, crayons, markers, pencils, etc)
✔ Nature magazines (for girls to cut out picture of animals
✔ Healthy snack (optional)

Meeting Outline

◆ Opening Ceremony
  ◦ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
◆ Activity: Using the Power of Advertising
  ◦ Explain to girls that they'll be presenting their Red Robin Project at the next meeting to our friends and family or other audience you chose.
  ◦ Invite girls to create posters, bookmarks, a simple handout, or invitations to advertise their project or get an idea across about animal caring.
◆ Activity: Practicing the Red Robin Project
  ◦ This time is allotted for a quick run through so all girls know what she will say and what she will do. Refer to page 91 in adult guide to guide girls through the practice.
  ◦ Assist the girls with their lines from the script on page 81 in adult guide. Make sure you have answered any questions the girls may have before they leave.
◆ Snack Time (optional)
◆ Clean Up
◆ Closing Ceremony
  ◦ Remind girls that in their next gathering, they will share their knowledge about animal care with an audience. Let them know that you're looking forward to their next gathering.

◆ *Plan Ahead for Session 9*
  ◦ Next meeting the girls will present their Red Robin Project. You may want to check with your network volunteers for any last-minute assistance, including rounding up postcard materials, markers, pens, pencils if needed, enough for each audience member to make one postcard.
Session 9- Teaching Others with Confidence

Goal: Girls educate and inspire others on animal care, building their own confidence along the way.

Meeting 20

Supplies and Resources
✔ 3 Cheers girls journey book
✔ 3 Cheers adult guide
✔ CD Player and music
✔ All materials and equipment for presentation
✔ Red Robin Award, one for each girl

Meeting Outline
◆ Opening Ceremony
  ○ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
  ○ Invite girls to display their All About Me Nests so the audience can view them after their Red Robin Project presentation.
  ○ Gather girls in Daisy Circle and ask them to each to say one word to describe how they feel as they are about to present their Red Robin Project.
  ○ Let them know it takes courage and strength to speak about how to care for animals.
◆ Presentation: Red Robin Project
  ○ Have girls greet their guests as they arrive. Once the audience has settled, have girls present their “icebreaker” Animal Riddle Poem. After the audience has guessed the animal, invite announcer to introduce the Project as you’ve prepared.
  ○ Have girls take their places and say their lines as rehearsed. Then invite the girls to point the audience to the postcard making station (if you’ve decided to do one). For more details, refer to page 93 in the adult guide.
◆ Earning the Red Robin Award
  ○ Bring girls together in Daisy Circle with their guests around them. Ask girls to say one word that describes how they feel. Refer to page 94 in adult guide for more information.

◆ *Plan Ahead for Session 10 and Tula Award
  ○ Write the names of the animals the girls have met along the journey on small slips of paper to be used for the “Animal Masks” activity.
  ○ In the next session, girls will move ahead with steps toward the Tula Award, which they will earn at their final celebration. Refer to page 95 in adult guide for more information.
Session 10- Many Skills to Learn

Goal: The girls come to understand how caring for themselves and caring for animals makes them feel.

Meeting 21

Supplies and Resources

✔ 3 Cheers girls journey book
✔ 3 Cheers adult guide
✔ Picture of elephant
✔ Art materials (construction paper, markers, crayons, glue and assorted crafts
✔ Team Animal Mural
✔ Bingo cards, one for each girls (photocopied from page 99 in adult guide)
✔ Five buttons or bingo markers per girl
✔ Healthy snack: Many Colored, Wild Parrot Vegetables and Dip

Meeting Outline

◆ Opening Ceremony
  ○ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
◆ Activity: Animals Around the World (Elephant- Kenya, South Africa, Thailand, India)
  ○ In Daisy circle, invite each girl to share what she has added to her All About Me nest.
  ○ Inform girls that in today's story, they'll hear about how Mari tells about her trip to Africa.
    Go into explanation about how the elephant is the national animal of Kenya, South Africa,
    Thailand and India.
  ○ Show the girls a picture of an elephant and share some interesting fact while they place an
    elephant on the Team Animal Mural. For more information, refer to page 97 in adult guide.
◆ Story Time: “Mari's Story- Rumbles and Roars”
  ○ Read, or have girls take turns reading, pages 55-61 in their books. Refer to page 98 in adult
    guide to guide girls in a discussion about what you just read.
◆ Snack Time: Many-Colored, Wild Parrot Vegetables and Dip
  ○ Refer to page 98 in the adult guide for more information.
◆ Clean Up
◆ Closing Ceremony
  ○ Friendship Circle/ Squeeze or Song
Meeting 22
Supplies and Resources

✔️ 3 Cheers girls journey book
✔️ 3 Cheers adult guide
✔️ A simple obstacle maze
✔️ Slip of paper (with animal names, two for each girl)
✔️ Small container for holding paper slips
✔️ Art materials (paper plates, craft sticks, glue, other assorted craft materials)
✔️ Slips of paper with each girls name on it
✔️ Healthy Snack (optional)

