



brownies



First Year Brownie Meeting Plans



1st Year Girl Scout Brownie Meeting Plans

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Welcome to Girl Scout Brownies!

Welcome to the exciting world of Girl Scouting! Together with the girls and families in your troop, you will plan and take part in activities and challenges that will help girls gain a deeper understanding of themselves, develop healthy relationships, connect with others, and have lots of fun. Girl Scout Brownies learn to discover, connect and take action through the meetings and activities that focus on the Girl Scout Leadership Experience, as outlined in the *Brownie Quest* adult guide.

This curriculum will provide you with guidance as you plan your meetings and activities. There are many Girl Scout resources available to you and sometimes the variety can be overwhelming to coordinate. Here you will find meeting plans which utilize the Girl Scout Brownie journey book- *Brownie Quest*, Skill Building Badges, and Legacy Badges.

There are 12 possible meeting plans designed to take you through First-Time Girl Scout Brownies. You will probably have additional meetings or activities besides these and you may want to follow a similar format so there are meeting plan templates for your use in the resources section. Given that all Girl Scout activities should be girl-led, you may veer off in a different direction than these meeting plans and that's okay. These show how you can plan out the year so girls can complete the following.

- **Girl Scout journey- *Brownie Quest***
 - Discovery Key
 - Connect Key
 - Take-Action Key
 - Brownie Quest Award
- **Skill Building Badges**
- **Legacy Badges**

Throughout this outline, you will find relevance to optional activities and other resources. This outline is meant as a guide with flexibility to allow you and your girls to find creative ways to do similar things. Since there is already a guide, the plans will provide resources and page numbers to direct your attention to find out more about them. While this will entail going from these meeting plans to other materials, it will provide a way to use these other resources. They include:

- *Brownie Quest* journey book, and adult guide
- *Customize Your Journey* adult guide

Thank-you for taking the time to be an important part of the lives of our Girl Scouts!



Brownie Basics

NATIONAL PROGRAM

What Brownies Do*

**Choose a Journey
and earn the awards**

**Want to earn
more Badges? Add
the Badge sets**

**Use them all with
The Girl's Guide to
Girl Scouting**

The page features a variety of Girl Scout Brownie badges and books. At the top right, there is a collection of triangular badges including "Brownie First Aid," "Painting," "Bugs," "Smacks," "Fair Play," "Hiker," "Letterboxer," "Inventor," "Financial Literacy," "Cookie Business," "Meet My Customers," "Give Back," and "Philanthropist." Below these are several badge sets: "Brownie Quest" (Computer Expert, My Best Self, Dancer, Household Elf, My Great Day, Home Scientist), "WOW! Wonders of Water" (Potter, Senses, Hiker), and "A World of Girls" (Letterboxer, Inventor, Making Games, Pets, Making Friends). At the bottom, there are three book covers: "Brownie Quest," "WOW!," and "A World of Girls."

*Remember to add in trips, outdoor adventures, the cookie sale and more! See ideas in all the girl's books.



Girl Scout Brownie Vest



Place your first Journey awards at the bottom of your vest. As you earn additional Journey awards, work your way up!

If your Journey awards and badges don't fit on the front of your vest or sash, you can wear them on the back.

Girl Scout Brownie Sash



Place your Journey awards above your badges.



Engage Girls with a Variety of Activities

Movement Activities

Active games help build large motor skills and confidence, while letting girls “get the wiggles” out. You may want to start meetings with activities that allow girls to move and interact, particularly if they have come right from school. You can also break up times that have girls sitting for too long with some active movement.

Sit-Down Activities

Being active does not always mean moving around. It also means being part of the Brownie Circle where girls share their ideas, listen actively to others, make decisions together, and follow along in their books as stories are read. It can also mean a game where girls are so engaged that they are happy to sit quietly. Other times it means sitting at a table and working on a project. Some activities, such as cutting, coloring, and manipulating small objects, call for small motor skills. You can note how well your girls handle this. Some may get frustrated, others will rush through. Give girls praise for their efforts and do not make comparisons. Give girls time to complete and have another activity for those done fast and first. Girls who take extra time may be very capable but like to do things perfectly; some girls who rush through may actually be frustrated and want to get the activity over. They will get more capable but be aware of how much you are asking them to do. Even if they can cut out small pieces of paper, but they may get frustrated if asked to do this too much.

Literacy Activities

Engaging girls in literacy activities that improve their ability to read, write, listen, and speak, are important to their development and provide opportunities to apply things learned in school. You will have girls of all abilities so allow them to work at their own pace. Financial and career literacy (incorporated through the Cookie Program) and cultural literacy (developed through exposure to various cultures) are also important aspects of Girl Scout curriculum.

Outdoor Activities

Try to get outside if you have access to a safe playing area in order to give girls a change of pace. Exploring outdoor landscapes helps girls become aware of the natural wonders around them. Being free to move in open spaces helps coordination and promotes healthy living.

Musical Activities

Using music through song, rhythm, and home-made instruments is a good way to engage all girls but especially those who learn best through music.

Arts & Crafts Activities

Many girls like to do crafts projects and these can easily dominate your meetings if you are not careful. Try to have sample activities which allow for creative expression instead of “cookie-cutter” crafts which all turn out the same. Girls should learn how important the arts are and how they can be an outlet for their creative ideas. They should also find out how they can use art to make the world a better place by sharing their efforts.



Girl Scouting = Girl Planning

You can have a good program without girl planning,
but you can't have good Girl Scouting without girl planning!

Daisy

Brownie

Junior

Cadette

Senior

Ambassador

ADULTS' RESPONSIBILITY

GIRLS' RESPONSIBILITY

WHAT IS GIRL PLANNING? Girl Planning means that the troop's adults help girls choose and organize their own activities, solve problems as a group, and the girls take charge of the results.

Don't do anything for Girl Scouts Brownies that they can do for themselves. Keep encouraging them to do more. Your job as a troop leader is to plan how to help the girls make decisions. For more information on the Leaders role in planning with girls, refer to Volunteer Essentials, Safety-Wise or the online *Safety Activity Checkpoints*.



Things to Remember...

You will hear many of these things in many ways as you begin and move forward as a Girl Scout adult volunteer, but they are important so you should keep these ideas in mind:

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

Discover + Connect + Take Action = Leadership

Girls **discover** themselves and their values, **connect** by caring and teaming up with others, and **take action** to improve themselves, their families, their communities, and the world.

Girl Scouts are Girl-Led = Girls play an active part in planning and doing!

- Ask the girls what they would like to do and listen to their ideas
- Sift ideas and create a plan together: Use their ideas as a springboard for practical things they can do
- Involve girls in decision-making, planning, organizing, doing, and evaluating
- Change the example meeting plans to meet the needs and ideas of your girls

Girl Scouts Learn by Doing = Experiential Learning

- Hands-on activities help girls learn if they are also minds-on (meaningful)
- Involves action and reflection- girls need to be active physically and mentally
- Being active is to explore, discover, question, observe, share, and reflect

Girl Scouts use Cooperative Learning = Working together toward shared goals

- Developing social skills in working with others takes opportunity and practice
 - Girls are just learning what it is like to be a member of a group
 - Engage girls in taking turns and sharing
 - Teach girls to be active listeners
- Teach social skills by giving girls expectations for group behavior
 - Talk about what makes a good group work well
 - Encourage all girls to participate in planning- *What's your idea?*
 - Give examples of how to start: *My idea is... We could... What if we...*
 - Acknowledge ideas- *That's interesting... Good idea!...*
 - Check understanding- *How would that work?... Tell us how you would do it...*
 - Work together in activities
 - Small groups within the whole group encourage more interaction
 - Mix up groups so all girls work with others at different times



Getting Started:

Things to know as you get started.

The Meeting Plans: The curriculum for First-Year Girl Scout Brownies supports the program essentials and is designed to be structured, fun, and easy to use. With the exception of the seven sessions relating to the *Brownie Quest* Leadership journey book, the plans can be used in any order. This is a great opportunity for the girls to choose what they'd like to do.

Earned Awards: Girl Scout Brownies can earn Legacy Badges, Skill Building Badges (which go along with the leadership journeys), as well as the awards described in the Girl Scout journey by completing specific activities. Earned awards are placed on the front of the Girl Scout uniform. In addition to earned awards, girls may receive or purchase fun patches for participating in program events, the Cookie Program Activity, etc.

Kaper Chart: A Kaper chart is one way to divide responsibility and provide a visual reminder of the tasks that need to be done during a meeting. Check the resource guide for detailed explanations and examples of Kaper Charts.

Family Involvement: Many hands make light work, and the troop's friends and family network is a built-in group of helpers. A troop committee is composed of adults who help the troop run smoothly. For a list of troop leadership positions and sample family meeting agenda refer to the resources section of this guide.

Adapting the meetings to fit your troop: Each troop is unique. Girls may speed through an activity, take longer than you expected to complete an activity, or be too shy to speak up when you ask questions. If things don't seem to be going smoothly, stick with it for a minute or two, but don't force it. At the end of the day what's most important is that girls have had a new experience or learned something and want to come back again. Remember that the meetings should be girl-led as much as possible. If the girls love singing songs, but there isn't one in the meeting plan, feel free to add one in. Energetic groups may need a couple of quick active games throughout the meeting in order to keep their attention focused on the activity at hand.

Adult Reflection: Remember to take a moment for yourself. Try and take a couple minutes to reflect at the end of each session. Jot down a few notes on how the day went, what the girls enjoyed, and any changes you'd like to make in the future. After a few meetings look back and you'll be surprised by how their attention focused on the activity at hand.

Cookie Program Activity: No mere fund-raiser can replace the unique leadership program that is the Cookie Program Activity. Thousands of successful women trace their earliest success to selling Girl Scout Cookies. By fully implementing the potential of this program activity- including goal-setting, team-building, marketing, and early financial literacy- you are helping pass on these valuable skills to today's generation of girls. Best of all, girls have lots of fun along the way! Each Girl Scout troop will receive cookie materials from Little Brownie Bakers. The materials are packed with fun ideas that make it easy for girls at every grade level to fully benefit from the Cookie Program Activity, and focus on Earth-friendly endeavors. The activities can be followed exactly or modified to fit the needs and interests of the girls.



Meeting Plans Outline

Troop leaders plan meetings where girls play an active part in figuring out the what, where, when, how, and why of their activities. Age appropriate, girl-led experiences are built into the sample meeting plans to make it easy for you.

Each meeting runs roughly 60 minutes, but all times are suggestions. You don't have to squeeze or stretch activities to fit a particular time. Meetings can be customized and adjusted to match the needs and desires of your group. You may also want to have special meeting for special events like the Girl Scout Cookie Program and World Thinking Day. Suggestions for these special meetings can be found in Resources and Meeting Helps Guide.

Troop Meeting Structure

Gathering: Greetings, signing-in, and movement activity to do until all the girls arrive. A sample sign-in/sign-out sheet is included in the Resources and Meeting Helps guide.

Opening: Ceremony designed by the girls to start the meeting. For example, greeting each other with the Girl Scout handshake, reciting the Girl Scout Promise and Law, a simple flag ceremony, and singing songs.

Business-Planning: Meeting in a circle for troop business and planning. For example, assigning jobs using a kaper chart, collecting dues, making announcements, planning an event or trip, and discussing what they will do.

Exploration: Activities to help girls gain a deeper understanding of themselves, develop healthy relationships, connect with others, and have lots of fun.

Clean Up: Working together to leave the site better than you found it.

Closure: Reflecting on the meeting and a closing ritual. For example, sharing how to practice what they learned, a Friendship Circle, song, friendship squeeze, and signing out.

Snack Time (optional): A healthy food and/or beverage. Invite the troop's friends and family network to sign up to bring a snack. Be sure to accommodate any food allergies and dietary restrictions.



Brownie Meeting Plans Brownie Quest Leadership Journey

Meeting 1- Welcome to Brownie Girl Scouts/ Beginning Our Quest

Goal: Girls learn about Girl Scouts and being a Brownie, and are introduced to the Brownie Quest leadership journey.

Prepare Ahead: Read through the Brownie *Girls Guide to Girl Scouting*, *Brownie Quest* girls book, and adult guide to familiarize yourself with activities, game, and songs. Prepare Home Connection Letter for parents (see Resources & Meeting Helps guide).

Supplies & Resources:

- ✓ *Brownie Quest* girl's journey book
- ✓ *Brownie Quest* adult guide
- ✓ *Brownie Girls Guide to Girl Scouting*
- ✓ Sign In/Out Sheet
- ✓ Star Name Tag template printed on card-stock
- ✓ Copies of page 9 in girls journey book and 8-9 of *Girls Guide* (for girls that may not have or forgot their books)
- ✓ Art Supplies (crayons, markers, pencils, stickers, etc)
- ✓ Ribbon
- ✓ Hole punch
- ✓ Healthy Snack (optional)

Meeting Outline:

- As girls arrive
 - Invite girls to work together to complete page 9 in girl's journey book.
- Opening
 - Ask girls to join you and other adults in a circle, and explain that this is the Brownie Circle.
 - Demonstrate the Girl Scout handshake and have girls say hello to the people next to them.
 - Say/teach the Girl Scout Promise and Law.
 - Note: If you have girls new to Girl Scouting, explain the Girl Scout Promise: "Girl Scouts, we make a special promise that says what we do and pledge to do." Review what a promise is. Ask the girls to listen as you say the promise and then repeat it with you again; use the Girl Scout Sign. Use paper strips with the Law written on them to get girls involved in learning the 10 parts.
 - Read and discuss pp. 1-3 & 6-16 of Brownie *Girls Guide to Girl Scouting*
- Game: Human Knot
- Activity: Brownie Star Name Tags & Make Your Plans
 - Invite girls to decorate their name tags with art supplies (see resources for directions)
 - Once girls complete their name tags, invite them to work together to complete pp. 8-9 in Brownie *Girls Guide to Girl Scouting*
- Closing
 - Remind girls to read pp. 22-25 of their girls guide with their families to learn more about being a Brownie Girl Scout
 - Friendship Circle/ Squeeze or song.
 - Hand out Home Connection letter and activity, collect name tags, and sign-out.