Meeting Outline

◆ Opening Ceremony
  ○ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
◆ Activity: Elephant Parade
  ○ Have girls link arms, just like elephants link tails. Each girl will take turns leading the group through the simple maze of obstacles that you've set up.
  ○ After each girl has had a chance to be leader, discuss the experience. After the discussion, explain to the girls that next time they meet, will be to celebrate the end of their journey and to earn their Tula Award. They will each need to tell their story of how they felt when they taught others about caring for animals with their Red Robin Project. Refer to page 100 in adult guide for more information.
◆ Activity: Animal Masks and Celebration Invitations
  ○ Remind girls of the many animals Mari saw in Africa. Point out the various sizes, shapes, color, movements and more of the animals they have talked about throughout the journey.
  ○ Refer to page 101 in adult guide for instructions for this activity.
  ○ Let girls make invitations for the Celebration.
◆ Preparation for Tula Award and Celebration
  ○ Invite girls to volunteer to take a lead role in the presentations at their upcoming journey celebration. If more than three girls volunteer, put their names in a hat or bowl and choose. Look to page 102 in adult guide for assistance in planning event.
◆ Snack Time (optional)
◆ Clean Up
◆ Closing Ceremony: Caring for Animals Makes Me Feel.....
  ○ In Daisy Circle, remind girls that at their next meeting they will share with their families how educating and inspiring others to care for animals has made them feel.
  ○ They will also make a promise to continue caring for animals, so take this time to practice what they are going to say. For more information, refer to page 103 in adult guide.
  ○ Friendship Circle/ Squeeze or Song

◆ Plan Ahead for Final Celebration
  ○ Continue to reach out to your network for assistance with any aspect of the journey celebration. Refer to page 103 in adult guide.
The Final Celebration- Celebrate our Learning

Goal: Daisies celebrate what they’ve learned and their growing confidence in caring for animals and themselves.

Celebration

Supplies and Resources
✔ 3 Cheers girls journey book
✔ 3 Cheers adult guide
✔ Girl Scout Promise and Law Poster
✔ Camera (if you plan to take photos)
✔ Slips of paper (each with animal the girls have met along the journey)
✔ Small bowl or container
✔ Team Animal Mural
✔ Markers or crayons
✔ Decorations for celebration
✔ Tula Awards, one for each girl
✔ Celebration Snack

Meeting Outline
◆ Opening Ceremony: Animals Around the World
  ○ Flag ceremony, recite Girl Scout Promise and/or Law, or song (let girls choose)
  ○ Girls form a circle and ask their guest to form a circle around them. Ask the girls to say the Girl Scout Promise and have them repeat it and invite guests to read it from large sheet of paper. For more details, refer to pages 104 and 105 in adult guide.
◆ Activity: Animal Riddle Icebreaker
  ○ Keep guests in circle; explain to them that during this journey the girls have been learning facts about animals from around the world.
  ○ Have guests pull names, at random, or different animals and have them imitate it in some way (in sound or movement), if guest are stumped, have girl jump in to assist. For more information, refer to page 106 in adult guide.
◆ Story Time: “Back In The Garden- Home, Sweet Home”
  ○ Read, or invite a guest or two to read the final section of the girls book, pages 65-71.Encourage the girls to discuss the story by asking questions, you may even ask family members a few questions.
◆ Presenting the Tula Award
  ○ Have girls line up near the maze. Invite girl playing the lead “elephant” to direct her sister Daisies and their guests through the maze. Once they're through, have the girls invite the guests to sit down or gather around the Team Animal Mural.
  ○ After the introduction, have each girl step forward to give her animal performance and ask, “Can you guess who I am?” Once the audience has guessed, the girl will say how caring for animals makes her feel. For more details, refer to page 107 in adult guide.
◆ Snack Time: Celebration Snack
  ○ Now its time to enjoy animal-themed snacks that have been prepared.

◆ Closing Ceremony: The Journey's End
  ○ To conclude this special celebration, and the journey, ask the girls to come together once more in a Friendship Circle. As with the opening ceremony, invite guest to form an outer circle around the girls. For more details, refer to page 108 in the adult guide.
Between Earth and Sky Activity Plan
The Blue Bucket Award

**Purpose:** When girls have earned this award, they’ll be aware of their feelings and the feelings of those around them. Girls will also develop good relationship skills, resolve conflicts and be considerate and caring to others.

**Activity Plan Length:** 1.5 hours

**Girls Take the Lead:** While earning this award, there are many ways for girls to be leaders. These can be done by a small group or by individuals.

➢ **Journey Buddies:**
  - Before the meeting, talk to girls about the activities. Have buddies decide what they want to try or ask them if they want to try something different.
  - Buddies can assist adults with prep needed for activities.
  - During the meeting, they can help lead other girls though the activities. They should make sure everyone has what they need and feels included.

➢ **Food Friends:**
  - Talk to girls about what the snack will be and how they can help with it.

**Customize It:** If your group wants to expand work on this award or simply try different activities, go for it! There are many ways to complete this award, including: completing the activities as listed in the *Between Earth and Sky* Journey, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the Blue Bucket Award if:
  - They can communicate their feelings.
  - They take part in role-playing activities that encourage them to resolve conflicts, negotiate, and be considerate and caring to others.

Girls can continue their *Between Earth and Sky* Journey by earning the remaining awards: The Firefly Award and The Clover Award.

**Tips and Tools:**
- Check out ways to stay safe using Safety-Wise Checkpoints
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made.

**Resources:**
- This activity plan has been adapted from *It’s Your Planet—Love It! Between Earth and Sky*, which can be used for additional information and activities.
Getting Started

Time Allotment: 15 minutes

Materials Needed:
➢ Optional: Girl Scout Promise and Law printed out on poster board

Steps:
1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.
3. Sing the Girl Scout Daisy Song. Use repeat-after-me or sing as a group if girls know it by heart.

Activity #1: Role-Play

Journey Connection: Sessions 1, 2 and 3—Role-Play
Petal Connection: Considerate and Caring (Spring Green Petal) and Be a Sister to Every Girl Scout (Violet Petal)

Time Allotment: 20 minutes

Steps:
1. Split the girls into three groups. Give each group one of the following scenarios. Each group will work on a role-play for their scenario.
   • Scenario 1: It has been raining all morning, but the rain has now stopped. You are at a friend’s house and you are deciding what to do. One of you wants to stay indoors and draw pictures. The rest of you want to go outdoors and splash in the puddles. No one will change their minds, but you all want to play together. What do you do?
   • Scenario 2: Your Girl Scout troop is going on a field trip just for Girl Scouts at the local zoo. You are all excited to see the animals and exhibits and try out activities with your friends. When you arrive, you notice that there is a Girl Scout who looks lonely. You find out that she came without her troop and doesn’t have anyone to complete the activities with her. What do you do?
   • Scenario 3: You are jumping rope with some friends at the park. A friend walks over and asks to join. One of you says, “I don’t want her to play with us. Her shirt is ugly. She needs to go away.” The rest of you notice that your friend’s feelings have been hurt. What do you do?
2. Give the girls a few minutes to work on their role-play.
3. Have each group perform their role-play. Briefly discuss each scenario after each group has had a turn, using the questions below as a guide.
   • What feelings did you see in the role-plays?
   • Did you notice anything that reminded you of the Girl Scout Law?
   • How can you be “considerate and caring” to others?
   • How can you “be a sister to every Girl Scout” and others?
Activity #2: Bucket of Feelings

Journey Connection: Session 1—How We’re Feeling
Time Allotment: 15 minutes

Prep Needed:
• Gather materials and supplies.
Materials Needed:
• Bucket
• Slips of paper
• Writing utensils

Steps:
1. Invite the girls to make a circle. Have each girl share how she is feeling. She can use words or motions to show a feeling. Explain that there are many types of feelings and sometimes you may experience multiple feelings at once!
2. As a group, brainstorm different types of feelings.
3. As you brainstorm, write the feelings on slips of paper and place them into the bucket.

Activity #3: Flower Power

Journey Connection: Session 3—Science Time: How Plants Drink and Eat
Time Allotment: 15 minutes

Prep Needed:
• Gather materials and supplies.
• Make copies of the Plant Parts worksheet (one per girl)
Materials Needed:
• Plant Parts worksheet
• Coloring utensils

Steps:
1. If the girls brainstormed “hungry” or “thirsty” in the last activity, tell them that flowers and plants get thirsty too. Explain to the girls that plants “eat” through their roots. Water travels up the root system, up the stem, and finally to the leaves and petals.
   2. Pass out the Plant Parts worksheet. Have girls complete the worksheet and color the flower.

Activity #4: Snack Chat

Journey Connection: Questions link to Between Earth and Sky
Time Allotment: 10 minutes

Steps:
1. While enjoying a healthy snack of your choice, here are some things to discuss:
   • What do you like to do when you are happy? Sad? Angry?
   • How does it feel when you and a friend are happy and agree on a game to play?
   • How can you show you are considerate and caring to your family?
   • Did you learn something new today? If so, what?
   • How does it feel to learn something new?
Wrapping Up

Time Allotment: 15 minutes
Materials Needed:
• Optional: Make New Friends printed on poster board

Steps:
1. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
2. Sing “Make New Friends.”
3. After the song, ask everyone to be quiet.
4. One of today’s Journey Buddies should start the friendship squeeze by gently squeezing her neighbor’s hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the Journey Buddy who started, she says, “Goodbye Sister Girl Scouts” and the girls unwrap and face outward instead of inward.
5. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

More to Explore
• Field Trip Ideas:
  o Go to a movie or play and discuss whether or not you saw characters being considerate and caring or addressing conflict and compromise.
  o Do a service project and talk about how it feels to help others.
• Speaker Ideas:
  o Invite family members to your meeting to do the activities with you.
  o Invite a school counselor to your meeting to talk about expressing feelings.

Family Follow-Up Email
Use the email on the next page as a template to let families know what you did at the meeting today. Feel free to add additional information, including:
• When and where you will be meeting next
• What activities you will do at the next meeting
• Family help or assistance that is needed
• Supplies or materials that girls will need to bring to the next meeting
• Reminders about important dates and upcoming activities
Hello Girl Scout Families:
We had a wonderful time today discovering our feelings and have earned the Blue Bucket Award.

We had fun:
• Role-playing scenes showing how to be considerate and caring and how to resolve conflicts with friends
• Creating a bucket of feelings
• Learning about the parts of a flower

Continue the fun at home:
• Talk to your Girl Scout about her feelings and emotions.
• Water a wilted plant and watch what happens.
• Look at the *Between Earth and Sky* Journey book and read about the adventures of the flower friends.

Thank you for bringing your Daisy to Girl Scouts!
Daisy Between Earth and Sky Activity Plan
The Firefly Award

Purpose: When girls have earned this award, they’ll be able to recognize and develop their individual skills and educate and inspire others about one of them.