Meeting 2- Mapping Our Quest

Goal: Girls get to know one another by discovering the special qualities of the girls and learn the basic Girl Scout values.

Prepare Ahead: Review Session 1 in adult guide and Brownie Girl Scout Way badge steps. If you are making sit-upons at the next meeting, you may want to have girls bring some materials from home (review Resources & Meeting Helps Guide). Purchase the *It's Your World—Change It! Brownie Quest* Skill-Building Badge Activity Set. Prepare Home Connection Letter for parents (see Resources & Meeting Helps guide).

Award/Badge Connection: Discovery Key journey award, Brownie Girl Scout Way badge, steps 4 & 5, My Family Story badge (to be completed at home, share in Meeting 3).

Supplies & Resources:

- ✓ *Brownie Quest* girl's journey book
- ✓ *Brownie Quest* adult guide
- ✓ *Brownie Girls Guide to Girl Scouting*
- ✓ Sign In/Out Sheet
- ✓ Name Tags
- ✓ Copies of pages 48-49 in girls journey book (for girls that may not have or forgot their books)
- ✓ Girl Scout Promise written on whiteboard, chalkboard, or poster board
- ✓ newsprint
- ✓ soft ball
- ✓ paper strips with the Law written on them
- ✓ sticky notes
- ✓ copies of family letter and star on pages 53-55 of the adult how to guide.
- ✓ Copies of My Family Story badge requirements
- ✓ Art Supplies (crayons, markers, pencils, stickers, etc)
- ✓ Kaper Chart
- ✓ Copies of Home Connection Letter
- ✓ Healthy Snack (optional)

Meeting Outline:

- As girls arrive
 - Invite girls to work together to complete page 48 in girl's journey book.
- Opening
 - Flag Ceremony, recite Girl Scout Promise and/ or Law, or Song
- Game
 - Ball Toss to introduce themselves and tell about their qualities and talents (see page 46 in adult guide)
- Business-Planning
 - Explain that after the opening each week, you will have your business and planning time to share ideas, make decisions, and talk as a group.
 - Introduce the quiet sign and practice several times (Girl's Guide page 22).
 - Introduce Kapers (Resources section) and think of three ways you can leave the Girl Scout meeting place better than you found it (Brownie Girl Scout Way badge- Step 4).
 - Assign kapers
 - Explain that they soon will have a special ceremony called an Investiture and Re-dedication Ceremony. At this ceremony, first-time Brownies receive their Girl Scout Brownie membership pin, brand-new Girl Scouts officially make their Girl Scout Promise, and returning Girl Scouts renew

their Girl Scout Promise.

- “Today we are going to learn more about Girl Scout Brownies and start our Brownie Quest!”
- Exploration
 - Read “How Brownies Got Their Name” pages 17-21 of the Girl’s Guide (Brownie Girl Scout Way badge-Step 5).
 - First Key: Discovering Me. Girls think about their talents and personal qualities (girl’s book page 49, adult how to guide page 43).
 - Play Going ELF (adult guide page 47-49).
 - Girls use their new knowledge to complete page 50 in the girl’s book (adult how to guide page 49).
 - Discuss what other talents and personal qualities that girls thought of for the Discovering Me star (girl’s book page 49 and 51).
 - Explain that they should ask their families to help complete the Family Star, and My Family Story Badge-Steps 1-5. Ask girls to give families the take-home letter that explains the Brownie Quest and the activity (adult how to guide pages 53-55).
- Snack Time (optional)
- Clean-Up: Remind girls of kapers and explain Girl Scouts leave a place better than they found it.
- Closing
 - Form a Brownie Circle.
 - Reflection: Ask girls what they would like to do in Girl Scout Brownies and make a list of ideas (save!).
 - Form a Friendship Circle, sing, “Goodbye, Brownies” (Resources & Meeting Helps Guide) and do a friendship squeeze.
 - Hand out Family Star/Home Connection Letter and activity as well as copies of My Family Story badge steps (from *It’s Your World—Change It! Brownie Quest Skill-Building Badge Activity Set*), collect name tags, and sign-out.

Meeting 3- Home Scientist Skill-Building Badge

Goal: When girls have earned this badge, they’ll be able to see the science all around them.

Meeting Length: 2 hours

Customize: If your group wants to expand work on this badge or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the Brownie *Girl’s Guide to Girl Scouting*, completing two of these activity plans, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They can explain how they use science in their lives in multiple ways, including cooking and fun
- They can explain several simple scientific concepts such as static electricity, density and chemical reactions.

Tips:

- Check out ways to stay safe using Safety-Wise Checkpoints
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made.
- If you have girls or adults who are allergic to latex, use combs and wool socks to create static electricity instead of latex.

Resources:

- This activity plan has been adapted from the Brownie Skill-Building Badge set for the *It's Your World—Change It!* Home Scientist Badge, which can be used for additional information and activities.
- For more information about fun and simple science experiments, go to the PBS Zoom web page at pbskids.org/zoom.

Prepare Ahead: Review Brownie Skill-Building Badge set for the *It's Your World—Change It!* Home Scientist Badge and this meeting plan; gather required supplies and materials needed; Inflate balloons; Pour about $\frac{1}{2}$ cup of juice into each small zipper bag and zip tightly; Optional: Pour water and oil into the glasses ahead of time.; Lay the tablecloths out where girls will be working; Take out six small cups. If you have more than 9 girls, you will need to make cups for extra groups- (In the cups, put: 2 Tbsp. Vinegar, 1 Tbsp. baking soda, 2 Tbsp. diet cola, 1 Mentos candy, 1 tablet of Alka-Seltzer, crushed, 2 Tbsp. diet cola); Make copies of the mazes on paper or card stock (one per one to two girls) and cut each maze out around the black line. Put each maze into a separate plastic zipper bag. Optional: you can laminate the cards rather than put them in a zipper bag.; you may want to test the “experiments” out yourself prior to the meeting.

Supplies & Resources:

- ✓ Plates (one per girl)
- ✓ Salt
- ✓ Pepper
- ✓ Balloons (one per girl)
- ✓ Small plastic zipper bags (one per girl)
- ✓ Large plastic zipper bags (one per girl)
- ✓ Fruit juice
- ✓ Ice
- ✓ Water
- ✓ Spoons (one per girl)
- ✓ Optional: Bowls
- ✓ Clear glasses
- ✓ Pitcher
- ✓ Water
- ✓ Oil
- ✓ Sugar
- ✓ Optional: Sand
- ✓ Paper towels
- ✓ Plastic tablecloths
- ✓ Clean, empty plastic soda bottles—approximately 20 ounce size (one per group)
- ✓ Balloons (one per group)
- ✓ Small cups—approximately 3 ounce size (one-two per group)
- ✓ Vinegar
- ✓ Baking Soda
- ✓ Alka-Seltzer
- ✓ Yeast
- ✓ Diet cola
- ✓ Mentos
- ✓ White glue (approximately 1/8 cup per girl)
- ✓ Liquid starch (approximately 1/4 cup per girl)
- ✓ Small bowls

- ✓ Spoons
- ✓ Water
- ✓ Wax paper (12"x12" square per girl)
- ✓ Small plastic zipper bags (one per girl)
- ✓ Permanent marker
- ✓ Optional: food coloring
- ✓ Small plastic zipper bags
- ✓ Mazes
- ✓ Card stock or paper
- ✓ Scissors
- ✓ Small straws

Meeting Outline:

- **Opening**
 - Welcome everyone to the meeting.
 - Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.
 - Sing the Brownie Smile Song. Use repeat-after-me or sing as a group if girls know it by heart.
- **Activity #1: Salt and Pepper Dance Party- Badge Connection: Step 2— Create static electricity**
 - Have each girl put a small amount of salt and pepper on her plate.
 - Hand out a balloon to each girl. Have the girls rub the balloons on their hair until their hair starts to stand up.
 - Have the girls run the balloon over their plate without touching the plate, salt or pepper. What happens? Tell girls: When you rub the balloon on your hair, you are putting electrons on the balloon, giving it a negative charge. Salt and pepper have a positive charge. Since opposites attract, the salt and pepper are both pulled toward the balloon, but pepper is lighter so it moves first. When the salt and pepper touch the balloon, the electrons jump to them. Then, the attraction is gone and the salt and pepper fall off.
- **Activity #2: Kitchen Chemistry- Badge Connection: Step 1—Be a kitchen chemist**
 - Give each girl a large plastic zipper bag. Help the girls each put $\frac{1}{2}$ cup water, $\frac{1}{2}$ cup salt, and 1 cup of ice in her bag.
 - Give each girl a small zipper bag filled with fruit juice to put in her large bag. Ensure that the bags are very well zipped.
 - Have the girls shake their bags (large containing small) as hard as they can repeatedly. Check the bags occasionally to see if the juice has turned into sorbet and has reached the proper consistency. Have the girls remove the small bags. Collect the larger bags to prevent messes.
 - Girls can squeeze their sorbet into a bowl to eat it or eat it directly out of the small plastic bag
- **Activity #3: Snack Time Talk**
 - While enjoying snack, here are some things for girls to talk about:
 - Has anyone done other activities with static electricity? What else can you do with static?
 - While static electricity is fun, electricity can be dangerous. What do you do to stay safe? (Hint: static shocks on a large scale are called lightning!)
 - What other foods can you make using science?
 - Now that you've learned different kinds of science, can you think of other ways you use science in your life?
 - Can anyone else think of a toy that uses science? What about spinning toys?
 - Another way to tell if there's been a chemical reaction is if something changes color. Have you ever seen anyone mix two things together that changed color? What were they?
 - Chemical reactions also produce heat. Has anyone ever seen something heat up using chemicals

instead of a stove or microwave or other appliance (hand warmers are a good example)? What was it?

➤ **Activity #4:** Cauldron Bubbles- Badge Connection: Step 3—Dive into density

- Divide girls into small groups. Give each group a cup and a small amount of salt, pepper, sand and sugar.
- Have girls fill a glass half full with water. Then add about $\frac{1}{2}$ inch of oil. The oil should float on top of the water because it is less dense. This means that if you had a gallon of each, the oil would weigh less than the water.
- Ask the girls to pour in some salt and share with the group what they see happen. The salt is less dense than the oil so it will sink down to the water layer, but it will bring an oil bubble with it. The oil and salt together are more dense than water, so they sink together in the water. Then, the salt dissolves and the oil bubble is again less dense than the water and floats back up to the top.
- Have the girls take turns trying the other materials. Is the result the same or different?

➤ **Activity #5:** Balloon Race- Badge Connection: Step 4— Make something bubble up

- Explain to the girls that they are going to make some chemical reactions. A chemical reaction happens when two things are put together and they form something new. It is clear that a chemical reaction has occurred if something produces heat, changes color or makes a gas.
- Split the girls into three groups. If you have more than nine girls, you can make extra groups.
- Give each group a plastic soda bottle and a balloon. Additionally, give each group one of the three following combinations of prepared cups. Be sure that each combination is being used by at least one group.
 - A cup of Alka-Seltzer and a cup of water
 - A cup of vinegar and a cup of baking soda
 - A cup of diet cola and a Mentos candy
- Ask each group to look at their materials and say what they think they have in their cups. What do they think will happen when they combine their materials?
- Tell girls that when you give them the signal, they should put the contents of their cups into their bottle and put the balloon over the opening as fast as possible. They may need assistance from an adult.
- All the balloons should blow up. The size and speed of the inflation will depend on which reaction is taking place and how fast girls put the balloon on. Give the reactions time to finish. Have groups observe their own bottle and the other groups' bottles.
- Remind the girls there are several ways to tell if a chemical reaction is taking place and one of those signs is when a gas is produced. Ask girls which combination of materials produced the strongest reaction and why.
- Have the girls clean up their areas.

➤ **Activity #6:** Glurch- Badge Connection: Step 5—Play with science

- Give each girl a small bowl and a spoon. In each bowl, add 1/8 cup glue, a pinch of salt, and 1-2 drops of food coloring (optional).
- Have the girls stir until combined. Slowly add 1/4 cup liquid starch to each bowl as the girls continue stirring.
- After a short time, each girl should have a “glob” of putty in her bowl. Have the girls grab this glob and knead it on the wax paper.
- After the girls all have a putty-like substance, have them experiment with it. Does it stretch? Does it run? Can they use it to pick things up? Explain that Glurch is a kind of chemical called a colloid. It has some properties of a liquid and some properties of a solid.
- When the girls are finished playing with the Glurch, help them put it into plastic zipper bags on which they have written their names.

➤ **Activity #7:** Water Mazes- Badge Connection: Step 5—Play with science

- Explain to the girls that while water may not seem very exciting, it actually has some very special properties. Three of these fun properties are:
 - Cohesion—the molecules (tiny pieces) of the water stick to each other.
 - Adhesion—the molecules of the water stick to other surfaces.
 - Surface Tension —the molecules on the water's surface stick to each other forming a “skin.”
 - Tell the girls that you are going to use these three properties to play with water. Give each girl or pair of girls a maze in a plastic bag or a laminated maze.
 - Use the straw(s) to put a droplet of water in the colored portion of the maze, near the edge of the card.
 - Tell girls that the object is to get the water to drip off the other side of the card without touching the white portion of the maze.
 - When girls have completed their mazes, have them trade for a different one as time allows.
- **Closing**
- Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
 - Sing “Make New Friends.”
 - After the song, ask everyone to be quiet.
 - Use Kaper Chart to designate one girl who will start the friendship squeeze.