Activity Plan Length: 1.5 hours

Girls Take the Lead: While earning this award, there are many ways for girls to be leaders. These can be done by a small group or by individuals.

• Journey Buddies:
  o Before the meeting, talk to girls about the activities. Have buddies decide what they want to try or ask them if they want to try something different.
  o Buddies can assist adults with prep needed for activities.
  o During the meeting, they can help lead other girls though the activities. They should make sure everyone has what they need and feels included.

• Food Friends:
  o Talk to girls about what the snack will be and how they can help with it.

Customize It: If your group wants to expand work on this award or simply try different activities, go for it! There are many ways to complete this award, including: completing the activities as listed in the Between Earth and Sky Journey, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the Firefly Award if:

• They think about and talk about their own skills and the skills of their sister Daisies
• They choose a skill to teach others, either at home or in their community

Girls can continue their Between Earth and Sky Journey by earning the remaining awards: The Blue Bucket Award and The Clover Award.

Tips and Tools:
• Check out ways to stay safe using Safety-Wise at Checkpoints
• Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made.
• Meet together in a circle because everyone feels included in a circle.

Resources:
• This activity plan has been adapted from the It's Your Planet—Love It! Between Earth and Sky, which can be used for additional information and activities.
Getting Started

**Time Allotment:** 15 minutes

**Materials Needed:**
- Optional: Girl Scout Promise and Law printed out on poster board

**Steps:**
1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.
3. Sing the Girl Scout Daisy Song. Use repeat-after-me or sing as a group if girls know it by heart.

**Activity #1:** A Circle of Skills

**Journey Connection:** Session 4—Closing Ceremony: I think your special skill is…

**Time Allotment:** 10 minutes

**Steps:**
1. Ask the girls to form a Daisy Circle.
2. Go around the circle and have everyone name a special skill that the girl to her right has. Take turns going around the circle until everyone has had a chance to share.
3. Here are a few examples if girls get stuck:
   - I think Annie is great at drawing.
   - I think Nina is kind to everyone.
   - I think Isabelle is good at following directions.
   - I think Katie is good at the monkey bars.

**Activity #2:** Seed Art

**Journey Connection:** Session 4—So Many Seeds

**Time Allotment:** 25 minutes

**Prep Needed:**
- Gather materials and supplies.

**Materials Needed:**
- Various seeds
- Cups or trays (to place seeds in)
- Construction paper
- Glue (not glue sticks)
- Optional: Computer and internet access

**Steps:**
1. Explain to the girls that today they will learn a new skill. Gather the girls to look at the seeds. Discuss what types of seeds they are and notice the different shapes, sizes, colors, etc.
2. Some artists make art out of seeds! This style is called Crop Art. Today, girls get to make their own
3. Girls can create a picture or design by gluing seeds onto their paper.
4. Optional: Go online to look up “seed art” and view images of artwork made from seeds.

**Activity #3: Our Active Skills**

**Journey Connection:** Session 6—Opening Ceremony: Making the most of our special skills
**Petal Connection:** Courageous and Strong (Red Petal)

**Time Allotment:** 15 minutes
**Prep Needed:**
- Gather materials and supplies.

**Materials Needed:**
- Optional: Jump rope, basketball, etc. for demonstrating skills

**Steps:**
1. Gather the girls to sit as a group. Explain to the girls that now they will each have a chance to share one of their own skills with the group. The skill they share must be an example of a way to be active. Ideas:
   - Hop on one foot
   - Dribble a basketball
   - Run really fast
   - Skip
   - Jump rope
2. Give each girl the opportunity to stand up in front of the group and share her skill.
3. As each girl shares her skill, have the rest of the group stand up and try it along with her. It is fun to teach or share our skills with friends!

**Activity #4: Snack Chat**

**Journey Connection:** Questions link to *Between Earth and Sky*
**Time Allotment:** 10 minutes

**Steps:**
1. While enjoying a healthy snack of your choice, here are some things to talk about:
   - What skills do you want to learn?
   - What special skills are you good at?
   - School can be a special skill. What is your favorite subject in school?
   - How can you teach others your special skills?
   - What skills have you learned from others, such as your family, teachers or coaches?
Wrapping Up

Time Allotment: 15 minutes

Materials Needed:
• Optional: Make New Friends printed on poster board

Steps:
1. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
2. Sing “Make New Friends.”
3. After the song, ask everyone to be quiet.
4. One of today’s Journey Buddies should start the friendship squeeze by gently squeezing her neighbor’s hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the Journey Buddy who started, she says “Goodbye Sister Girl Scouts” and the girls unwrap and face outward instead of inward.
5. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

More to Explore
• Field Trip Ideas:
  o Go to a farm or garden center to learn about seeds.
  o Learn a new skill at a council-sponsored event.
• Speaker Ideas:
  o Invite a crop artist to talk to your girls about making art with seeds.
  o Invite family members or friends to share their special skills and talents with the troop.

Family Follow-Up Email
Use the email below as a template to let families know what you did at the meeting today. Feel free to add additional information, including:
• When and where you will be meeting next
• What activities you will do at the next meeting
• Family help or assistance that is needed
• Supplies or materials that girls will need to bring to the next meeting
• Reminders about important dates and upcoming activities
Hello Girl Scout Families:
We had a wonderful time today discovering our feelings and we are on our way to earning the Firefly Award.