Expand the Activities:

- Field Trip Ideas:
 - Visit your local science museum or children's museum.
 - Visit a dairy or other food production plant to see how they use science to make food.
 - Visit a science lab at a high school or college.
 - Visit a toy store and try to identify all the toys that use science.
 - Visit a university chemistry department to see all the fun reactions they can make.
- Speaker Ideas
 - Have a chef visit and teach how they use science to make food.
 - Have a lab technician from a local factory or plant talk about what they do.
 - Have a college student majoring in chemistry or physics talk to the girls about what they're learning and why they want to be a scientist.
 - Invite a lab technician from a local factory or plant to your meeting to talk about what they do.

Family Follow-Up Letter/Email

Use the letter/email on the next page as a template to let families know what girls did at the meeting today. Feel

free to add

additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Dear Girl Scout Parent:

We had a wonderful time today learning about everyday science and are on our way to earning the Home Scientist Badge.

We had fun:

- Making salt and pepper dance with static electricity
- Making our own sorbet snack
- Playing with density
- Blowing up balloons with chemistry
- Making and testing a toy called Glurch using science
- Having fun with water mazes

Continue the fun at home:

- Try making dinosaur snot and putty with your Girl Scout. The recipes are found in the Brownie Skill-Building Badge set for the It's Your World—Change It! Home Scientist
- Visit pbskids.org/zoom for more great science experiments you can do with your Girl Scout at home.
- Look through the *Girls Guide to Girl Scouting* with your Girl Scout to find other activities you can try at home.

Thank you for bringing your Brownie to Girl Scouts!

Meeting 4- Discovering Girl Scout Values

Goal: Girls discover more about the talents they have and how these talents will help the troop. Girls also learn more about each other and how to connect better as a team.

Prepare Ahead: Review Session 2 on pp. 57-64 of adult guide. Create and make copies of invitations (sample in Resources & Meeting Helps Guide) for the Investiture/ Re-dedication Ceremony. Purchase and prepare materials for sit-upons (you can also plan to have girls bring some materials from home). You may want to create a Investiture/Re-dedication Ceremony refreshment sign-up sheet for parents (sample in Resources & Meeting Helps Guide). Prepare Home Connection Letter for parents (see Resources & Meeting Helps guide).

Award/Badge Connection: Complete Discovery Key journey award.

Supplies & Resources:

- ✓ *Brownie Quest* girl's journey book
- ✓ *Brownie Quest* adult guide
- ✓ *Brownie Girls Guide to Girl Scouting*
- ✓ Sign In/Out Sheet
- ✓ Name Tags
- ✓ Girl Scout Promise written on whiteboard, chalkboard, or poster board
- ✓ Kaper chart
- ✓ Copies of Home Connection Letter
- ✓ Newsprint and markers
- ✓ One or two hula hoops
- ✓ Small or medium size ball
- ✓ Materials for sit-upons: waterproof material (oilcloth, vinyl cloth, table cloth, etc.), newspaper, yarn, hole punch, masking tape (see page 7 of Brownie Girl Scout Way or Resources & Meeting Helps Guide)

- ✓ Crayons, markers, and paper
- ✓ Invitations for the Investiture/Re-dedication Ceremony.

Meeting Outline:

- As girls arrive
 - Greet, sign-in, and hand out name tags.
 - Activity: Play Tug-a-Part and Human Knot games (Resources & Meeting Helps section).
- Opening
 - Gather and greet each other with the Girl Scout handshake.
 - Say the Girl Scout Promise.
 - Teach the Flag Ceremony and Pledge of Allegiance (Resources & Meeting Helps section).
 - Sharing: Share the Family Stars and My Family Story activities they did at home and collect for use at ceremony next meeting.
 - Sing “Brownie Smile Song.”
- Business-Planning
 - Brownie Circle: Assign kapers
 - Connecting as a Team and two games (adult how to guide pages 60-61).
 - Brownie Team Agreement (adult how to guide page 61 and girl’s book page 53).
 - Explain that they will have a special ceremony at the next meeting called an Investiture and Re-dedication Ceremony. At this ceremony, first-time Brownies receive their Girl Scout Brownie membership pin, brand-new Girl Scouts officially make their Girl Scout Promise, and returning Girl Scouts renew their Girl Scout Promise. Girls will receive invitations to take home later in the meeting.
 - Meeting Topic: Discovering Girl Scout Values.
- Exploration
 - Make Sit-Upons (Resources & Meeting Helps section or Brownie Girl Scout Way badge page 7); girls use sit-upons when they want to sit on the ground during a meeting; they are typically kept with the troop supplies.
 - Story Time: Use sit-upons and read page 7 and Chapter 1: Campbell’s New Friends (girl’s book page 10-15).
 - Twist Me and Turn Me activity in pairs (girl’s book page 17). Tell girls that this is something often done at Brownie pinning ceremony (next meeting).
 - Decorate invitations.
- Snack Time (optional)
- Clean Up
 - Remind girls of kapers and work together to leave the site better than you found it.
- Closing
 - Form a Brownie Circle.
 - Remind girls about next meeting: Investiture/Re-dedication Ceremony, and that we will be sharing our Family Stars. Have girls complete pg. 16 of girls journey book at home.
 - Teach other ways to close the meeting: Girl Scout Out, Magic Tunnel, and Slip Away Silently (Resources & Meeting Helps guide and adult guide page 29).
 - Ask girls to choose: Friendship Circle and Squeeze, Girl Scout Out, or Magic Tunnel.
 - Hand out invitations, Home Connections letter, collect name tags and sit-upons, and sign-out.

Meeting 5- Connecting Past, Present and Future through Investiture/Re-dedication

Goal: Girls commit/recommit to Girl Scouts in an Investiture/Re-dedication Ceremony with their families and celebrate Founder's Day.

Prepare Ahead: Review Brownie Investiture/Re-dedication Ceremony in Resources & Meeting Helps Guide. Make copies of the agenda. Set up room for ceremony including chairs and refreshments. Set up a “pond” for ceremony by positioning a mirror or aluminum foil on the floor. Purchase Brownie Membership Pins for new Girl Scouts, My Family Story badges for each girl, and Brownie Quest journey award sets for each girl.

*Note: Schedule the Investiture Ceremony meeting at a time that allows families to attend.

Award/Badge Connection: Girls earn their Discovery Key journey award, My Family Story badge, and complete Brownie Girl Scout Way badge- step 2.

Supplies & Resources:

- ✓ *Brownie Quest* girl's journey book
- ✓ *Brownie Quest* adult guide
- ✓ *Brownie Girls Guide to Girl Scouting*
- ✓ Sign In/Out Sheet
- ✓ Name Tags
- ✓ Girl Scout Promise written on whiteboard, chalkboard, or poster board
- ✓ Kaper chart
- ✓ Flag
- ✓ Copies of the agenda
- ✓ Refreshments (unless parents are supplying)
- ✓ “Pond”
- ✓ Family Stars from Meeting 1
- ✓ Girl Scout Brownie membership pins for each new Girl Scout
- ✓ My Family Story badges one for each girl
- ✓ Discovery Key journey awards one for each girl

Meeting Outline:

- As girls arrive
 - Greet, sign-in, and name tags.
 - Activity: Juliette Gordon Low and the Three Keys on pages 72-73 of the girl's book.
- Opening
 - Welcome girls, families, and guests.
 - Introduce volunteers.
 - Ask to stand for Flag Ceremony.
 - Brownies sing “The Brownie Smile Song.” (see Resources & Meeting Helps guide)
 - Family Star: Girls share Family Stars (from Meeting 1) and put up on chart paper to represent all the special qualities of the troop.
- Investiture/Re-dedication Ceremony
 - Girls form a semi-circle in front of families and recite the Girl Scout Promise and Law.
 - Investiture: Welcome new Girl Scout members by name using the Girl Scout Handshake.
 - Re-dedication: Explain that returning members are now rededicating to Girl Scouts.
 - Girl Scout Brownie membership pins: Relate the story of “Twist Me and Turn Me” and have girls come up to do while looking down at magic pond. As each finishes, welcome to Brownies and give their Girl Scout Brownie membership pin.
 -

- Explain that girls have also discovered more about themselves and their families by completing the My Family Story badge.
- Discover Key journey awards: Explain to families that girls have earned the Discover Key as they have learned about their special qualities and talents, the value of the Girl Scout Law, and the special qualities and values of their families. This badge can be worn on the front of the sash/vest.
- “Say after me... (have the girls repeat each line as a team after you say it)...”The “Discover Key, It’s all about me: What I believe, And my family.”
- Present the Discover Key journey award and My Family Story badge to each girl (or have families present them!).
- Celebration
 - Juliette Gordon Low Celebration: Juliette Gordon Low is the Founder of Girl Scouts and she was known as Daisy. Her birthday was October 31 so we are celebrating that today as well. For more information refer to Resources & Meeting Helps guide- *Ceremony Handbook*.
 - Invite families to have refreshments, and look at activities girls have completed, and then rejoin for the closing ceremony.
- Clean Up
 - Assign kapers and work together to leave the site better than you found it.
- Closing
 - Ask families and guests to join girls in circle.
 - Explain Friendship Circle and Squeeze.
 - Thank everyone for coming.
 - Form a Friendship Circle, sing “Goodbye, Brownies,” and do a friendship squeeze.
 - Remind girls to bring their books to next meeting.
 - Collect name tags and sign-out.

Meeting 6- Dancer Skill Building Badge

Goal: When girls have earned this badge, they'll know how to explore the world of dancing and find their inner dancer.

Meeting Length: 1.5 hours

Customize: If your group wants to expand work on this badge, or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the Brownie Skill-Building Badge set for *It's Your World—Change It!*, completing two of these activity plans, attending a council sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They know how to warm up their body to dance
- They can name a few different types of dance
- They can make up their own dance and share it with others

Tips:

- Check out ways to stay safe using Safety-Wise Checkpoints
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made.

Resources:

- You will want to have access to music and a music player for this activity plan such as a CD player, mp3 player or another electronic music device.

- To find examples for some of the dances described in Activity #2: Pop Dance Time Warp, review the following videos on YouTube:
 - The Charleston: <http://youtu.be/xPW1bBlzBb0>
 - Swing Dancing: <http://youtu.be/qc18RHkjSaA>
 - The Twist: <http://youtu.be/im9XuJJXylw>
- This meeting plan has been adapted from the Brownie Skill-Building Badge set for *It's Your World—Change It!* Dancer Badge, which can be used for additional information and activities.

Plan Ahead: Review Brownie Skill-Building Badge set for *It's Your World—Change It!* Dancer Badge and this meeting plan; if you are unfamiliar with the dances listed in the activities, view the YouTube links in the resources section; gather any other materials or supplies necessary.

Supplies & Resources:

- ✓ Calm or relaxing music (examples: sounds of rain falling or nature, classical, or other slow tempo music)
- ✓ Mp3 player, CD player, or other electronic music playing device
- ✓ Poster board, whiteboard or chalkboard
- ✓ Markers, chalk or dry erase markers
- ✓ Music from different dance craze eras
- ✓ Various music choices (pop music, classical, country, etc.)
- ✓ Optional: Various musical instruments like a drum, tambourine, rain sticks, etc
- ✓

Meeting Outline:

- **Opening**
 - Welcome everyone to the meeting.
 - Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.
 - Sing the Brownie Smile Song. Use repeat-after-me or sing as a group, if girls know it by heart.
- **Activity #1: Let's Get Flexible!- Badge Connection: Step 1—Warm up and get moving**
 - Explain to the girls that it is important to stretch before physical activity, especially dancing, because your muscles need to be warmed up to prevent injury. No one wants to sit out and miss all the fun because they're hurt!
 - Play some calming music like a classical piece or sounds of the rainforest to start. Then, change the music for every move, altering the beat or tempo. Ask the girls to do the following warm-ups with you, spending 30 seconds to 1 minute per move:
 - Neck rolls: Stand still with feet shoulder-width apart, hands to the side of the body, then roll the head down and around in a circle. Repeat in the opposite direction. Try to keep the rest of the body still, only moving the head and neck!
 - Hip swings: Holding same stance as neck rolls, move hips to right and then left a few times but trying to keep the rest of the body still. You can also circle the hips by pushing them to the right, then back, and then left, then forward. Reverse the circle in the opposite direction.
 - Heel Raises: Position feet together with toes pointed straight ahead. With a straight back, lift heels off floor so you are balancing on your toes, then lower back to the floor. Repeat until calves begin to feel warm. For an added challenge, place heels together and have toes pointed out so your feet make a "V" and then raise heels.
 - Leg Swings: Stand with toes facing the front of the room. Lift right leg off floor and bend slightly to swing the leg forward then backward. Repeat several times, then do opposite leg. If keeping balance is difficult, girls may use a chair to help them.
 - Lunges: Start with feet together then push one leg behind you. Front knee should be bent and back leg should be straight as possible. Keep back straight so you don't place any weight on the

front knee. Keep knee in line with your foot and not too far forward to prevent injury. Bring back leg back up to standing then repeat on other side.

➤ **Activity #2:** Pop Dance Time Warp- Badge Connection: Step 2—Try a new dance

- On the poster board or other writing space, write down the decades from the 1920s–present leaving some space underneath to write answers.
- Ask the girls if they know some popular dances or dance moves from each decade starting with the present (2012) and moving backwards. Write down their answers and have the girls demonstrate if they know the dance move. The further back you go, the more difficult it will be for them to answer, so a few helpful hints are below:
 - 2010–present: Cupid Shuffle, Zumba
 - 2000–2010: Cha-Cha Slide
 - 1990s: Voguing (“Vogue” by Madonna), The Macarena, Cotton-Eye Joe, Electric Slide, Achy Breaky Heart
 - 1980s: The Running Man, breakdancing, The Moonwalk, The Loco-Motion
 - 1970s: The Hustle, disco, The YMCA
 - 1960s: The Twist (see resources for link to example), Mashed Potato
 - 1950s: The Limbo, Hand Jive, Chicken Dance
 - 1940s: Swing dancing (see resources for link to example), Jitterbug, The Hokey Pokey
 - 1930s: Swing dancing (see resources for link to example), Foxtrot
 - 1920s: The Charleston (see resources for link to example)
- Choose one or two of the historically popular dances, each from a different decade, to teach the girls. They can grab a partner and take a dance craze journey back in time!

➤ **Activity #3:** Storytelling Through Dance- Badge Connection: Step 4—Make up your own dance

- Explain to the girls that there are many different types of dance and often a dance will tell a story. From ballroom dancing, ballet, modern dance, tap and more, cultures have been using dance to pass on stories from the past to younger generations, express feelings and emotions, or even tell a fictional story.
- Divide the girls into groups and have them create a short dance that will tell a story. They can make up their own short story or use a scene from one of their favorite stories to tell.
- After the girls have a few minutes to create their dance, have them perform their story for the group. The rest of the group can try and guess what the story is. *Optional: If the girls don't want to use music, they can create their own with drums, drumsticks, tambourines, rain sticks, clapping, humming, singing or anything else they might find useful to tell their story.*

➤ **Activity #4:** Snack Time Talk

- While enjoying snack, here are some things for girls to talk about.
 - Where are places or events that you can see people dance?
 - Have you ever seen a musical or dance performance?
 - Have you ever performed a dance for a crowd?
 - What is your favorite music to dance to?
 - If you could learn any type of dance, what would it be?
 - From the dances we tried today, which one was your favorite and why?

➤ **Closing**

- Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
- Sing “Make New Friends.”
- After the song, ask everyone to be quiet.
- Use Kaper Chart to designate one girl who will start the friendship squeeze.

Expand the Activities:

- Field Trip Ideas
 - Visit a local dance studio
 - Attend a musical or other dance performance
 - Attend a cultural event that will have dances unique to that culture
 - Go behind the scenes at a musical theatre
 - Attend an era-themed event like a sock-hop or hold your own
- Speaker Ideas
 - Invite a dance instructor to your meeting to talk about different dances
 - Invite a dancer to talk about their experience and why they dance

Family Follow-Up Letter/Email

Use the letter/email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Dear Girl Scout Parent:

We had a wonderful time today learning about the world of dance and are on our way to earning the Dancer Badge.

We had fun:

- Preparing our bodies for dancing through warm ups.
- Taking a journey back in time to learn and try different popular dances.
- Creating our own stories and telling them through dance.

Continue the fun at home:

- Have a family dance party with a theme, such as disco or sock hop.
- Get your Girl Scout to help teach you a dance she learned.
- Look through the *Girl's Guide to Girl Scouting* with your Brownie to find other activities you can try at home.

Thank you for bringing your Brownie to Girl Scouts!

Meeting 7- Discover and Connect with My Best Self

Goal: Girls know how to keep healthy and happy.

Prepare Ahead: Review the My Best Self badge requirements. Prepare a variety of foods from different food groups that may be new to many girls and they can sample (e.g., hummus, beans, tropical fruits, jicama, edamame, quinoa, etc.)—keep in mind any food allergies or dietary restrictions. Make any copies for badge steps. Prepare Home Connection Letter for parents (see Resources & Meeting Helps guide).

Award/Badge Connection: Complete steps toward the My Best Self and Snacks badges. Connect Key journey award steps.

Supplies & Resources:

- ✓ *Brownie Quest* girl's journey book
- ✓ *Brownie Quest* adult guide
- ✓ *Brownie Girls Guide to Girl Scouting*
- ✓ Sign In/Out Sheet
- ✓ Name Tags
- ✓ Girl Scout Promise written on whiteboard, chalkboard, or poster board
- ✓ Kaper chart
- ✓ Sit-upons
- ✓ Art Supplies (markers, crayons, pencils, paper)
- ✓ Measuring tape
- ✓ Flag (optional)
- ✓ A variety of foods from different food groups to sample
- ✓ Copies of Home Connection Letter
- ✓ Copies of My Best Self badge- step 4

Meeting Outline

- As girls arrive
 - Greet, sign-in, and name tags.
 - Activity: Choose an activity from Step 1: Get to Know Your Body (My Best Self badge page 2).
- Opening
 - Gather and greet each other with the Girl Scout handshake.
 - Say the Girl Scout Promise and Law.
 - Flag Ceremony and Pledge of Allegiance (optional).
 - Sing: “The Brownie Smile Song.”
- Business-Planning
 - Brownie Circle: Review the Quiet Sign, Brownie Team Agreement, and assign kapers.
 - Meeting Topic: Discover and Connect with My Best Self. Share: Why do you think it is important to take care of your body?
- Exploration
 - Story Time: Use sit-upons and read Chapter 2: An Awesome Tree House on pages 18-21 of the girl's book.
 - My Best Self badge-Step 2: Try three new foods that are good for you.
 - Prepare to Connect at Home (adult how to guide page 62 and girl's book pages 54-55).
 - Ask girls to talk to their families about healthy foods and healthy living. They should ask their families to sign the Healthy Living Family Commitment Card (adult how to guide pages 62-63).

- Clean Up
 - Remind girls of kapers and work together to leave the site better than you found it.
- Closing
 - Form a Brownie Circle.
 - Reflection: What are you going to do this week to live healthier?
 - Next Meeting: Connect and Take Action.
 - Ask girls to choose: Friendship Circle and Squeeze, Girl Scout Out, Magic Tunnel, or Slip Away Silently.
 - Hand out Home Connection letter, collect name tags, and sign-out.

Meeting 8- Computer Expert Skill-Building Badge

Goal: When girls have earned this badge, they'll know how to do many useful things on a computer.

Meeting Length: 1.5 hours

Customize: If your group wants to expand work on this badge or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the Brownie *Skill-Building Activity Set* Computer Expert, completing this meeting plans, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They have made or drawn something with a computer art program
- They can find facts and use other resources online
- They can connect with others online
- They know one way to have fun on a computer

Tips:

- You will need computers with internet access to complete this activity plan. One computer for every 2–3 girls is best. Here are some tips for finding computers to use:
 - Check with the local school, library, or community center. Be sure to ask about rules for computer use at their location and respect others who need to use the computers. If you are planning a snack, check with the employees on where an acceptable location to eat the snack would be.
 - If you have or can move to a location with wireless internet, ask parents if they have laptops the girls can use.
- Parents will need to sign the internet safety pledge as well as the girls. Parents can do this as girls come in, you can send the pledge home with the girls at an earlier meeting, or you can email the sheet to parents prior to the meeting. . The pledge is included at the end of this activity plan. It can also be found in the Brownie *Girls' Guide to Girl Scouting* or online at http://www.girlscouts.org/help/internet_safety_pledge.asp.
- Check out ways to stay safe using Safety-Wise Checkpoints
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made.

Prepare Ahead: Review Brownie *Skill-Building Activity Set* Computer Expert badge and this meeting plan; Make copies of the Internet Safety Pledge for each girl; Ensure computers are turned on and have an appropriate art or drawing program; Write items on the note cards for girls to draw. These can be any items depending on the interests and abilities of your girls, for example: basketball, flower, cat, house. You should have at least one note card per girl; Ensure that all computers are on and have an internet browser available; Find a location away from the computer where girls can do their craft; copies of computer expert badge requirements to send home.

Supplies & Resources:

- ✓ Internet Safety Pledge

- ✓ Pens/pencils
- ✓ Computers with an art or drawing program loaded on them.
- ✓ Note cards
- ✓ Computer with internet access and internet browser
- ✓ Coloring utensils
- ✓ Paper
- ✓ Copies Computer Expert badge steps
- ✓ Optional: Printer, scissors, glue

Meeting Outline:

- **Opening**
 - Welcome everyone to the meeting.
 - Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group, if girls know it by heart.
 - Sing the Brownie Smile Song. Use repeat-after-me or sing as a group, if girls know it by heart.
- **Activity #1: Internet Safety Pledge- Badge Connection:** Connects to multiple badge steps.
 - Have the girls take turns reading the steps of the Girl Scout Internet Safety Pledge out loud.
 - Discuss what they think the pledge means and why it is important to follow it.
 - Have each girl sign the pledge before she is allowed to use a computer.
- **Activity #2: Road Trip- Badge Connection: Step 3- Take a trip online**
 - Visit a mapping site like MapQuest or Google Maps and have girls find your meeting site or where they live.
 - Have them find directions to different places like:
 - a relative's house
 - Juliette Low's birthplace
 - a place they would like to go on a trip
 - another council
- **Activity #3: Computer Pictionary- Badge Connection: Step 1—Paint or draw with an art program**
 - In small groups, have the girls open the paint or drawing program on their computer. Give them about 3 minutes to figure out how to use the controls and practice drawing.
 - Split the girls into two teams. For larger groups, play multiple games with two teams each.
 - Have girls take turns drawing a note card and drawing the item listed. As she is drawing, her team will guess that she is drawing. Have teams take turns until everyone has had a chance to draw.
- **Activity #4: Snack Time Talk**
 - While enjoying snack, here are some things for girls to talk about:
 - Has anyone used the internet to do research for school? What did you learn?
 - Does anyone play games on the computer? What do you like to play?
 - Have you ever drawn a picture or card on the computer to give as a gift? What program did you use? What did it look like?
 - Has anyone used the computer to talk to friends or family? Did you send an email, use a chat program, or video chat?
 - Do you have a computer in your house? What does your family use it for?
 - Of all these things you and your family do on a computer, what do you think people did before computers were invented? What do you think life was like before computers?
- **Activity #5: Girl Scout Search- Badge Connection: Step 2—Find some cool facts**
 - Tell the girls you will be making fact/picture pages about Girl Scouts. Have each group choose a Girl
 - Scout topic to look up online. Some possible options are:

- Girl Scout games
- Girl Scout songs
- Girl Scout traditions
- Juliette Gordon Low
- Historical uniforms
- Girl Scouts of Minnesota and Wisconsin River Valleys
- Current badges and awards
- Historical badges and awards
- In their groups, have the girls find information about their topic online. Each girl will then choose one “item” in this category to make a fact page about, using the craft supplies available.
 - Optional: Girls can also print pictures and facts, if printers are available.
 - Combine the sheets into a collage or a “scrapbook”.

➤ **Closing**

- Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
- Sing “Make New Friends.”
- After the song, ask everyone to be quiet.
- Use Kaper Chart to designate one girl who will start the friendship squeeze.

Expand the Activities:

- Field Trip Ideas
 - Visit a store where you can purchase computers. Ask the sales associate questions about choosing the right computer for you.
 - Visit a Daisy troop in your area and share the Girl Scout information pages you made with them.
- Speaker Ideas
 - Invite a game designer or someone who builds computers to your meeting.
 - Invite a teacher to your meeting to talk about how to use computers to learn and have fun.

Family Follow-Up Letter/Email

Use the letter/email on the next page as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Dear Girl Scout Parent:

We had a wonderful time today learning about ways we can use computers and are on our way to earning the Computer Expert Badge.

We had fun:

- Learning to stay safe on the internet.
- Playing Pictionary using a computer drawing program.
- Learning more about Girl Scouts on the internet.

Continue the fun at home:

- Make a card with your Girl Scout for a friend or family member on a computer.
- Search the internet with your Girl Scout to learn more about her favorite topics.
- Complete steps 4 & 5 of the Computer Expert badge requirements to help your Brownie earn her Computer Expert badge!

Thank you for bringing your Brownie to Girl Scouts!

Meeting 9- Connect and Take Action

Goal: Girls make connections within the community and understand how we can take action to help others.

Prepare Ahead: Review Session 3 on pages 65-69 of adult guide. Draw the Circle Map on a large sheet of paper. Prepare Home Connection letters.

Award/Badge Connection: Brownie Girl Scout Way badge- Step 1, Earn Connect Key journey award.

Supplies & Resources:

- ✓ *Brownie Quest* girl's journey book
- ✓ *Brownie Quest* adult guide
- ✓ *Brownie Girls Guide to Girl Scouting*
- ✓ Sign In/Out Sheet
- ✓ Name Tags
- ✓ Girl Scout Promise written on whiteboard, chalkboard, or poster board
- ✓ Kaper chart
- ✓ Sit-upons
- ✓ Art Supplies (markers, crayons, pencils, paper)
- ✓ Copies of Home Connection letters.
- ✓ Flag (optional)
- ✓ Copies of My Best Self badge requirements step 3-5
- ✓ Circle Map
- ✓ Connect Key journey awards, one for each girl.

Meeting Outline

- As girls arrive
 - Greet, sign-in, and name tags.

- Collect the Commitment Card from the take-home Healthy-Living Family Activity.
- Activity: Girls' choice of an active game.
- Opening
 - Gather and greet each other with the Girl Scout handshake.
 - Say the Girl Scout Promise and Law.
 - Flag Ceremony and Pledge of Allegiance (optional).
 - Share: How did you show your family that you care about their health? What snacks did you make with your family?
 - Sing: Learn three new Girl Scout songs or an action song (Brownie Girl Scout Way badge-Step 1); see Resources & Meeting Helps guide.
- Business-Planning
 - Brownie Circle: Review Brownie Team Agreement and assign kapers.
 - Meeting Topic: Connect and Take Action.
- Exploration
 - Earning the Connect Key: Explain how the girls will earn the award by completing the last step today. The first step was to connect with the Brownie team. The second was to connect with their families by completing the Healthy Living Commitment Cards. The third step is to connect and show we care about the community.
 - Discuss: What types of things could we do to help the community? What do we have to know first before we do anything? (What problems are in the community?) Refer to adult guide pages 65-69.
 - Story Time: Read Chapter 3: Read a Rhyme, See an Elf on pages 22-25 in the girl's book, and discuss.
 - Activity: Complete What the Brownie Friends Care About (girl's book page 26).
 - Circle Map: Creating Circles of Caring (adult how to guide page 66-67).
 - Caring for Community: Read The Case of the Broken Sidewalk in the girl's book page 64.
 - Discuss: Think about their neighborhoods and if there are any problems that need to be fixed there. Ask girls to think about who they would send a letter to about the problem (adult how to guide pages 68-69).
 - Brainstorm what they would say and write down ideas on chart paper. Girls can record ideas in their Brownie Quest books (girl's book page 62-63).
 - Have girls work together to complete page 65 in girls journey book.
- Snack Time (optional)
- Clean Up
 - Remind girls of kapers and work together to leave the site better than you found it.
- Closing
 - Form a Brownie Circle.
 - Reflection: Invite girls to chant after you: The Connect Key! That's more than me. It's my arms and your arms. Linking together, we're free (adult how to guide page 69).
 - Ask girls to choose: Friendship Circle and Squeeze, Girl Scout Out, Magic Tunnel, or Slip Away Silently.
 - Present the Connect Key journey award, handout Home Connection letters, collect name tags, and sign-out.