We had fun:
• Discovering our own skills and the skills of our sister Daisies
• Learning about seeds and making our own seed art

Continue the fun at home:
• Have your Girl Scout share her seed art creation and describe how she made it.*
• Have your Girl Scout share a special skill she has with her family.*
• Share your special skills and talents with your Girl Scout.
• Explore a new skill or talent together.
• Look at the Between Earth and Sky Journey Book and read about the adventures of the flower friends.
*Please complete one of these steps to help your Girl Scout earn the Firefly Award.

Thank you for bringing your Daisy to Girl Scouts!
Daisy 5 Flowers, 4 Stories, 3 Cheers for Animals! Activity Plan

Birdbath Award

Purpose: When girls have earned this award, they will be able to say “Animals need care; I need care. I can do both.”

Activity Plan Length: 1.5 hours

Girls Take the Lead: While earning this award, there are many ways for girls to be leaders. These can be done by a small group or by individuals.

➢ Journey Buddies:
  ○ Before the meeting, talk to girls about the activities. Have buddies decide what they want to try or ask them if they want to try something different.
  ○ Buddies can assist adults with prep needed for activities.
  ○ During the meeting, they can help lead other girls through the activities. They should make sure everyone has what they need and feels included.

➢ Food Friends:
  ○ Talk to girls about what the snack will be and how they can help with it.

Customize It: If your group wants to expand work on this award or simply try different activities, go for it! There are many ways to complete this award, including: completing the activities as listed in the 5 Flowers, 4 Stories, 3 Cheers for Animals! Journey, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the Birdbath Award if:

➢ They can name one way they care for animals
➢ They can name one way they can care for themselves
➢ They talk about how important it is for animals and people to be cared for

Girls can continue their 5 Flowers, 4 Stories, 3 Cheers for Animals! Journey by earning the remaining awards: the Red Robin Award and the Tula Award.

Tips and Tools:

➢ Check out ways to stay safe using Safety-Wise checkpoints.
➢ Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made.

Resources:

➢ This activity plan has been adapted from It’s Your Story—Tell It! 5 Flowers, 4 Stories, 3 Cheers for Animals!, which can be used for additional information and activities.
➢ Important snack note: Please check with parents and girls to see if they have any food allergies. The snack activity calls for peanut butter or a dairy product. Ask parents for alternative options that will work for the activity, if needed.
Getting Started

Time Allotment: 15 minutes

Materials Needed:
• Optional: Girl Scout Promise and Law printed out on poster board

Steps:
1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.
3. Sing the Girl Scout Daisy Song. Use repeat-after-me or sing as a group if girls know it by heart.

Activity #1: Unique Animals

Journey Connection: Session 4—Fantastical Animals Flip Book

Time Allotment: 15 minutes

Prep Needed:
➢ Gather materials and supplies.
➢ Create list of animal body parts (head, arm, leg, ears, tail, ears, feet) on individual small sheets of paper.

Materials Needed:
➢ Note cards
➢ Coloring utensils
➢ Tape
➢ List of animal body parts on sheets of paper

Steps:
1. Ask the girls the questions below.
   • What animals have you seen near where you live?
   • What is the most unusual animal you’ve ever seen? Where did you see it? What did it look like?
   After the girls answer, explain how there are lots of unique, different animals just like people are unique and different.
2. Split the girls into teams, hand out note cards and assign 1–2 animal body parts per girl (depending on the number of girls per group). Instruct girls not to talk to each other and to draw the body part they have on the note card for an animal, real or imaginary.
3. After girls have finished their drawings, have them work as a team to tape the different animal body parts together to create a totally unique animal friend.
4. Explain to girls that just like the imaginary animal friends they created, real animals—including people—are unique.
5. Explain how animals all have unique body parts that help them live and survive. Use the list below to give examples of animal traits and compare them to humans.

<table>
<thead>
<tr>
<th>Animal Adaptation</th>
<th>What it Does</th>
<th>Human Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sharp teeth</td>
<td>Cut and rip food</td>
<td>Knife and fork</td>
</tr>
<tr>
<td>Digging claws (aardvark, bears)</td>
<td>Helps dig</td>
<td>Shovel</td>
</tr>
<tr>
<td>Thick fur</td>
<td>Keeps warm</td>
<td>Fluffy coat</td>
</tr>
<tr>
<td>Penguin feathers</td>
<td>Keeps dry and warm under water</td>
<td>Wet suit</td>
</tr>
<tr>
<td>Pointed bird beak (robin)</td>
<td>Grab things in small spaces</td>
<td>Tweezers</td>
</tr>
<tr>
<td>Polar bear feet</td>
<td>Spread out weight so they don’t sink in snow</td>
<td>Snow shoes</td>
</tr>
<tr>
<td>Big eyes</td>
<td>See well in the dark</td>
<td>Night vision goggles</td>
</tr>
<tr>
<td>Large ears (like rabbit)</td>
<td>Helps hear better</td>
<td>Hearing aid</td>
</tr>
<tr>
<td>Foot pads</td>
<td>Protects feet</td>
<td>Shoes</td>
</tr>
<tr>
<td>Spots-stripes</td>
<td>Help blend with environment</td>
<td>Camouflage</td>
</tr>
<tr>
<td>Rough fur (sloth)</td>
<td>Repels moisture</td>
<td>Rain coat</td>
</tr>
<tr>
<td>Pouch</td>
<td>Holds baby with you</td>
<td>Stroller, baby carrier</td>
</tr>
<tr>
<td>Webbed feet/fins</td>
<td>Helps swim</td>
<td>Swim fins</td>
</tr>
<tr>
<td>Thick skin (elephant, rhino)</td>
<td>Protects body</td>
<td>Armor</td>
</tr>
<tr>
<td>Elephant ears</td>
<td>Cools body</td>
<td>Fan</td>
</tr>
<tr>
<td>Wings</td>
<td>Fly</td>
<td>Airplanes, gliders, etc.</td>
</tr>
<tr>
<td>Hard shell/scales</td>
<td>Protects body</td>
<td>Helmet, pads</td>
</tr>
<tr>
<td>Claws</td>
<td>Helps climb</td>
<td>Grappling hook, other climbing gear</td>
</tr>
<tr>
<td>Light body/fur color</td>
<td>Reflects sun to keep cool</td>
<td>Light colored clothing in summer</td>
</tr>
</tbody>
</table>