Meeting 10- First Aid Legacy Badge & Safety Award

Goal: When girls have earned this badge, they'll know how to get help in an emergency and treat minor injuries.

Meeting Length: 1.5 hours

Customize: If your group wants to expand work on this badge or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the Brownie *Girl's Guide to Girl Scouting* Brownie First Aid Legacy Badge and Brownie Safety Award, completing this meeting plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They can tell their friends how to play outside without getting hurt
- They can help others by treating minor injuries
- They can get help for injured people by calling 911

Tips:

- Check out ways to stay safe using Safety-Wise Checkpoints
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made.

Plan Ahead: Review Brownie *Girl's Guide to Girl Scouting* Brownie First Aid Legacy Badge and Brownie Safety Award requirements; ask a local fire to come speak to your troop about how they treat injured people & how a smoke alarm works (Step 2); Gather materials and supplies (note: items can be found at home or a local pharmacy); Print off basic first aid remedy instructions from the resources guide; gather materials to make a basic first aid kit (list of supplies in Resources Guide); gather books about local plants, animals and insects, find out how to treat and prevent injury from local outdoor hazards

Supplies & Resources:

- ✓ Toy phones or old home/cell phones
- ✓ Basic first aid remedy instructions
- ✓ Bandage tape or masking tape
- ✓ Different size bandages
- ✓ Popsicle sticks
- ✓ String, ribbon, or strips of cloth
- ✓ Dish or medium-sized towels or blankets
- ✓ Gauze or similar absorbent material
- ✓ Stuffed animals or dolls
- ✓ Materials for first aid kit (list found in Resources Guide)
- ✓ Books about local outdoor hazards
- ✓ Map of your area

Meeting Outline:

- **Opening**
 - Welcome everyone to the meeting.
 - Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group, if girls know it by heart.
 - Sing the Brownie Smile Song. Use repeat-after-me or sing as a group, if girls know it by heart.
- **Guest Speaker:** Badge Connection: Step 2- Find out how emergency personnel treat injured people
- **Activity #1:** “911, What is Your Emergency?”- Badge Connection: Step 1—Find out how to get help from 911
 - Ask the girls if they know what 911 means and its purpose.

- Talk with the girls about the role of 911, how 911 can help and what they should do when calling 911. Girls should know the following information to provide 911, as well as try to stay as calm as possible throughout the call:
 - *Name
 - *Phone number
 - *What happened
 - *What's wrong
 - *Where they are
 - *How many people are hurt
 - *What is already being done
 - After reviewing the general 911 information, instruct the girls to role-play calls to 911 with one another. Have one girl pretend to be the 911 dispatcher and the other girl pretend to be the caller and then switch.
- **Activity #2:** 911 Quiz Game- Badge Connection: Step 1—Find out how to get help from 911
- Have the girls stand in a group in the middle of the room. Identify one end of the room as “Call 911” and the other end of the room as “Do Not Call 911”.
 - Instruct the girls that you will be giving them an emergency situation and they need to determine when they should or should not call 911. After hearing the situation, they must go to the side of the room they believe is the correct answer.
 - Examples when you should call 911:
 - Someone becomes suddenly dangerously ill
 - Someone crashes a car in front of you
 - You notice smoke in your home or that of a neighbor
 - You hear gunshots
 - You see a violent physical fight
 - Examples when you should not call 911:
 - You notice graffiti on your home or in your neighborhood
 - You have a question about the risks of carbon monoxide poisoning but don’t suspect it in your home
 - You or a family member has a minor illness
 - Your bike is missing when you come home
 - Your pet is missing
 - You think a neighbor’s animal may be neglected
 - After each situation and girls determine their answers, ask the girls why they chose or did not choose to call 911 then reveal the correct answer. You can also ask the girls whom they *should* call if the situation should go to a different authority and is not a call for 911.
- **Activity #3:** First Aid Friends- Badge Connection: Step 3 & 4: How to handle urgent first aid issues and make first aid kit for meeting space
- Using the basic first aid remedy instruction sheets, show the girls how to give care for basic injuries.
 - Have the girls practice giving simple injury care on the First Aid Friend (stuffed animals or dolls.)
 - After practicing basic care, the girls can create a story where their First Aid Friend gets one of the injuries and act out how they are going to help them.
- **Activity #4:** Snack Time Talk and First Aid Storytelling
- While enjoying snack, you can have the girls play a storytelling game with a first aid theme, using what they have learned. Start off the story by saying, “One day I was taking a walk outside when...” then instruct the girls to continue the story, one girl after another.
 - Example: “One day I was taking a walk outside when...(next person) I decided I wanted to go camping...(next person) as I was went to get my backpack...(next person) I fell and scraped my

knee...(next person) it hurt really bad so I..."

- **Activity #5:** Outdoor Safety- Badge Connection: Step 5: Know how to prevent and treat outdoor injuries
 - Make a list of local plants, animals, and insects that are dangerous
 - Lead a discussion with girls on how to stay safe around these hazards and what to do if they encounter them
 - Talk about natural disasters and how to plan and stay safe if one occurs
 - Consult Resources Guide, Safety Section for print outs and lists
- **Activity #6:** Make a map & a plan: Badge Connection: Brownie Safety Award
 - Help girls map out where the police station, fire station, and other important places are in your area
 - Discuss "Safe Places" and what to do if they need a safe place to go
 - Help girls make an "everyday" safety plan
 - Consult Resources Guide, Safety Section for print outs and lists
- **Closing**
 - Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
 - Sing "Make New Friends."
 - After the song, ask everyone to be quiet.
 - Use Kaper Chart to designate one girl who will start the friendship squeeze.

Expand the Activities:

- Field Trip Ideas
 - Go outside! Have the girls practice their first aid knowledge using materials found outdoors.
- Speaker Ideas
 - Invite a camp counselor to your meeting to talk about staying safe at camp.
 - Invite a 911 dispatcher or police officer to your meeting to talk about 911.

Family Follow-Up letter/ Email

Use the letter/email on the below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Dear Girl Scout Parent:

We had a wonderful time today learning about how to help others in an emergency situation and are on our way to earning the Brownie First Aid Badge.

We had fun:

- Practicing first steps to take in an emergency through skits.
- Learning and practicing how to give first aid for minor injuries on our First Aid Friends.

Continue the fun at home:

- Help your Girl Scout by letting her practice her first aid skills with you.
- Create an emergency plan of action for your family at home.
- Help your Girl Scout create a 911 call sheet with the facts she learned.
- Look through the Brownie *Girl's Guide to Girl Scouting* Brownie First Aid Legacy Badge and Brownie Safety Award with your Brownie to find other activities you can try at home.

Thank you for bringing your Brownie to Girl Scouts

Meeting 11- Choosing Take-Action Project

Goal: Girls recognize the problems in the community and work together to find ways to address them.

Prepare Ahead: Review Session 4 on pages 75-83 of the adult guide. Remember you will need to obtain permission forms if your upcoming Take-Action project occurs outside of your regular meeting place/time. Prepare Home Connection letters. Purchase Snacks badges for each girl.

Award/Badge Connection: Earn Snacks badge by completing step 4, complete steps toward the Take-Action Key journey award.

Supplies & Resources:

- ✓ *Brownie Quest* girl's journey book
- ✓ *Brownie Quest* adult guide
- ✓ *Brownie Girls Guide to Girl Scouting*
- ✓ Sign In/Out Sheet
- ✓ Name Tags
- ✓ Girl Scout Promise written on whiteboard, chalkboard, or poster board
- ✓ Kaper chart
- ✓ Sit-upons
- ✓ Art Supplies (markers, crayons, pencils, paper)
- ✓ Flag (optional)
- ✓ Supplies for Snacks badge- step 4 (take note of any food allergies or dietary requirements of girls)
- ✓ Snacks badge, one for each girl.

Meeting Outline:

- As girls arrive
 - Greet, sign-in, and name tags.
 - Activity: Ceremony from the Girl Scout Archives: Fairy or Dancing Ring (adult guide page 28).
- Opening
 - Gather and greet each other with the Girl Scout handshake.

- Say the Girl Scout Promise and Law.
- Flag Ceremony and Pledge of Allegiance (optional).
- Share: What did you do to earn your My Best Self badge? What Snacks did you make with your families?
- Sing: Girls choice
- Business-Planning
 - Brownie Circle: Review Brownie Team Agreement and assign kapers.
 - Meeting Topic: Choosing a Take Action Project.
 - *Note: Session 4 (adult how to guide pages 75-83) provides important steps in working through the planning process. At this meeting, come to a consensus about a Take Action Project and brainstorm what girls need to know or do to plan and prepare. Ask for volunteers to help get things started before the next meeting.*
 - Brownie Brainstorm: Think more about places where Brownies could help (girl's book pages 40-43 and adult guide page 75 have many ideas).
 - Brownie Team Trade: Girls make a team decision about what to do.
 - Brownie Plan: What information and supplies do we need?
- Exploration
 - Game: Barnyard Mix-Up to pair girls for role-play (see Resources & Meeting Helps guide).
 - Role Play: What actions will we do at the Take Action Project?
 - Safety First!: What do we need to be aware of to stay safe as we do our project?
 - Family Connection: How can our families help us with our project? Write a note to families about what they need for this project. Compose a permission slip for any activity away from your regular meeting site.
 - Review the Take Action Project: Ask for volunteers for any action items to be completed before the project day.
- Snack Time
 - Complete step 4 in Snacks badge requirements. Don't forget to take any food allergies or dietary requirements into consideration when picking ingredients.
- Clean Up
 - Remind girls of kapers and work together to leave the site better than you found it.
- Closing
 - Form a Brownie Circle.
 - Reflection: Read the "Brownie Ballad" from the girl's book pages 38-39.
 - Next Meeting: Making the World a Better Place.
 - Ask girls to choose: Friendship Circle and Squeeze, Girl Scout Out, Magic Tunnel, or Slip Away Silently.
 - Present Snacks badge to girls, Hand outs, collect name tags, and sign-out.

Meeting 12- Planning Our Take-Action Project

Goal: Girls take part in planning a project the makes the world a better place.

Prepare Ahead: Review decisions made in previous meeting, and Session 4 on pages of 75-83 of adult guide. Prepare Home Connection letters, copies, and permission forms if necessary. Purchase Brownie Girl Scout Way badges for each girl.

Award/Badge Connection: Earn Brownie Girl Scout Way badge by completing step 3. Complete steps toward earning Take-Action Key journey award, and Brownie Quest journey award.

Supplies & Resources:

- ✓ *Brownie Quest* girl's journey book
- ✓ *Brownie Quest* adult guide
- ✓ *Brownie Girls Guide to Girl Scouting*
- ✓ Sign In/Out Sheet
- ✓ Name Tags
- ✓ Girl Scout Promise written on whiteboard, chalkboard, or poster board
- ✓ Kaper chart
- ✓ Sit-upons
- ✓ Art Supplies (markers, crayons, pencils, paper)
- ✓ Copies of Home Connection letters.
- ✓ Flag (optional)
- ✓ Supplies for creating Team Banner/ Mural (see Brownie Girl Scout Way badge-Step 3 or Resources and Meeting Helps guide)
- ✓ Brownie Girl Scout Way badges, one for each girl.

Meeting Outline

- As girls arrive
 - Greet, sign-in, name tags
 - Girls choice game
- Opening
 - Gather and greet each other with the Girl Scout handshake.
 - Say the Girl Scout Promise and Law.
 - Flag Ceremony and Pledge of Allegiance (optional).
 - Share: What have you done to make the world a better place since our last meeting?
 - Sing: Girls choice
- Business-Planning
 - Brownie Circle: Review Brownie Team Agreement and assign kapers.
 - Meeting Topic: Planning Our Take-Action Project
 - Review decisions made in meeting 7, discuss any other planning decisions that need to be made.
 - Have girls work together to complete pages 68-69 in girls journey book.
- Exploration
 - Review final decisions on Take-Action Project
 - Activity: Create Team Banner or Mural (see Brownie Girl Scout Way badge-Step 3 or Resources & Meeting Helps guide).
- Snack Time (optional)
- Clean Up
 - Remind girls of kapers and work together to leave site better than you found it.
- Closing
 - Remind girls that at our next meeting we will be completing our Take-Action Project and earning the Take-Action Key journey award.
 - Ask girls to choose: Friendship Circle and Squeeze, Girl Scout Out, Magic Tunnel, or Slip Away Silently.
 - Present girls with Brownie Girl Scout Way badges, Handouts, collect name tags, and sign-out

Meeting 13- Making The World a Better Place

Goal: Girls take part in Take-Action Project that makes the world a better place.

Prepare Ahead: Review Sessions 5 & 6 on pages 85-87 of the adult guide. Create invitations to invite families to celebrate earning the Brownie Quest journey award. Prepare Home Connection letters. Review Safety-Wise Checkpoints.

Award/Badge Connection: Earn Take-Action Key and Brownie Quest journey awards.