**Activity #2: Animals Can Talk Too!**

**Journey Connection:** Session 2—Caring That Counts: Animals Safe and Sound  
**Petal Connection:** Courageous and Strong (Red Petal)  
**Time Allotment:** 15 minutes

**Steps:**
1. Tell girls that animals have special tools to help them live and they also have special ways to talk. Every animal has its own way of communicating, just as humans have their way.
2. Invite girls to brainstorm ways that people communicate. Ask how they might show they are happy or sad, how they communicate with their family and how they communicate with someone that cannot hear.

3. Point out that since animals can’t talk like people, they use sounds and actions to communicate. Then, ask girls to brainstorm animal sounds they’ve heard and ask them to imitate those sounds.

4. Tell the girls that just like animals, we use our voices to communicate. We talk to share ideas and express how we feel. Explain how we not only use our voices but our bodies to communicate every day as well.

5. Separate the girls into small groups and have each girl take a turn “saying” something to the rest of the group by using only her body and not any words. Have girls tell the group something by how they stand, sit, or walk or by an expression on their face and have the rest of the group guess what that girl is trying to “say”.

6. After all the girls in each group have had a turn, have them talk about how their “body language” can sometimes actually change the way they feel. Point out that sometimes, if they act a certain way, such as dragging their feet or slumping their shoulders, they might actually feel more tired or sad. And sometimes, just smiling and laughing can make everyone feel better.

Activity #3: Incredible, Edible Nests Snack

Journey Connection: Session 2—Caring That Counts

Petal Connection: Friendly and Helpful (Yellow Petal)

Time Allotment: 15 minutes

Prep Needed:
- Gather materials and supplies.
- Shred raw carrots (1/2 cup per girl).
- Make sample nest to show girls.

Materials Needed:
- 8 oz. plastic cups or small plastic bowls
- Plastic spoons/forks
- Raw carrots
- Pretzel sticks
- Peanut butter, cottage cheese, hummus, or plain yogurt (1/4 cup-1/2 cup per girl)
- Water or other beverage
- Napkins
- Hand sanitizer or instruct girls to wash their hands

Steps:
1. Ask the girls if they know what basic needs every person has (i.e. food, shelter, care). Then compare those needs to that of animals and how animals get those needs met. Example: Rabbits get food from plants, shelter from the ground and plants, and care from one another or a human friend.
2. Ask the girls about what animals they know live in nests. After girls share, tell them they will be making a nest of their own—to eat!
3. Mix carrots with peanut butter or other binding food listed above.
4. Shape mixture into cup and cover with pretzel sticks to make it look like a nest. Enjoy!
5. While enjoying snack, here are some things for girls to talk about:
   • What can you do to help the animals around you?
   • What can you do to help the people around you?

Activity #4: Fly Little Bird!

Journey Connection: Session 2—Tail Tales
Time Allotment: 10 minutes

Prep Needed:
➢ Gather materials and supplies.

Materials Needed:
➢ Different colored party streamers
➢ Different types of music (CD, MP3, etc.)
➢ Music player (CD player or other electronic device like iPod, radio or computer)

Steps:
1. Tell the girls that they are going to pretend to be a bird so they can spread their wings and “fly” like a robin.
2. Give each girl two long strips of streamers and have them practice flapping their wings and making shapes like circles with their arms.
3. Start playing music and tell the girls to “fly, fly away!” by dancing, jumping, and moving around the room to the rhythm of the music.
4. Change the song or music every minute and encourage the girls to move differently than they were before. You can also call out a different bird for them to act like, such as a chicken, penguin, or a duck.

Wrapping Up

Time Allotment: 15 minutes

Materials Needed:
• Optional: Make New Friends printed on poster board

Steps:
1. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
2. Sing “Make New Friends.”
3. After the song, ask everyone to be quiet.
4. One of today’s Journey Buddies should start the friendship squeeze by gently squeezing her neighbor’s hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the Journey Buddy who started, she says “Goodbye Sister Girl Scouts” and the girls unwrap and face outward instead of inward.
5. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

More to Explore

➢ Field Trip Ideas
  ○ Visit the local Animal Humane Society, zoo, or a farm to talk to an expert about animals needs and how we can care for them.