Supplies and Resources:

- ✓ Sign In/Out Sheet
- ✓ Permission forms
- ✓ Invitations for the celebration
- ✓ Take-Action Project materials (if necessary)
- ✓ Copies of Home Connection letters

Meeting Outline

- As girls arrive
 - Greet and sign-in, name tags
 - Review any Rules that are required at site, and Safety-Wise Checkpoints with girls.
 - Activity: Divide into groups for the Take-Action project (if necessary).
- Take-Action
 - Connect with members of the community and work on a project to help the community.
- Clean Up
 - Pick clean-up leaders and work together to leave the site better than you found it.
- Closing
 - Form a Brownie Circle.
 - Reflection: How did it feel to work together on the project? What would you change if you did it again?
 - Next Meeting: Celebrate!
 - Friendship Circle and Squeeze.
 - Hand out invitations to families for Celebration at the next meeting, Home Connection letters, and sign-out.

Meeting 14- Celebrate the Brownie Leadership Quest

Goal: Girls reflect on their Take-Action Project and celebrate earning the Brownie Quest Award with friends and family.

Prepare Ahead: Review Sessions 5, 6, and 7 on pages 85-96 of the adult guide. Plan the celebration. Make a visual prop that conveys the importance of the keys (adult guide page 90). You may also want to make a display that shows all the work the girls have done to earn their badges and awards. Copies of the key chants (adult guide page 91) and Brownie Cheer (adult guide page 94).

Award/Badge Connection: Earn the Brownie Quest Award

Supplies & Resources:

- ✓ *Brownie Quest* girl's journey book
- ✓ *Brownie Quest* adult guide
- ✓ *Brownie Girls Guide to Girl Scouting*

- ✓ Sign In/Out Sheet
- ✓ Name Tags
- ✓ Girl Scout Promise written on whiteboard, chalkboard, or poster board
- ✓ Kaper chart
- ✓ Flag
- ✓ Take Action Key journey awards
- ✓ Brownie Quest Awards
- ✓ Key visual prop
- ✓ Copies of the chants
- ✓ Copies of the Brownie Cheer
- ✓ Refreshments

Meeting Outline

- As girls arrive
 - Greet, sign-in, and name tags
 - Activity: View displays of the activities done to earn the Brownie Quest Award and all badges with friends and family members.
- Opening
 - Welcome girls, families, and guests.
 - Introduce volunteers.
 - Girls recite the Girl Scout Promise and Law.
 - Ask to stand for Flag Ceremony.
 - Brownies sing “The Brownie Smile Song.”
- Reflection
 - Gather in a Brownie Circle with friends and family seated around them.
 - Questions: “How did you act as leaders for your Take Action Project?”, “What are some examples of choices or decisions you made?”, “How did you do as a Brownie Team and what can you do even better together next time?”, “What was it like to take action and improve the world?”, and “How do you feel about what you accomplished?”
 - Say, “Now we’ve flown into action and _____ (summarize what they have completed—the third step to the third key!).”
 - “What were the first two steps?” [Identify a problem we care about, and plan an action.]
 - Say, “So the last step is actually doing it. What do you think the third key is called?” [Take Action!]
 - Say, “Now that we have completed the project, we have one more key to add—and a chant to go with it. Repeat after me: Flying into action, That’s the biggest key!, Improving the world, All around you and me.”
 - Hand out the Take Action Key journey award.
- Celebration
 - Say, “The Take Action Key is special because it is the last key. Let’s think about what happens when we put the three keys together. Each time you found a key, we had a special chant. Let’s put it all together.”
 - Distribute and read chants (adult how to guide page 91).
 - Ask Brownies to give examples related to how they earned the three keys (adult guide page 92).
 - Say, “In Girl Scouts, when a girl Discovers, Connects, and Takes Action, she is showing that she is a leader! Now that you have searched and found the code to leadership—a leader discovers, connects, and takes action—you are a leader!”
 - Ask, ”What is one way that you are going to keep on being a leader?”
 - After each Brownie gives her “leadership commitment,” invite her to come forward and touch the

key to each lock (prop) before awarding her the Brownie Quest Award.

- Say, “Now use your keys to keep opening doors to more leadership adventures in Girl Scouting!”
- Distribute and read the Brownie Cheer (adult how to guide page 94).
- Invite families to have refreshments and then rejoin for the closing ceremony.
- Clean Up
 - Pick clean-up leaders for kapers and work together to leave the site better than you found it.
- Closing
 - Form a giant Friendship Circle and do a Friendship Squeeze.
 - Collect name tags and sign-out.

Alternate Meeting Plans for Brownie Quest: Discover Key

Goal: When girls have earned this award, they'll see how they can use their skills and values in Girl Scouts, with their family and in the world around them.

Meeting Length: 1.5 hours

Customize: If your group wants to expand work on this award or simply try different activities, go for it! There are many ways to complete this award, including: completing the activities as listed in the *Brownie Quest* Journey, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the Discover Key if:

- They can list things they are good at and like about themselves
- They understand what it means to be a Girl Scout and the values of the Girl Scout Law
- They talk about Girl Scout values with their family

Girls can continue their Brownie Quest journey by earning the remaining awards: Connect Key, Take Action, Key, and Brownie Quest Award.

Tips:

- Girl Scout Cadettes who are working on the *It's Your World—Change It! aMAZE* Journey can earn their Leadership in Action (LiA) Award by assisting with these activities. Contact council or local Go Team volunteer to find girls in your area who may be interested in assisting your group. Requirements for the Brownie Quest LiA Award can be found in the *It's Your World—Change It! Brownie Quest* adult guide.
- Check out ways to stay safe using Safety-Wise Checkpoints
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made.
- For more Girl Scout Brownie activity ideas, attend a council-sponsored Girl Scout Brownie Leaders training session.

Prepare Ahead: Review Session 1 in adult guide pages 42-55; make copies of the family star instructions and star on pages 54-55 of adult guide; write each of the ten parts of the Girl Scout Law on a paper plate. Cut out squares of colored paper to represent different parts of the Law according to the chart below, and place them on the matching plates; gather any other materials or supplies necessary

Girl Scout Law	Color
Honest and Fair	Light blue
Friendly and Helpful	Yellow
Considerate and Caring	Light green
Courageous and Strong	Red
Responsible for What I Say and Do	Orange
Respect Myself and Others	Dark purple
Respect Authority	Dark pink
Use Resources Wisely	Green
Make the World a Better Place	Light pink
Be a Sister to Every Girl Scout	Light purple

Supplies & Resources:

- ✓ *Brownie Quest* girl's book
- ✓ *Brownie Quest* adult guide
- ✓ Large paper
- ✓ Coloring utensils

- ✓ Construction paper
- ✓ Paper plates (10)
- ✓ Scissors
- ✓ Tape
- ✓ All About Me posters from Activity #1

Meeting Outline:

- **Opening**
 - Welcome everyone to the meeting.
 - Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.
 - Sing the Brownie Smile Song. Use repeat-after-me or sing as a group if girls know it by heart.
- **Activity #1: All About Me Poster**
 - Have each girl create a poster of herself. Girls can use pictures, words or symbols to describe themselves and their special qualities and talents.
 - As girls finish their posters, ask them to share their poster with at least one other girl.
- **Activity #2: All About My Values**
 - Re-read the Girl Scout Law.
 - Using the colored squares of paper, have girls choose the three or four parts of the law that they think are the most important. Ask them to attach the paper squares to their All About Me posters from activity 1.
- **Activity #3: Snack Time Talk**
 - While enjoying a healthy snack of your choice, here are some things to talk about.
 - Did you learn anything new about someone today? What did you learn?
 - What is something that you are really good at?
 - What can you do to make your friends and family happy?
 - What do you do to help take care of your home?
 - What do you do when your friends have a problem?
 - What is something you really like to do?
 - How do you take good care of yourself?
- **Activity #4: Family Stars**
 - Hand out copies of family stars.
 - Have girls decorate their stars and cut them out.
 - Explain the take home activity:
 - Take your star home and show it to your family.
 - Talk with them about the Girl Scout Law and your favorite parts.
 - Ask them what part of the law is most important to your entire family.
 - On the blank side of your star, write the part of the law your family chose and give examples of how your family members live out those values. You can use picture or words.
 - Remember to bring your star back the next time we meet.
- **Closing**
 - Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
 - Sing “Make New Friends.”
 - After the song, ask everyone to be quiet.
 - Use Kaper Chart to designate one girl who will start the friendship squeeze.

Family Follow-Up Letter/Email

Use the letter/email below as a template to let families know what you did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Dear Girl Scout Parent:

We had a wonderful time today discovering our unique qualities and talents on our way to earning the Brownie Quest Discover Key. We also learned about the values in the Girl Scout Law.

We had fun:

- Getting to know ourselves and one another by making All About Me Posters
- Using the posters to show what parts of the Girl Scout Law matter most to us
- Creating a Family Star for us to fill out together at home

Continue the fun at home:

- Fill out the Family Star with your girl.*
 - Talk about the values of the Girl Scout Law and which parts are most important to your family.
 - Help your Girl Scout write the line from the Law that is most important to your family in the middle of the star, and list examples of ways each family member lives out this value.
- Talk to your Girl Scout about what she sees as her special qualities and talents.*
- Look at the *Brownie Quest* Journey book and read about the adventures of Campbell, Jamila and Alejandra as they meet the Brownie Elf.

*Please complete these steps to help your Girl Scout earn the Brownie Quest Discover Key.

Thank you for bringing your Brownie to Girl Scouts!

Alternate Meeting Plans for Brownie Quest: Connect Key

Purpose: When girls have earned this award, they'll see how they are part of a larger community, how their actions affect others and how to influence healthy living habits.

Meeting Plan Length: 1.5 hours

Customize: If your group wants to expand work on this award or simply try different activities, go for it! There are many ways to complete this award, including: completing the activities as listed in the *Brownie Quest* Journey, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the Connect Key if:

- They can talk about how they are part of a larger community.
- They can work cooperatively within a team and recognize how their actions affect other people
- They can influence new healthy living ideas and inspire practicing healthy habits within their family environment

Girls can continue their Brownie Quest Journey by earning the remaining awards: Take Action Key and Brownie Quest Award.

Tips:

- Girl Scout Cadettes who are working on the *It's Your World – Change It! aMAZE* Journey can earn their Leadership in Action (LiA) Award by assisting with these activities. Contact council or Go Team volunteer to find girls in your area who may be interested in assisting your group. Requirements for the Brownie Quest LiA Award can be found in the *It's Your World—Change It! Brownie Quest* adult guide.
- Check out ways to stay safe using Safety-Wise Checkpoints
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made.

Prepare Ahead: Review Sessions 2 & 3 in adult guide and Brownie Quest girl's book; pre-trace/copy outlines of four separate, different sized circles (small, medium, large, extra large) on sheets of paper; Snack prep—varies according to snack selected; gather any other materials and supplies necessary.

Supplies & Resources:

- ✓ *Brownie Quest* girl's book
- ✓ *Brownie Quest* adult guide
- ✓ Construction paper
- ✓ Pre-traced circle sheets (one per girl)
- ✓ Coloring utensils
- ✓ Scissors
- ✓ Glue
- ✓ Notepads (three)
- ✓ Markers
- ✓ Snack item(s)

Meeting Outline:

- **Opening**
 - Welcome everyone to the meeting.
 - Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.
- **Activity #1: Circle Art**
 - Tell the girls to find the smallest circle on the pre-traced circle sheet and write the word "Me" in it. Next, have them draw a small picture of themselves in the circle and color in the background of the circle (any color they want).

- Have the girls find the medium circle on the pre-traced circle sheet and ask them, “Who are the next most important people in your lives?” They may say family, friends or pets. Have them write those people or groups in the second circle and draw pictures, if they fit, and color the background of the circle a different color than their first circle.
 - Have the girls find the large circle and ask the girl, “Who are other people or groups that you interact with or outside of the people in your first two circles?” They may say their Girl Scout troop, their class or school. Have them write the names and draw pictures of these people and color the background of the circle a third color.
 - Finally, have the girls locate the largest circle and ask them, “Who are other people that surround you besides the people you have already included in previous circles?” They may answer with the people in their town, their country or the world. Instruct girls to write the names and pictures of these people/groups and color the background of the circle a fourth color.
 - Tell the girls to cut out all four circles and glue them onto their piece of construction paper in a progressive row from right to left (paper should be landscape/horizontal) starting with the largest circle. Instruct the girls to glue on the largest circle first, then the next largest to the left of it, then the medium and the smallest last. Tell the girls they may have to overlap their circles slightly to fit. Now the girls have completed a circle map that illustrates how they are a part of a larger community!
- **Activity #2:** Telephone Pictionary and Snack Time Talk
- Divide the girls evenly into two groups and have each group sit down in a row (one girl directly behind the other), with both lines facing forward. Tell the girls that they are going to play a game called “Telephone Pictionary,” where each team will have to work together to try and draw the most accurate picture.
 - First, draw a simple picture in your notebook, such as a flower, a butterfly or a boat in water on a sunny day, and make sure none of the girls sees it. Hand the girl in the front of each row a notebook and a marker.
 - Go to the rear of each row and show the last girl in each row the picture you drew, but make sure the rest of her team doesn’t see the picture.
 - Instruct the girls who saw the picture to trace the same picture on the back of the girl sitting in front of her with her finger. Tell the girls to do their best.
 - Allow time for each line to pass the “picture” from the girl in the back to the girl in the front. (Tip: If a girl does not know what another girl “drew” on her back, she can have her repeat drawing the picture by saying, “operator,” but can only ask once. Then, the girl must continue by drawing the picture that was drawn on her back on the next girl’s back.)
 - Once the “picture” reaches the first girl in the row, she must then draw the picture she felt in her notebook and flip it over.
 - Allow both teams to finish, waiting until both team’s notebooks are flipped over.
 - Hold up the picture drawn by each team and then show the original picture. The team that drew the most accurate picture compared to the original picture wins.
 - Distribute snack and chat about the following questions with your girls:
 - What was this game like for you?
 - Was it easy or frustrating?
 - Did your team’s picture turn out close to the original picture? Why or why not?
 - Does this game show how our individual actions affect other people?
 - What are some actions or behaviors you could do at home or school to affect others in a good way?
 - What are some poor actions or behaviors that people do at home or school that affect others in a bad way?
 - Ask each girl to name one thing they can do to affect someone else in a positive way after this meeting.

➤ **Closing**

- Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
- Sing “Make New Friends.”
- After the song, ask everyone to be quiet.
- Use Kaper Chart to designate one girl who will start the friendship squeeze.

Expanding the Activities:

➤ Field Trip Ideas:

- Visit a local health or recreational club, camp or challenge course.

➤ Speaker Ideas:

- Invite a psychologist to teach your troop about group dynamics and personal actions.
- Invite a coach or nutritionist to come teach your troop about team building, healthy activities or recipes.
- Invite family members to your meeting to do the activities with you.

Family Follow-Up Letter/Email

Use the letter/email below as a template to let families know what you did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Dear Girl Scout Parent:

We had a wonderful time learning about how we are connected to the larger community and the importance of healthy actions. We are on our way to earning the Brownie Quest Connect Key.

We had fun:

- Connecting how we are a part of multiple “circles” of life.
- Playing a fun game called Telephone Pictionary that taught us how our individual actions affect others.
- Brainstorming ways our families can practice healthy habits.

Continue the fun at home:

- Ask your Girl Scout about her ideas for how your family can live a healthy life. Talk about how your family will put this practice into action.*
- Encourage your Girl Scout to make a list of physical activities that can be done as a family, such as going on a hike, a bike ride or playing soccer in the backyard. Try and schedule a time to do one activity per week.*
- Look at the *Brownie Quest* Journey book and read about the adventures of Campbell, Jamila and Alejandra as they meet the Brownie Elf.

*Please complete at least one of these steps to help your Girl Scout earn the Brownie Quest Connect Key.

Thank you for bringing your Brownie to Girl Scouts!



Brownie Legacy Badge Activities

Meeting Plans for Completing Fair Play Legacy Badge

Goal: When girls have earned this badge, they'll know how to play fair in sports and games.

Meeting Length: 1.5 hours

Customize: If your group wants to expand work on this badge or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the Brownie Girl's Guide to Girl Scouting Fair Play Badge, completing this meeting plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They can follow the rules
- They can include everyone and be part of a team
- They know how to keep score of a simple game or sport
- They have a field day

Tips:

- Check out ways to stay safe using Safety-Wise Checkpoints
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made.

Resources:

- This meeting plan has been adapted from the Brownie *Girl's Guide to Girl Scouting* Fair Play Badge, which can be used for additional information and activities.
- For more information about women's sports, check out the resources below.
 - <http://www.womenssportsfoundation.org>
 - *Great Moments in Women's Sports* by Michael Teitelbaum
 - *Superstars of Women's Tennis* by Ellen Miles

Plan Ahead: Review Brownie *Girl's Guide to Girl Scouting* Fair Play Badge; Find a book(s) or website(s) on women's sports (see Resources section for ideas); gather all other materials and supplies necessary

Supplies & Resources:

- ✓ Poster board (any size)
- ✓ Markers
- ✓ Art supplies (paper, pencils, markers, crayons, etc...)
- ✓ Book(s) or website(s) on women's sports
- ✓ An orange or ball of similar size
- ✓ Optional: Balloon
- ✓ Optional: Balls of various size

Meeting Outline:

- **Opening**
 - Welcome everyone to the meeting.
 - Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.
 - Sing the Brownie Smile Song. Use repeat-after-me or sing as a group if girls know it by heart.
- **Activity #1: Rules of the Game- Badge Connection:** Step 1—Follow the rules
 - As a group, choose a simple game to play, such as Duck, Duck, Grey Duck or Tag.
 - Think of the rules needed to play the game. Make a poster listing the rules.
 - Play the game, following the rules on the poster.

- Now, come up with two *new* rules for the game. Play the game with your new rules.
 - How does this change the game?
 - Which rules do you like better?
- **Activity #2:** Girl Sports!- Badge Connection: Step 2—Include Everyone
 - Learn about a sport that women play professionally. Find information from books or online.
 - Have girls look for answers to the questions below:
 - When did the sports group form?
 - Where and when do they play?
 - Are there any famous players in the sport?
 - Discuss some of the favorite things you learned.
- **Activity #3:** Pass the Orange- Badge Connection: Step 3—Be part of a team
 - Form two teams. Have each team stand in a single file line.
 - Pass an orange or ball down the line from chin to chin. If it is dropped, the team needs to start back at the beginning. The first team to get to the end wins!
 - Try the same game but with different objects, such as a balloon or different types of balls. Try changing the rules. For example, instead of using your chin, use your elbows, knees, etc.
 - Ask the girls how they used teamwork in this activity.
- **Activity #4:** Snack Time Talk
 - While enjoying a healthy snack, here are some things for girls to talk about:
 - What is your favorite sport to play?
 - What would games be like if people *didn't* play by the rules?
 - Why are rules important?
 - Has anyone ever been on a team? (Girl Scouts is like a team too!)
 - What did you enjoy about being on a team?
- **Activity #5:** Plan a Field Day- Badge Connection: Steps4 & 5- Keep Score & Have a Field Day
 - Work with girls to plan a field day and invite their families or another troop to join in.
 - Have girls come up with “game stations”, a theme, and scoring system
- **Closing**
 - Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
 - Sing “Make New Friends.”
 - After the song, ask everyone to be quiet.
 - Use Kaper Chart to designate one girl who will start the friendship squeeze.

Expand the Activities:

- **Field Trip Ideas**
 - Attend a girls' or women's sporting event.
 - Participate in a sports class or event at your local community or recreation center.
- **Speaker Ideas**
 - Invite a female athlete or coach to your meeting.
 - Invite a physical education teacher to teach the rules of a new game or sport.

Family Follow-Up Letter/Email

Use the letter/email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Dear Girl Scout Parent:

We had a wonderful time today learning about rules, teamwork, and women's sports and are on our way to earning the Fair Play Badge.

We had fun:

- Making up our own rules to a game
- Learning about professional women's sports
- Using teamwork to complete a challenge

Continue the fun at home:

- Try a new sport at the park or in your own backyard.
- Share with your Girl Scout the sports you played growing up.
- Look through the *Girl's Guide to Girl Scouting* with your Brownie to find other activities you can try at home.

Thank you for bringing your Brownie to Girl Scouts!

Meeting Plans for Completing Brownie Painting Legacy Badge- Meeting 1

Goal: When girls have earned this badge, they'll have new ideas about what and how to paint.

Meeting Length: 1.5 hours

Customize: If your group wants to expand work on this badge or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the Brownie *Girl's Guide to Girl Scouting*, completing this plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They can recognize different styles of paintings
- They experiment with different painting activities
- They are inspired to paint more

Tips:

- Check out ways to stay safe using Safety-Wise checkpoints

- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made.

Resources:

- This meeting plan has been adapted from the Brownie *Girl's Guide to Girl Scouting* Painting Badge, which can be used for additional information and activities.
- Book Suggestions for Activity #1: Explore More:
 - *Painting Techniques* by Diana Fisher
 - *13 Paintings Children Should Know* by Angel Wenzel

Prepare Ahead: Review Brownie *Girl's Guide to Girl Scouting* Painting Badge; Gather books about painting from the library (see Resources section above for suggestions); Have various fruits and veggies ready for a snack; Wash and cut assorted fruits and veggies into halves for the stamping activity. For stamping, cut patterns into some of the fruit and veggies. Cut various shapes, such as squares, triangles, etc. Leave some without patterns for girls to see what designs are made just from the food item; Gather any other materials and supplies necessary

Supplies & Resources:

- ✓ Library books with different style paintings. Many books can be found at the library by searching for impressionism, pointillism, cubism, pop art and realism.
- ✓ Grocery paper bags, crumpled to various degrees (two–three bags)
- ✓ Paint and bowls or cups to hold the paint
- ✓ Paintbrushes
- ✓ Large pieces of paper (one per girl)
- ✓ Assorted, washed and cut fresh fruits and vegetables
- ✓ Paper plates and napkins
- ✓ Washable paints
- ✓ Paper
- ✓ Paper towels

Meeting Outline:

- **Opening**
 - Welcome everyone to the meeting.
 - Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.
 - Sing the Brownie Smile Song. Use repeat-after-me or sing as a group if girls know it by heart.
- **Activity #1: Explore More- Badge Connection: Step 1—Get inspired**
 - Have girl look through the art books and find pictures of paintings that they really like.
 - Have girls share their favorite pictures with one another.
 - Discuss with the girls the different styles of art such as pointillism, pop art, cubism, impressionism, realism, etc. Ask girls to share their thoughts about the paintings and how the different pictures make them feel.
- **Activity #2: Paper Bag Imagination- Badge Connection: Step 2—Paint the real world**
 - Set up the paper bags upside down and near each other. They should stand at various heights and positions depending on how they were crumpled.
 - Have girls use their imaginations to paint landscapes using the paper bags as inspiration for their landscapes. Are the bags mountains? Trees? Clouds? Animals?
- **Activity #3: Snack Chat and Organic Stamping- Badge Connection: Step 4—Paint without brushes**
 - Sit down with girls and have them enjoy a snack of fruit and veggies.
 - As the girls finish snack, ask them to think of a time when they haven't used paintbrushes to paint

pictures.

- What have you used besides brushes? Your fingers and hands? Other objects?
- Have you ever used fruits and vegetables to paint?
- Using the fruit and veggie stamps, have girls each make their own painting. Demonstrate how the girls should lightly dip the stamp into the bowl and then stamp their paper.
- Encourage girls to try the different stamps.
- Ask them which stamps they like best and if they think there are other things they can use to paint with at home, such as leaves or small branches.

➤ **Closing**

- Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
- Sing “Make New Friends.”
- After the song, ask everyone to be quiet.
- Use Kaper Chart to designate one girl who will start the friendship squeeze.

Expand the Activities:

- Field Trip Ideas:
 - Visit a local art museum.
 - Take a walk around your meeting place. When you return, have girls paint something they saw.
- Speaker Ideas:
 - Invite a local artist to your meeting.
 - Invite a museum docent or curator to your meeting to talk about paintings.
 - Invite an art teach to your meeting.

Family Follow-Up Letter/Email

Use the letter/email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Dear Girl Scout Parent:

We had a wonderful time today learning about different styles and ways to paint. We used our creative minds and on our way to earning the Painting Badge.

We had fun:

- Exploring different ways to paint and using our imaginations
- Learning about different styles of art

Continue the fun at home:

- Spend time together using your imaginations to create new paintings together.
- Share your favorite artwork and artists with your Brownie.
- Look through the *Girl's Guide to Girl Scouting* with your Brownie to find other activities you can try at home.

Thank you for bringing your Brownie to Girl Scouts!

Meeting Plans for Completing Brownie Painting Legacy Badge- Meeting 2

Goal: When girls have earned this badge, they'll have new ideas about what to paint-and how to paint it.

Meeting Length: 1.5 hours

Customize: If your group wants to expand work on this badge or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the Brownie *Girl's Guide to Girl Scouting*, completing this meeting plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- they can recognize different styles of paintings
- they experiment with different painting activities
- they are inspired to paint more

Plan Ahead: Review Brownie *Girl's Guide to Girl Scouting* Painting Badge; Gather materials and supplies.

Optional: Have the area dimly lit so girls can feel what it would be like to paint in a dark cave with only a small flame/light source; fruit for snack and still life painting.

Supplies & Resources:

- ✓ Washable paint and paper bowls to hold the paint
- ✓ Paintbrushes
- ✓ Paper
- ✓ Paper towels
- ✓ Radio or some other music device capable of playing different music
- ✓ Paper grocery bags (one per girl)
- ✓ Scissors
- ✓ Assorted fruit for still life painting and snack (at least one fruit per girl)
- ✓ Paper plates and napkins
- ✓ Optional: small lamp to provide light and dimension to the fruit still life

Meeting Outline:

- **Opening**
 - Welcome everyone to the meeting.
 - Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.
 - Sing the Brownie Smile Song. Use repeat-after-me or sing as a group if girls know it by heart.
- **Activity #1: Music and Emotions- Badge Connection: Step 3—Paint a Mood**
 - Have girls think about their current mood and write it on their paper. Are they happy, or sad or excited?
 - Now ask girls to think of that feeling and choose a color to represent it. Girls should paint with that color on their pages and use that feeling as inspiration for the design of their paintings. For example, if a girl is feeling angry, she might choose red or black and paint in heavy strokes. Give girls about five minutes to work on this, then switch to a new piece of paper.
 - Now tell girls that they are going to listen to a song. Each girl should choose a color or colors that she associates with the song. She should also use the song as inspiration for the design of her painting. For example, a classical song might inspire a painting with flowing brush strokes in pastel tones, while a rock 'n' roll song might inspire one with quick, staggered brush strokes in bright colors.
 - Note: There is not right or wrong way for girls to do this activity. It is simply a way to encourage creative thought and expression.