➢ Speaker Ideas
  ○ Invite someone to bring their uncommon pet and to talk more about how they care for them.
  ○ Invite an animal expert or educator to come talk more about animals and how they have similar needs that humans have.

Family Follow Up-Email

Use the email below as a template to let families know what you did at the meeting today. Feel free to add additional information, including:

➢ When and where you will be meeting next
➢ What activities you will do at the next meeting
➢ Family help or assistance that is needed
➢ Supplies or materials that girls will need to bring to the next meeting
➢ Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today exploring how animals and people have similar traits and needs and have earned the 5 Flowers, 4 Stories, 3 Cheers for Animals! Journey Birdbath Award.

We had fun:

➢ Learning how animals have their own way of communicating by imitating their sounds
➢ Exploring how animals and humans have unique traits to help them survive by creating our own imaginary animal
➢ Creating and eating our very own nests to learn about the need for a home or shelter

Continue the fun at home:

➢ If you have a pet, work with your girl to determine your pet’s needs and how they are unique.
➢ Ask your girl how she can care for animals and herself.
➢ Look at the 5 Flowers, 4 Stories, 3 Cheers for Animals Journey Book and learn about the adventures of the Flower Friends in “The First Stories” chapter.

Thank you for bringing your Daisy to Girl Scouts!
Daisy 5 Flowers, 4 Stories, 3 Cheers for Animals! Activity Plan
Red Robin Award

Purpose: When girls have earned this award, they’ll see how they can use their knowledge and creativity to teach others how to care for animals.

Activity Plan Length: 1.5 hours

Girls Take the Lead: While earning this award, there are many ways for each girl to be leaders. These can be done by a small group or by individuals.

➢ Journey Buddies:
  ○ Before the meeting, talk to girls about the activities. Have buddies decide what they want to try or ask them if they want to try something different.
  ○ Buddies can assist adults with prep needed for activities.
  ○ During the meeting, they can help lead other girls though the activities. They should make sure everyone has what they need and feels included.

➢ Food Friends:
  ○ Talk to girls about what the snack will be and how they can help with it.

Customize It: If your group wants to expand work on this award or simply try different activities, go for it! There are many ways to complete this award, including: completing the activities as listed in the 5 Flowers, 4 Stories, 3 Cheers for Animals! Journey, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the Red Robin Award if:

➢ They can determine the needs of animals
➢ They can educate others on how to care for the needs of animals
➢ They can focus on specific animal needs in their community

Girls can continue their 5 Flowers, 4 Stories, 3Cheers for Animals! Journey by earning the Tula Award.

Tips and Tools:

➢ Check out ways to stay safe using Safety-Wise Checkpoints
➢ Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made.
➢ Create a safe space for girls by welcoming each girl fully to every meeting.

Resources:

➢ For Activity #4: Animal Stories, visit the following website for animal craft ideas: www.notimeforflashcards.com/2012/05/easy-animal-crafts-for-kids.html
➢ This activity plan has been adapted from It’s Your Story—Tell It! 5 Flowers, 4 Stories, 3 Cheers for Animals!, which can be used for additional information and activities.
➢ Important snack note: Please check with parents and girls to see if they have any food allergies. The snack activity calls for peanut butter or another topping. Ask parents for alternative options that will work for the activity, if needed.
Getting Started

**Time Allotment:** 15 minutes

**Materials Needed:**
- Optional: Girl Scout Promise and Law printed out on poster board

**Steps:**
1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.
3. Sing the Girl Scout Daisy Song. Use repeat-after-me or sing as a group if girls know it by heart.

**Activity #1: Caring for Others**

**Journey Connection:** Session 6—Comparing the Caring

**Petal Connection:** Respect for myself and others (Purple Petal)

**Time Allotment:** 10 minutes

**Prep Needed:**
- Gather materials and supplies.
- Create a poster or checklist that is split down the middle with one side saying “Daisies” and the other side “Animals”.

**Materials Needed:**
- Poster board or large writing space
- Writing utensils

**Steps:**
1. Explain to the girls that taking care of animals can certainly be fun, but only if we know how to keep ourselves safe.
   - Animals are not people, so they can’t talk to us about their needs.
   - Instead, they might bite or scratch as a way to tell us they are not happy or are frightened.
   - When caring for animals, knowing how to be safe around them is very important.
2. Ask the girls how they can keep themselves safe around animals and write their ideas on the “Daisies” side of the chart.
   - What should you do to stay safe when you are playing with a cat or dog?
   - How should you act around squirrels or chipmunks or other animals you might see in a park?
   - Suppose you’re in a dog park. How should you act towards the pets there?
3. Then ask the girls how they might be able to care for animals and keep them safe on the “Animals” side of the chart. You can also ask the girls how animals can receive better care in their community and write their ideas.
   - What does our community need to make life better for animals?
   - How can we, as Daisies, help with making these things better?
   - How can we care for stray or homeless cats or dogs that we might see in our community?
   - Why should people adopt pets from a shelter in our community?
   - What wild animals in our community need our care, and how can we care for them?
Activity #2: Rest!

Journey Connection: Session 7—Inspired by Animals
Time Allotment: 10 minutes

Prep Needed:
➢ Gather materials and supplies.