- **Activity #2:** Cave-Woman Mural- Badge Connection: Step 5—Paint a mural and Step 4—Paint without brushes
 - Ask girls to think of what life was like for cavemen and cave women a long time ago. Where did they live? How did they communicate? What sorts of things might they have had? How did they get heat? How did they “power” things?
 - When cavemen and cave women wanted to express themselves in creative ways, they had to use the materials and methods available to them at the time. Oftentimes, they would paint pictures on cave walls with “paint” made from vegetation and animals.
 - Show girls pictures of cave drawings, examples of which are provided below.
 - Discuss with girls what they see in the drawings. It seems that cave people usually painted things they saw, like animals and people, and things they did, like hunting.
 - Ask girls to think about what they see or do on a regular basis and how they might paint it in a simple way, like a cave women might have done.
 - Have girls use their ideas to design their own cave drawings.
 - First, have each girl crumple a paper grocery bag into a ball.
 - Girls will then pull the bags apart and cut them open so they lay flat. To do so, they should make one cut along the length of the bag and then cut out the bottom rectangle.
 - Now it’s time to paint. Direct girls to use only their fingers to paint their own “cave drawings” of things they see or do on a regular basis.
- **Activity #3:** Still Life and Snack Time Talk- Badge Connection: Step 2—Paint the real world
 - Have girls help you arrange various fruits on a small table (or other similar item) in the center of the room. If you brought a small lamp, direct the light onto the fruit, creating some shadows.
 - Ask if any girls know what a still life is. A still life is a work of art depicting mostly inanimate subject matter, typically commonplace objects which may be either natural (food, flowers, plants, rocks or shells) or man-made (drinking glasses, books, vases, jewelry, coins, pipes, etc.).
 - Tell the girls that they are going to practice painting the still life they have just created. To create their paintings, they should paint things exactly as they see them on the table. The shapes, colors, sizes and arrangement should all be realistic and aim to accurately portray what’s in front of them.
 - Note: Girls’ painting abilities will vary. The goal of this exercise is not to end up with the perfect still life, but to get girls thinking about how they see things and how they can try to depict reality through art.
 - If time allows, have girls share their paintings with the large group once they are complete.
 - Enjoy a snack of the fruit used in the still life (wash it first).
- **Closing**
 - Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arm over their left, holding hands with the person on each side of them.
 - Sing “Make New Friends.”
 - After the song, ask everyone to be quiet.
 - One of today’s Badge Buddies should start the friendship squeeze.

Expand the Activities:

- Field Trip Ideas:
 - Visit a local art museum.
- Speaker Ideas:
 - Invite a local painter or artist to your meeting.

Family Follow-Up Letter/Email:

Use the letter/email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- when and where you will be meeting next
- what activities you will do at the next meeting
- family help or assistance that is needed
- supplies or materials that girls will need to bring to the next meeting
- reminders about important dates and upcoming activities

Dear Girl Scout Parent:

We had a wonderful time today creatively exploring different styles and methods of painting and have earned the Painting Badge.

We had fun:

- painting like cave women
- learning about different styles of art and using our emotions to paint a feeling

Continue the fun at home:

- Spend time with your Girl Scout painting a still life using objects found around your house. Or, simply turn up some music and make an abstract painting that depicts how the music makes you feel.
- Share your favorite artwork and artists with your Girl Scout.
- Look through the *Girl's Guide to Girl Scouting* with your Brownie to find other activities to try at home.

Thank you for bringing your Brownie to Girl Scouts!

Meeting Plans for Completing Brownie Celebrating Community Legacy Badge

Goal: When girls have earned this badge, they'll know about communities, how communities celebrate and what makes them special.

Meeting Length: 1.5 hours

Customize: If your group wants to expand work on this badge or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the Brownie *Girl's Guide to Girl Scouting*, completing this meeting plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They can identify a community and its characteristics, such as symbols and songs
- They can demonstrate ways that communities celebrate or showcase their pride
- They have participated in a community celebration

Tips:

- Check out ways to stay safe using Safety-Wise Checkpoints
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made.

Resources:

- This meeting plan has been adapted from the Brownie *Girl's Guide to Girl Scouting* Celebrating Community Badge, which can be used for additional information and activities.

Plan Ahead: Review Brownie *Girl's Guide to Girl Scouting* Celebrating Community Badge; Gather materials and supplies; print out a map of your area or state; Prepare a walkway/space that will be the “parade route.”, Optional: Set up music playing device (iPod or CD player.), Divide out candy bags to distribute to the parade walkers.

Supplies & Resources:

- ✓ Plain paper and/or construction paper
- ✓ Coloring utensils
- ✓ Scissors
- ✓ Glue
- ✓ Old magazines that are age appropriate
- ✓ Paper grocery bags
- ✓ Large-roll sheet paper or newspaper
- ✓ Tape
- ✓ Map of area or state
- ✓ List of local landmarks
- ✓ Art supplies (paper, pencils, markers, crayons, etc...)
- ✓ Optional: Candy
- ✓ Optional: Music playing device (iPod or CD player)

Meeting Outline:

- **Opening**
 - Welcome everyone to the meeting.
 - Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.
 - Sing the Brownie Smile Song. Use repeat-after-me or sing as a group, if girls know it by heart.
- **Activity #1: Community Collages- Badge Connection: Step 1—Explore community symbols**
 - Ask the girls to define a “community” and to talk about what makes something a community. Instruct the girls to think of all the communities they are a part of.
 - Some examples may include Girl Scouts, schools, families, sports teams or recreation groups.
 - Pass out one sheet per girl and instruct them to create their own community collage by drawing one symbol or using one picture to represent each community of which they are a part.
 - Tip: Encourage girls to be creative—they can draw symbols, cut out and glue images from old magazines or create their own cut-outs from construction paper.
 - As girls finish, encourage them to share what they created with a partner or gather back as a large group to share.
- **Activity #2: Snack Chat and Singing Symphony Swap- Badge Connection: Step 2—Sing Together**
 - While enjoying snack, talk with the girls about how songs are ways communities celebrate who they are or make them unique and special from other communities. As a large group, ask the girls for examples of some songs that represent different communities. For example, “What songs do we sing in Girl Scouts?” Other examples include:
 - The National Anthem, Star Spangled Banner—represents the U.S.A.
 - Take Me Out to the Ball Game—represents an American Baseball tradition
 - After snack is finished, divide girls up into small groups and instruct them to brainstorm, teach each other and rehearse one song that represents a community. After 10 minutes, they will perform it for the large group.
 - If girls have a hard time getting started, ask them the following questions to help them get started:
 - Are there songs only your class or school knows?

- Is there a special song a family member taught you?
 - Is there a song or chant that you learned at a particular camp or activity?
- Since each group will only showcase one song, tell the girls this may require one girl to teach the song to the rest of the group. Encourage the girls to be considerate and caring by allowing all ideas to be shared as their group chooses which song they will prepare and perform.
 - After 10 minutes, ask each group to share and perform their community song to the larger group.
- **Activity #3:** Brownie Pride Parade Party- Badge Connection: Step 3—Follow the parade
 - Tell the girls that they are going to be a part of the Brownie Pride Parade and split the girls into small groups in separate corners of the room.
 - Instruct each group to determine a team name, which will be represented in the Brownie Pride Parade.
 - Tell the girls to choose one person in their group to be the parade walker. The parade walker will be dressed up by the other girls in her group. The remaining girls get to be the parade designers who create the parade walker's outfit and get to watch the parade.
 - Next, the parade designers will create an outfit for their parade walker. The girls can use the paper and tape to create a fashionable outfit and accessories that represents their whole team. The parade walker will not participate in creating the outfit.
 - Example: The parade designers for the “Royal Queens” team may create a paper crown and a long robe for their parade walker.
 - Tip: Paper grocery bags can be crafted into a clothing item by cutting a hole for the head in the bottom of the bag and two arm holes on the sides.
 - Allow the girls to design and dress up their parade walkers for 15–20 minutes. Then, line up the parade walkers for the parade, and the designers along the parade walkway.
 - Play music (if applicable) and allow the parade walkers to march through and showcase their team pride through the parade route, tossing candy to the parade designers.
- **Activity #4:** Landmark Map- Badge Connection: Be a Landmark Detective
 - Using a print out or map, have girls map out landmarks in your area or state
 - Print out or draw pictures of the landmarks
 - Have girls make their own tourist brochure
- **Closing**
 - Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
 - Sing “Make New Friends.”
 - After the song, ask everyone to be quiet.
 - Use Kaper Chart to designate one girl who will start the friendship squeeze.

Expand the Activities:

- Field Trip Ideas:
 - Visit a local museum, city council, state capital or a famous landmark in your town.
 - Go to a local parade or annual festival in your community.
 - Attend a marching band concert or flag ceremony in your community.
- Speaker Ideas:
 - Invite an experienced marcher, military member, city mayor or an older Girl Scout troop to your meeting to talk about the importance of communities.

Family Follow-Up Letter/Email

Use the letter/email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Dear Girl Scout Parent:

We had a wonderful time today learning about communities and how they are special, and we are on our way to earning the Celebrating Community Badge.

We had fun:

- Thinking about the communities we are a part of and creating a community collage
- Singing and performing songs that represent different communities
- Having a fun “Brownie Pride Parade” of our own

Continue the fun at home:

- Take your Girl Scout on a hike or tour of your local community. Identify and learn together about the places, landmarks, museums, statues, plaques or gardens that make your hometown special.
- Attend or participate in a celebration in your local community together, such as a parade, festival or a grand opening ceremony.
- Look through the *Girl's Guide to Girl Scouting* with your Brownie to find other activities you can try at home.

Thank you for bringing your Brownie to Girl Scouts!

Meeting Plans for Completing Brownie Bugs Legacy Badge

Goal: When girls have earned this badge, they'll know all about bugs.

Meeting Length: 1.5 hours

Customize: If your group wants to expand work on this badge or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the Brownie *Girl's Guide to Girl Scouting*, completing this meeting plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They have learned about bugs and their different body parts
- They have seen bugs in action and explored bugs' homes
- They have taken a bug field trip

Tips:

- Check out ways to stay safe using Safety-Wise Checkpoints
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made.

Resources:

- This meeting plan has been adapted from the Brownie *Girl's Guide to Girl Scouting* Bugs Badge, which can be used for additional information and activities.
- Suggestions for more information about bugs:
 - *Bugs Are Insects* by Anne Rockwell and Steve Jenkins
 - *Insects* from Eyewitness Books
 - *Big Book of Bugs* from DK Publishing

Prepare Ahead: Review the Brownie *Girl's Guide to Girl Scouting* Bugs Badge; Gather materials and supplies; Find a book or other resource that has information about insects and bugs that is easy to share with the girls (see Resources section above for suggestions); Determine an outside area where girls can safely observe bugs. It can be a backyard, local park, school field, etc

Supplies & Resources:

- ✓ Large paper or poster board
- ✓ Coloring utensils
- ✓ Paper plates (one per girl)
- ✓ Pipe cleaners
- ✓ Glue
- ✓ Googly eyes or pens
- ✓ Optional: Glitter and other decorative items
- ✓ Optional: Magnifying glasses to look at bugs more closely

Meeting Outline:

- **Opening**
 - Welcome everyone to the meeting.
 - Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.
 - Sing the Brownie Smile Song. Use repeat-after-me or sing as a group if girls know it by heart.
- **Activity #1: Draw a Bug- Badge Connection:** Step 1—Draw a bug poster
 - Read a book to introduce girls to bugs and insects.
 - Individually or in small groups, ask girls to draw their favorite insect and include all they know about that insect (don't worry about whether or not the information is 100% correct; the idea is to get girls thinking about bugs!).
 - Girl can include the following information on their posters:
 - Where the bug lives
 - How long it lives
 - What it eats
 - What is good about this bug
 - What is not so good about this bug
 - Its enemies
- **Activity #2: Crafty Bugs- Badge Connection:** Step 2—Try a bug craft
 - Decorate a paper plate with markers or paint to make it look like the body of a spider or any other bug that girls want to create.
 - Draw eyes or make them by attaching googly eyes or covering dots of glue in glitter.
 - Cut pipe cleaners in half to make six, eight (or more!) legs.
 - Attach the legs to the plate.
 - Bend them to make the bug stand.

- **Activity #3:** Snack Time Talk
 - While enjoying snack, here are some things for girls to talk about:
 - What is your favorite bug?
 - If you were a bug, what would you be?
 - Can you list more than 10 bugs?
 - Bug jokes:
 - What did one cockroach say to the other? *You bug me.*
 - What do you get when you cross a bee and a cow? *A humburger.*
 - What do you get when you cross a pig with a centipede? *Bacon and legs.*
 - What goes snap, crackle, fizz? *A firefly with a short circuit.*
 - What creature is smarter than a talking parrot? *A spelling bee.*
- **Activity #4:** Bugs in Action- Badge Connection: Step 3—See bugs in action
 - Head outside and search for bugs.
 - Have the girls look for three different bugs in the area, for example, an ant carrying food, a beetle chewing on a leaf and a roly-poly (sow bug) on a porch.
 - Have the girls identify the bugs and try to find out what they are doing and why.
 - Have the girls share with one another the fun things they have learned.
 - What is cool about bugs?
 - What do bugs do?
 - What bugs are faster than others?
- **Closing**
 - Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
 - Sing “Make New Friends.”
 - After the song, ask everyone to be quiet.
 - Use Kaper Chart to designate one girl who will start the friendship squeeze.

Expand the Activities:

- Field Trip Ideas:
 - Go to a zoo and look at a wide variety of bugs from around the world.
 - Visit museum with bugs.
 - Go to a botanical garden with a bug collection to learn about the relationship between bugs and plants.
- Speaker Ideas:
 - Have a bug expert come and talk to the girls about bugs.
 - Invite a farmer to talk about the role bugs play on their farm.

Family Follow-Up Letter/Email

Use the letter/email on the next page as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Dear Girl Scout Parent:

We had a wonderful time today learning about bugs and are on our way to earning the Bugs Badge.

We had fun:

- Learning about different bugs and making posters of our favorite bugs
- Making a bug craft
- Observing bugs in action and looking at how they live

Continue the fun at home:

- Observe bugs wherever possible and learn about their homes.
- Make a butterfly feeder by cutting holes in a container lid, putting string through the holes and hanging the plate from a tree. Leave fruit on the feeder and see what other bugs you may attract, not just butterflies.
- Look through the *Girl's Guide to Girl Scouting* with your Brownie to find other activities you can try at home.

Thank you for bringing your Brownie to Girl Scouts!