Materials Needed:
➢ Optional: Calming music or sounds of nature music
➢ Optional: Music playing device

Steps:
1. Both humans and animals need rest. All creatures need rest! Ask the girls to brainstorm some ways that animals rest and relax. What do they do to rest and relax?
2. Tell the girls that now they will all take some time to rest and relax with yoga. Japanese Garden Yoga
   • The Butterfly: Sitting down, press the bottoms of your feet together. Keep your back straight. Now, gently rock your knees up and down, just like butterfly wings!
   • The Turtle: Curl up on the floor. Tuck your knees under your tummy. Round your back as if you were a turtle in its shell. Slowly stretch one arm forward, then slowly bring it back. Repeat with one arm at a time, then one leg at a time. Stretch your neck, too.
   • The Crane: Stand on both feet, keeping both knees facing straight ahead. Lift one leg, touching your foot to your knee. To balance, put your arms out just like wings. This may take some practice!

Activity #3: Apple Ladybugs Snack

Journey Connection: Session 2—Caring That Counts
Time Allotment: 15 minutes

Prep Needed:
➢ Gather materials and supplies.
➢ Cut apples.

Materials Needed:
➢ Paper plates
➢ Plastic spoons/forks
➢ Apples (1 apple for every 2 girls—cut in halves from top to bottom)
➢ Pretzel sticks
➢ Peanut butter, Greek yogurt or other choice of topping
➢ Raisins
➢ Water or other beverage
➢ Napkins
➢ Hand sanitizer or instruct girls to wash their hands
Steps:
1. Give girls one half of an apple and have them place the apple flat side down on the plate.
2. Ask the girls to dab some peanut butter or other topping on the skin side of the apple halves and then put raisins on those spots.
3. Use the pretzel sticks to make antennae by putting one end of the pretzel stick into a raisin, then pressing the other end into the apple.
4. Enjoy your ladybugs!

Activity #4: Animal Stories

Journey Connection: Session 6—A Postcard is Worth a Thousand Words
Petal Connection: Make the World a Better Place (Rose Petal)

Time Allotment: 25 minutes
Prep Needed:
- Gather materials and supplies.
- Optional: Review website for craft ideas (see Resources section above for details).

Materials Needed:
- Paper plates (large and/or small)
- Coloring utensils
- Stickers, googly eyes and other decorative craft supplies
- Construction paper
- Popsicle sticks
- Tape and/or glue
- Scissors

Steps:
1. This activity can be done in small groups or one large group. Talk to the girls about how they now have the knowledge of how to care for animals and themselves and they can share it with others. Tell them that they are going to create a story to tell their friends and family about an animal or a group of animals that need to be cared for and how others will care for them. The girls can create their own story of real or imaginary characters or you can give them a situation to work from.
   • Situation ideas: A baby animal can’t find their mommy or daddy; an animal lost their home or needs a new one; an animal is sick or hurt; a neighbor is going out of town and needs someone to take care of their pet; an animal got lost and can’t find their way home; there is an endangered species that need to be saved.
2. Spend about 10 minutes creating the story and then ask the girls to create their characters with the craft supplies. Girls can make masks if they want to act it out or draw the scenes to bring their story to life.
3. Put all the scenes together to make a storyboard or mural, or have the girls act out the story.
Wrapping Up

Time Allotment: 15 minutes
Materials Needed:
  ➢ Optional: Make New Friends printed on poster board

Steps:
1. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
2. Sing “Make New Friends.”
3. After the song, ask everyone to be quiet.
4. One of today’s Journey Buddies should start the friendship squeeze by gently squeezing her neighbor’s hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the Journey Buddy who started, she says “Goodbye Sister Girl Scouts” and the girls unwrap and face outward instead of inward.
5. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

More to Explore
  ➢ Field Trip Ideas
    ○ Visit the local Animal Humane Society, zoo or a farm to talk to an expert about animals needs.
    ○ Take a nature walk around the block and have girls identify the sights and sounds of the animals around them and see if they find ways that animals take care of themselves.
  ➢ Speaker Ideas
    ○ Invite an animal expert or educator to come talk more about animals and how people can care for them.

Family Follow-Up Email
Use the email below as a template to let families know what you did at the meeting today. Feel free to add additional information, including:
  ➢ When and where you will be meeting next
  ➢ What activities you will do at the next meeting
  ➢ Family help or assistance that is needed
  ➢ Supplies or materials that girls will need to bring to the next meeting
  ➢ Reminders about important dates and upcoming activities
Hello Girl Scout Families:
We had a wonderful time today exploring how we can care for animals and ourselves and are on our way to earning the *5 Flowers, 4 Stories, 3 Cheers for Animals!* Journey Red Robin Award.

We had fun:
- Discovering the types of needs animals and Daisies have and how we both are cared for.
- Learning a new way to rest and relax through yoga.
- Learning how to teach others about caring for animals through art and storytelling.

Continue the fun at home:
- Ask your Girl Scout about ways that the community can help animals.
- Help your Girl Scout create a poster or picture to put up at home to remind the family how important it is to care for animals and each other.
- Look at the *5 Flowers, 4 Stories, 3 Cheers for Animals* Journey Book and learn about the adventures of the Flower Friends in “Gloria’s Story.” Follow it up by doing the Japanese Garden Yoga poses with your Girl Scout.

Thank you for bringing your Daisy to Girl Scouts!